

A photograph showing a white pill bottle tipped over, spilling yellow pills. In the background, there are several pieces of fresh fruit including oranges, a pear, and a tomato. In the foreground, several blister packs of pills are scattered, some containing white and yellow pills.

# FUNCTIONAL MEDICINE INTERNATIONAL

*Practitioner's Preferred Supplements*

## GYM/SPORTS

**Buy supplements only from**

[www.fmihealth.com](http://www.fmihealth.com)



# Arthred® Collagen Formula Powder

Hypoallergenic

**Item #72890**  
240 grams (8.5 oz.)

**Item #76410**  
900 grams (31.7 oz.)

Arthred is hydrolyzed (predigested) powdered collagen (bovine source) for connective tissue support.\*

Connective tissue is found throughout the body. May be used in combination with Item #72050, Matrixx (p. 71).

## Suggested Use

As a dietary supplement, mix 2 level scoops (2 tablespoons) of powder into 8 oz. of juice, water, or sports drink one time daily, or as directed by a healthcare practitioner.

Serving Size: 2 scoops (approx. 10.5 g)  
Servings Per Container: 22 (Item #72890), 85 (Item #76410)

### Amount per serving:

Calories	40
Protein	10 g
Hydrolyzed Collagen	10.5 g

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# Amino Acid Quick-Sorb™



Product # 5223 (2 fl oz) | Sublingual Free-Form Amino Acids

**Amino Acid Quick-Sorb™** is a liquid supplement supplying nine free form L-amino acids, which provide a stabilizing effect. It may be used to support healthy blood glucose levels that are already within a normal range.\*

**Recommendation:** Five (5) drops under the tongue, one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 0.16 ml (approx. 5 drops)

Servings Per Container: 375

	Amount Per Serving
Proprietary Blend	50 mg*
Glycine*, L-Alanine*, L-Arginine HCl*, L-Lysine HCl*, L-Proline*, L-Histidine HCl*, L-Serine*, L-Threonine*, and L-Valine*	
<b>* Daily Value not established</b>	

**Other ingredients:** Purified water, glycerol, glycine, L-Alanine, L-Arginine hydrochloride, citric acid, L-Lysine hydrochloride, L-Proline, L-Histidine hydrochloride, L-Serine, L-Threonine, L-Valine, potassium sorbate and sodium benzoate.



A good-tasting liquid containing nine free-form L-amino acids that provide a stabilizing effect on blood glucose levels. Use in situations where a need to rapidly increase blood glucose levels is present, i.e., endurance sports and reactive hypoglycemia. 15–20 drops as needed.

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# Biocidin TS

## Daily Herbal Throat Spray

Biocidin TS is an easy-to-use throat spray that contains our proprietary Biocidin Botanical Blend. It was the subject of a human clinical trial – the gold standard in science: Participants (athletes tested post-workout) showed a rapid increase in immune activity within 60 minutes of use. Biocidin TS throat spray empowers you. Clear clinical support for a healthy immune response – giving your body what it needs to do its best work.



### BENEFITS

-  Primes salivary defenses through the Excretion of SIgA
-  Promotes daily wellness
-  Supports health in the upper respiratory tract
-  Indispensable for seasonal support
-  Immunomodulatory activity
-  Upper respiratory support while traveling
-  Pleasant taste appeals to children and adults
-  Dairy free
-  Gluten free

### INDICATION

- Use at the first sign of any upcoming upper respiratory infection including the first sign of a sore throat, flu, general malaise, feverish, fatigue
- Immune response support
- Respiratory health
- Children's upper respiratory support
- To arrest secondary infection due to seasonal allergies

### SUGGESTED USE

Spray 3 times in mouth towards back of throat (and swallow) as needed or as directed by your healthcare professional.

