



# FUNCTIONAL MEDICINE INTERNATIONAL

*Practitioner's Preferred Supplements*

## ORTHOPEDICS

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# ORTHOPEDICS DEPARTMENT

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# ORTHOPEDICS DEPARTMENT

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# Acetyl-L-Carnitine

Product # 5206 (90C) | Neuroprotectant & Metabolic Support



**Acetyl-L-Carnitine** (ALC) is found throughout the central nervous system (CNS) metabolism, and offers a source