### Supplement Facts

Serving Size: 3 sprays (0.5 mL)

Servings Per Container: 59

#### Amount Per Serving

<b>Proprietary Herbal Blend</b>	<b>237 mg<sup>†</sup></b>
Vegetable glycerin <sup>‡</sup> , Bilberry fruit extract, Grape seed extract, Shiitake mushroom extract <sup>‡</sup> , Goldenseal root <sup>‡</sup> , Noni fruit extract <sup>‡</sup> , Garlic bulb <sup>‡</sup> , White willow bark, Milk thistle seed <sup>‡</sup> , Echinacea purpurea herb extract, Echinacea angustifolia root <sup>‡</sup> , Raspberry fruit <sup>‡</sup> , Black walnut hull, Black walnut leaf, Lavender oil <sup>‡</sup> , Oregano oil <sup>‡</sup> , Galbanum oil, Tea Tree oil <sup>‡</sup> , Fumitory aerial parts extract, Gentian lutea root <sup>‡</sup>	

<sup>†</sup>Daily value not established.

**Other Ingredients:** water, ethanol<sup>‡</sup> (sourced from sugar cane and/or potatoes)

<sup>‡</sup>Organic

**Contains walnut hull and leaf.** This product is made without dairy, gluten, soy, corn, animal products, artificial coloring or flavoring.

# Bio-MCT™



\*Available for Retail in- clinic



Product # 1421 (16 fl oz) | Medium Chain Triglycerides

**Bio-MCT™** is a medium chain triglyceride product, containing 100% caprylic triglycerides from coconut/palm kernel oil. Medium-chain triglycerides (MCTs) are a unique form of dietary fat touted for a number of health benefits including supporting weight management, heart health and cognitive function.\*

**Recommendation:** One (1) tablespoon taken alone, mixed with other liquids or foods.

## Nutrition Facts

32 servings per container	
<b>Serving Size: 15 mL (1 Tbsp)</b>	
<b>Amount Per Serving</b>	
<b>Calories 100</b>	
	<b>% Daily Value</b>
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 14g	<b>70%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
<b>Protein</b> 0g	
Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** 100% caprylic triglycerides from coconut/palm kernel oil.



Each bottle contains 32 tablespoon-size servings of 100 percent Caprylic Triglycerides extracted from coconut and palm kernel oil with 98 percent of the C-8 fraction maintained. Product has been found to be helpful with adipose fat loss, for endurance athletes, malabsorption (MCT is rapidly absorbed), protein metabolism, neurodegenerative disorders, and to increase HDL cholesterol. The C-8 fraction maintained in Bio-MCT is the fastest fraction to metabolize in the brain and is the fraction undergoing medical research for Alzheimer's and other neurological problems. 1.4 tablespoonfuls daily. For adipose fat loss and lean muscle gain, use 1-4 tablespoonfuls with 2 tablespoonfuls of organic butter in an a.m. cup of coffee. Feedback indicates that patients who do this will lose 2-4 pounds a week of adipose fat and increase muscle mass.

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# Gammanol Forte with FRAC

Gammanol Forte is a supplement containing gamma oryzanol, free transferulic acid (FRAC), and antioxidant enzymes like SOD and catalase. It supports lean muscle mass, promotes healthy cholesterol levels, aids in endorphin release, and enhances growth hormone activity. Additionally, it helps normalize gastric function, particularly in the gastric and duodenal mucosa.



SKU #6710  
90 Tablets

## BENEFITS



Gluten free



Dairy free

## INDICATION

- Support Lean Muscle Support
- Menopausal Hot Flashes
- Hyperlipidemia
- Low Blood Pressure
- Chest Pain
- Adrenal Fatigue
- Stomach Inflammation
- Stress
- Joint Pain

## SUGGESTED USE

One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare provider.

Caution: KEEP OUT OF REACH OF CHILDREN.  
Store in a cool & dry area.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
FRAC® (from rice) †	50 mg	*
Gamma oryzanol (from rice)	25 mg	*

\* Daily Value not established

**Other ingredients:** Cellulose, vegetable culture ‡, magnesium stearate (vegetable source), silica, stearic acid (vegetable source) and modified cellulose gum.

† FRAC® (a registered trademark of Biotics Research Corporation) is a mixture of water soluble, free transferulic acid and free sterols prepared from rice bran by an exclusive fractionation process developed by Biotics Research Corporation.

‡ Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with superoxide dismutase and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

# GAMMANOL FORTE WITH FRAC SKU: #6710

## ✔ Top Health Benefits:

### 🧬 1. Hormonal Balance & Fertility Support

- Modulates hypothalamic-pituitary signaling, supporting healthy FSH and LH output
- Traditionally used in Japan to treat menstrual irregularities, anovulation, and hypothalamic amenorrhea
- Supports egg quality and hormonal rhythm in women, especially in stress-related infertility
- In men, may improve sperm parameters by reducing oxidative stress in testicular tissues

### 🧠 2. Stress, Anxiety & Neuroendocrine Function

- Acts on the autonomic nervous system, reducing symptoms of anxiety, fatigue, irritability, and mood swings
- Used in Japan for neurovegetative symptoms of perimenopause and menopause, including hot flashes
- May improve sleep quality and stress tolerance via cortisol modulation

### 🌟 3. Powerful Antioxidant & Anti-Inflammatory

- Free trans-ferulic acid neutralizes free radicals and reduces lipid peroxidation
- Protects against cellular damage in liver, skin, blood vessels, and reproductive organs
- Helps lower inflammatory markers in chronic metabolic and autoimmune conditions

### ❤️ 4. Cardiovascular & Metabolic Support

- Improves lipid metabolism by reducing total and LDL cholesterol
- Supports liver health and may help reduce fatty liver infiltration
- Contributes to blood pressure regulation and endothelial protection

### 🧴 5. Skin Health & UV Protection


- Ferulic acid is used in dermatology for its photo-protective, collagen-preserving, and anti-pigmentation properties
- Often combined with vitamins C and E in skin serums for enhanced antioxidant effect

## ⚠️ Usage & Safety Notes:

- Gamma-Oryzanol dosage: typically 50–100 mg 2–3x/day
- Often used in combination with vitamin E or CoQ10
- Safe for long-term use with a high safety margin
- Caution in pregnancy or hormone-sensitive cancers — use under medical supervision

## Glucose Tolerance II™

with Glucevia™ Complex

 Hypoallergenic

**Item #76890**

120 vegetarian capsules

Glucose Tolerance II™ provides Glucevia™, a patented European ash extract which safely supports blood sugar within normal levels.\* With berberine, chromium, milk thistle, resveratrol, and biotin.

### Suggested Use

As a dietary supplement, 2 capsules two times daily with food, or as directed by a healthcare professional.

**WARNING:** Individuals with diabetes or related conditions should monitor blood glucose levels, as these ingredients may lower them. Not recommended during pregnancy. Breastfeeding women, and children, should use only under the supervision of a healthcare professional. Discontinue use for 15 days before any lab test that uses (strept)avidin-biotin technology. Candidates include thyroid, cardiac, fertility, hormonal, bone metabolism, and other tests. Raised blood levels of biotin may interfere with results.



Serving Size: 2 capsules

Servings Per Container: 60

#### Amount Per Serving:

Biotin .....	8 mg
Chromium (as Polynicotinate) .....	500 µg
European Ash (Seed, Fruit) Extract (Glucevia™) .....	500 mg
Berberine HCl .....	500 mg
Milk Thistle (Seed) Extract (standardized to 70-80% Silymarin) .....	300 mg
Resveratrol (as 99% pure trans-Resveratrol) .....	250 mg
Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate.	

Glucevia™ is a trademark of Naturex.

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# Immune Support Packs

The Immune Support Packs are specially curated packs containing a comprehensive array of nutrients aimed at supporting body's natural immune response.\* Each packet incorporates essential immune-supporting ingredients from nine different Biotics Research products. This 9-in-1 plus+ immune formula also features additional immune and antioxidant support through the inclusion of elderberry, green tea extract, astragalus, quercetin, and citrus bioflavonoids. For overall immune support, it is recommended to take one packet daily.



SKU #8141  
30 Packs

## BENEFITS



Gluten free



Dairy free

## INDICATION

- Heart health
- Brain health
- Immune health
- Reduce inflammation
- Support Normal blood Sugar
- Support Insulin level

Note: Not be used at high doses for patients who are on prescribed oral blood thinners or sub-q heparin

## SUGGESTED USE

One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare provider.

Caution: KEEP OUT OF REACH OF CHILDREN.  
Store in a cool & dry area.

## Supplement Facts

Serving Size: 1 Pack  
Servings per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as acetate)	750 mcg RAE (2,500 IU)	83%
Vitamin C (as ascorbic acid and calcium ascorbate)	1,000 mg	1,111%
Vitamin D (as D <sub>3</sub> cholecalciferol)	100 mcg (4,000 IU)	500%
Zinc (as zinc gluconate and citrate)	25 mg	227%
Selenium (as raw vegetable culture† and selenomethionine)	70 mcg	127%
Manganese (as manganese gluconate)	2 mg	87%
Copper (as copper gluconate)	0.75 mg	83%
NAC (N-Acetyl-L-Cysteine)	1,000 mg	*
Elderberry (Sambucus nigra) (fruit) (extract)	250 mg	*
Green Tea (50% EGCG)	200 mg	*
Astragalus (Astragalus membranaceus) (root) (extract)	200 mg	*
Coenzyme Q10 (emulsified)	50 mg	*
Quercetin	50 mg	*
Citrus bioflavonoids	50 mg	*
Phytolens (Lens esculenta) (husk) (extract)††	5 mg	*

\*Daily Value not established

Other ingredients: Capsule shell (gelatin and water) and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically Bound Selenium™** and other phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

†† Phytolens® is a registered trademark of Biotics Research Corporation. U.S. Patent #5,762,936

This product is gluten and dairy free.

RECOMMENDATION: One (1) pack each day as a dietary supplement or as otherwise directed by a healthcare professional.


CAUTION: Not recommended for pregnant or lactating women.

KEEP OUT OF REACH OF CHILDREN



# Magnesium Citrate

Pure, Well-Absorbed Magnesium\*

 Hypoallergenic

**Item #70240**

90 vegetarian capsules

**Item #76660**

180 vegetarian capsules

Magnesium in the citrate form. Magnesium is a cofactor for some 300 enzymes in the body, and acts in concert with calcium.\*

## Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed by a healthcare practitioner. High doses of magnesium may have a laxative effect.

Contraindicated with use of aluminum-containing drugs.

Serving Size: 1 capsule	
Servings Per Container: 90 (Item #70240), 180 (Item #76660)	
<b>Amount per serving:</b>	
Magnesium (as Magnesium Citrate).	170 mg
Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.	

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# NitroGreens®



Product # 1111 (8.6 oz) | Organic Phytonutrient Blend

**NitroGreens®** supplies a rich source of phytonutrients, including isoflavones, polyphenols, natural carotenoids, betalains, glucosinolates and isothiocyanates, as well as naturally-occurring enzymes, vitamins and trace minerals. It supplies a 100% all-organic, proprietary blend, which contains an extremely high chlorophyll content. The ingredients are enzymatically active and grown from heirloom seeds. Additionally, the contents supply a high ORAC value.

**Directions:** One (1) scoop of **NitroGreens®** mixed with sixteen (16) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

Nutrition Facts	
30 servings per container	
Serving Size: 8 g (approx. 1 scoop)	
Amount Per Serving	
<b>Calories</b>	<b>30</b>
	% Daily Value†
<b>Total Fat</b> 0.5g	<b>1%</b>
<b>Sodium</b> 55mg	<b>2%</b>
<b>Total Carbohydrates</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 2g	<b>4%</b>
Calcium 60mg	5%
Iron 4mg	22%
Vitamin A 90mcg RAE	10%
Vitamin C 60mg	67%
Not a significant source of cholesterol, vitamin D and potassium.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Organic barley grass juice, organic oat grass juice, organic wheat grass juice, organic alfalfa grass juice, organic broccoli sprout concentrate, organic acerola berry extract, organic kamut grass juice, organic carrot juice, organic beet juice, organic peppermint leaf, organic kale sprout concentrate, organic cauliflower sprout concentrate, organic Stevia rebaudiana leaf extract.



100 percent organic proprietary blend of juices, extracts, and concentrates from the following sources: Grass juices from barley, wheat, oat, alfalfa, and kamut (these grasses are gluten-free), vegetable sprout concentrates from broccoli, cauliflower, and kale, vegetable juices from beet and carrot, acerola berry extract, peppermint leaf, and Stevia leaf extract. The majority of the components are sourced from heirloom seeds (old genetically unaltered plant varieties which reproduce through open-pollination). Nitro-Greens is an excellent alkalizing drink (refined foods are acidic) and should be used with systemic acidity, rheumatoid arthritis, other inflammatory problems, and as a supplemental source of grain and vegetable juices. 1-3 servings per day. Contains a small amount of iron and should be kept out of the reach of children.

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# Pea Protein Isolate Natural Vanilla Flavor



Product # 6431 (16 oz) | Organic Pea Protein

**Pea Protein Isolate-Natural Vanilla Flavor** is a non-GMO, gluten-free source of protein with an excellent amino acid profile. **Pea Protein Isolate** is available in vanilla as well as an unflavored/unsweetened version.

**Directions:** Two (2) scoops of **Pea Protein Isolate-Natural Vanilla Flavor** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

Typical Amino Acid Profile Per Serving:			
Alanine	877 mg	Lysine	1,635 mg
Arginine	1,743 mg	Methionine	223 mg
Aspartic acid	2,454 mg	Phenylalanine	1,094 mg
Cystine	144 mg	Proline	853 mg
Glutamic acid	3,636 mg	Serine	1,095 mg
Glycine	812 mg	Threonine	738 mg
Histidine	491 mg	Tryptophan	184 mg
Isoleucine <sup>1</sup>	911 mg	Tyrosine	743 mg
Leucine <sup>1</sup>	1,730 mg	Valine <sup>1</sup>	984 mg

<sup>1</sup> Branch chain amino acids

All values are typical and representative, but should not be considered exact.



Nutrition Facts	
Servings Per Container: 15	
Serving Size: 30 g (approx. 2 scoops)	
Amount Per Serving	
<b>Calories</b>	<b>130</b>
	% Daily Value <sup>1</sup>
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 2.5g	<b>3%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrates</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
<b>Protein</b> 21g	<b>42%</b>
Calcium 25mg	2%
Iron 6mg	35%
Not a significant source of trans fat, total sugars, added sugars, vitamin D and potassium.	
<sup>1</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Organic pea protein, natural flavors and Stevia rebaudiana extract.

This product is made from non-genetically modified, organic pea.

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# Pea Protein Isolate

Pea Protein Isolate is a non-GMO and gluten-free protein source offering an impressive amino acid profile. This nutritional supplement can serve as an effective and supplementary source of protein, fitting well into various dietary plans. Whether used independently or as part of our Bio-Detoxification Program, Pea Protein Isolate provides a versatile option to support protein intake. Additionally, it is offered in both vanilla and an unflavored/unsweetened version, catering to diverse taste preferences and dietary needs.



SKU #6430  
625g

## BENEFITS



Gluten free



Dairy free



GMO free

## INDICATION

- Muscle recovery
- Protein boost
- Skin health
- Immune support
- Muscle growth
- Weight management
- Appetite control

## SUGGESTED USE

Three (3) scoops of Pea Protein Isolate mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

Caution: KEEP OUT OF REACH OF CHILDREN.

Store in a cool & dry area.

\*Available for Retail in- clinic

<b>Nutrition Facts</b>	
Servings Per Container: 20	
<b>Serving Size: 31.25 g (approx. 3 scoops)</b>	
Amount Per Serving	<b>135</b>
<b>Calories</b>	
	% Daily Value*
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
<b>Protein</b> 25g	<b>50%</b>
Calcium 30mg	2%
Iron 7.5mg	45%
Not a significant source of trans fat, total sugars, added sugars, vitamin D and potassium.	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Organic pea protein.

This product is gluten and dairy free.

This product is made from non-genetically modified, organic pea.

Product # 6430 Rev. 01/22

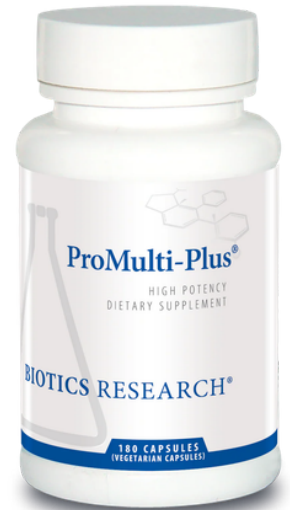
# ProMulti-Plus®

Product # 1170 (180C) | High Potency Multi-Vitamin Mineral



ProMulti-Plus® is a high potency multivitamin/mineral supplement. It includes essential vitamins and minerals, and important botanical constituents possessing significant antioxidant activity. It includes physiological levels of important micro-nutrients, active forms of vitamins for functional effectiveness, stable, effective phytonutrient support, and a low-level piperine (from black pepper) for increased absorption and response.

Supplement Facts			Supplement Facts		
Serving Size: 6 Capsules			Serving Size: 6 Capsules		
Servings Per Container: 30			Servings Per Container: 30		
	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 2:1)	2,220 mcg RAE	247%	Pantothenic Acid (as calcium pantothenate)	200 mg	4,000%
Vitamin C (as ascorbic acid)	500 mg	556%	Calcium (as calcium citrate)	400 mg	31%
Vitamin D (as D3 cholecalciferol)	50 mcg	250%	Iodine (as potassium iodide)	200 mcg	133%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	268 mg	1,787%	Magnesium (as magnesium citrate, oxide)	200 mg	48%
Vitamin K (K1 as phytonadione)	1,000 mcg	833%	Zinc (as zinc citrate)	20 mg	182%
Thiamin (B1) (as thiamin mononitrate, cocarboxylase chloride)	50 mg	4,167%	Selenium (as selenomethionine, sodium selenite)	200 mcg	364%
Riboflavin (B2) (as riboflavin, riboflavin-5-phosphate)	50 mg	3,846%	Copper (as copper citrate)	1.3 mg	144%
Niacin (as niacinamide, inositol hexaniacinate)	150 mg	938%	Manganese (as manganese citrate)	5 mg	217%
Vitamin B6 (as pyridoxal-5-phosphate, pyridoxine HCl)	50 mg	2,941%	Chromium (as chromium picolinate)	200 mcg	571%
Folate (as calcium folinate)	1,000 mcg DFE	250%	Molybdenum (as molybdenum glycinate)	100 mcg	222%
Vitamin B12 (as hydroxocobalamin)	1,000 mcg	41,667%	Boron (as calcium borogluconate)	1.5 mg	*
Biotin	800 mcg	2,667%	Vanadium (as vanadyl sulphate)	25 mcg	*
			Quercetin	50 mg	*
			Green Tea ( <i>Camellia sinensis</i> ) (leaf) (extract)	25 mg	*
			Citrus Bioflavonoids (from citrus fruit)	20 mg	*
			BioPerine® ( <i>Piper nigrum</i> ) (fruit) (extract) <sup>†</sup>	1 mg	*
			<b>* Daily Value not established</b>		



Other ingredients: Vegetarian capsule shell (cellulose and water), magnesium stearate (vegetable source) and stearic acid (vegetable source).

<sup>†</sup> **BIOPERINE®** is a registered trademark of Sabinsa Corporation.

**Recommendation:** Six (6) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Those taking blood thinners should avoid supplements with vitamin K unless specifically recommended and monitored by their physician. Not recommended for pregnant or lactating women.

Designed by Dr. Alex Vasquez. Product contains physiological levels of vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, B complex, calcium, magnesium and several trace elements. This product is an excellent high potency multiple vitamin/mineral formula and should be used at 6 capsules daily. Should not be used by patients on prescribed blood thinners or during pregnancy.

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# Whey Protein Isolate

Product # 6420 (16 oz) # 6422 Chocolate (16 oz) # 6421 Vanilla (16 oz) | Undenatured Whey Protein

**Whey Protein Isolate** provides an excellent source of protein, as it is considered by many practitioners to be the premier dietary source for protein. It provides the body with the necessary building blocks that are used to build or maintain muscle tissue.\*

**Whey Protein Isolate** from Biotics Research is produced using a micro-chilled process, thus the protein is undenatured, and retains significant amounts of important immune factors including Immunoglobulin (IgG) and Lactoferrin. Additionally, **Whey Protein Isolate** is devoid of added sugar or artificial flavorings, and each serving supplies 20 grams of naturally complete protein, making it ideal for low-carbohydrate or metabolically balanced diets. This product is available in chocolate and vanilla flavors, as well as an unsweetened/unflavored version.

**Directions:** Two (2) level scoops of **Whey Protein Isolate** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

**Caution:** Not recommended for those allergic to dairy.

Each serving provides the following (stated amounts are typical and representative):

Beta-Lactoglobulin	14,252 mg
Glycomacropeptide (GMP)	962 mg
Bovine Serum Albumin	206 mg
Alpha-Lactalbumin	3,362 mg
Immunoglobulin (IgG)	861 mg
Lactoferrin (LF)	42 mg

Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Lysine	1,877 mg
Arginine	381 mg	Methionine	400 mg
Aspartic acid	2,176 mg	Phenylalanine	623 mg
Cystine	453 mg	Proline	1,287 mg
Glutamic acid	3,476 mg	Serine	895 mg
Glycine	326 mg	Threonine	1,412 mg
Histidine	339 mg	Tryptophan	328 mg
Isoleucine <sup>†</sup>	1,357 mg	Tyrosine	630 mg
Leucine <sup>†</sup>	2,077 mg	Valine <sup>†</sup>	1,203 mg

<sup>†</sup> Branch chain amino acids



Nutrition Facts	
Serving Size: 22 g (approx. 2 scoops)	
Amount Per Serving	<b>90</b>
<b>Calories</b>	
	% Daily Value <sup>†</sup>
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 35mg	<b>2%</b>
<b>Total Carbohydrates</b> 1g	<b>&lt;1%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 20g	<b>40%</b>
Calcium 90mg	8%
Potassium 105mg	2%
Phosphorus 40mg	4%
Magnesium 16mg	4%
Not a significant source of trans fat, cholesterol, dietary fiber, vitamin D and iron.	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Whey protein isolate with natural sunflower lecithin (low temperature micro-filtered).

**Contains ingredients derived from milk.**

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# Whey Protein Isolate

Product # 6420 (16 oz) # 6422 Chocolate (16 oz) # 6421 Vanilla (16 oz) | Undenatured Whey Protein

**Whey Protein Isolate** provides an excellent source of protein, as it is considered by many practitioners to be the premier dietary source for protein. It provides the body with the necessary building blocks that are used to build or maintain muscle tissue.\*

**Whey Protein Isolate** from Biotics Research is produced using a micro-chilled process, thus the protein is undenatured, and retains significant amounts of important immune factors including Immunoglobulin (IgG) and Lactoferrin. Additionally, **Whey Protein Isolate** is devoid of added sugar or artificial flavorings, and each serving supplies 20 grams of naturally complete protein, making it ideal for low-carbohydrate or metabolically balanced diets. This product is available in chocolate and vanilla flavors, as well as an unsweetened/unflavored version.

**Directions:** Two (2) level scoops of **Whey Protein Isolate** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

**Caution:** Not recommended for those allergic to dairy.

Each serving provides the following (stated amounts are typical and representative):

Beta-Lactoglobulin	14,252 mg
Glycomacropeptide (GMP)	962 mg
Bovine Serum Albumin	206 mg
Alpha-Lactalbumin	3,362 mg
Immunoglobulin (IgG)	861 mg
Lactoferrin (LF)	42 mg

Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Lysine	1,877 mg
Arginine	381 mg	Methionine	400 mg
Aspartic acid	2,176 mg	Phenylalanine	623 mg
Cystine	453 mg	Proline	1,287 mg
Glutamic acid	3,476 mg	Serine	895 mg
Glycine	326 mg	Threonine	1,412 mg
Histidine	339 mg	Tryptophan	328 mg
Isoleucine <sup>†</sup>	1,357 mg	Tyrosine	630 mg
Leucine <sup>†</sup>	2,077 mg	Valine <sup>†</sup>	1,203 mg

<sup>†</sup> Branch chain amino acids



## Nutrition Facts

Servings Per Container: 16

Serving Size: 27 g (approx. 2 scoops)

Amount Per Serving	90	% Daily Value <sup>†</sup>
<b>Calories</b>	<b>90</b>	
<b>Total Fat</b> 0g		<b>0%</b>
<b>Sodium</b> 40mg		<b>2%</b>
<b>Total Carbohydrates</b> 2g		<b>&lt;1%</b>
Dietary Fiber 1 g		<b>4%</b>
Total Sugars 1g		
Includes 0g Added Sugars		<b>0%</b>
Sugar Alcohol 4g		
<b>Protein</b> 20g		<b>40%</b>
Calcium 90mg		<b>8%</b>
Potassium 115mg		<b>2%</b>
Phosphorus 40mg		<b>4%</b>
Magnesium 16mg		<b>4%</b>

Not a significant source of cholesterol, vitamin D and iron.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whey protein isolate with natural sunflower lecithin (low temperature micro-filtered) and natural chocolate flavor (erythritol, cocoa chocolate flavoring, xanthan gum, stevia leaf extract).

Contains ingredients derived from milk.

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# Whey Protein Isolate

Product # 6420 (16 oz) # 6422 Chocolate (16 oz) # 6421 Vanilla (16 oz) | Undenatured Whey Protein

**Whey Protein Isolate** provides an excellent source of protein, as it is considered by many practitioners to be the premier dietary source for protein. It provides the body with the necessary building blocks that are used to build or maintain muscle tissue.\*

**Whey Protein Isolate** from Biotics Research is produced using a micro-chilled process, thus the protein is undenatured, and retains significant amounts of important immune factors including Immunoglobulin (IgG) and Lactoferrin. Additionally, **Whey Protein Isolate** is devoid of added sugar or artificial flavorings, and each serving supplies 20 grams of naturally complete protein, making it ideal for low-carbohydrate or metabolically balanced diets. This product is available in chocolate and vanilla flavors, as well as an unsweetened/unflavored version.

**Directions:** Two (2) level scoops of **Whey Protein Isolate** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

**Caution:** Not recommended for those allergic to dairy.

Each serving provides the following (stated amounts are typical and representative):

Beta-Lactoglobulin	14,252 mg
Glycomacropeptide (GMP)	962 mg
Bovine Serum Albumin	206 mg
Alpha-Lactalbumin	3,362 mg
Immunoglobulin (IgG)	861 mg
Lactoferrin (LF)	42 mg

Typical Amino Acid Profile Per Serving:

Alanine	900 mg	Lysine	1,877 mg
Arginine	381 mg	Methionine	400 mg
Aspartic acid	2,176 mg	Phenylalanine	623 mg
Cystine	453 mg	Proline	1,287 mg
Glutamic acid	3,476 mg	Serine	895 mg
Glycine	326 mg	Threonine	1,412 mg
Histidine	339 mg	Tryptophan	328 mg
Isoleucine <sup>†</sup>	1,357 mg	Tyrosine	630 mg
Leucine <sup>†</sup>	2,077 mg	Valine <sup>†</sup>	1,203 mg

<sup>†</sup> Branch chain amino acids



## Nutrition Facts

Serving Size: 28 g (approx. 2 scoops)	
<b>Amount Per Serving</b>	<b>90</b>
<b>Calories</b>	
	<b>% Daily Value<sup>†</sup></b>
<b>Total Fat</b> 0g	<b>0%</b>
<b>Sodium</b> 40mg	<b>2%</b>
<b>Total Carbohydrates</b> 2.5g	<b>&lt;1%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
Sugar Alcohol 4g	
<b>Protein</b> 20g	<b>40%</b>
Calcium 90mg	8%
Potassium 115mg	2%
Phosphorus 40mg	4%
Magnesium 16mg	4%

Not a significant source of cholesterol, dietary fiber, vitamin D and iron.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whey protein isolate with natural sunflower lecithin (low temperature micro-filtered) and natural vanilla flavor (erythritol, vanilla flavor, xanthan gum, stevia leaf extract).

**Contains ingredients derived from milk.**

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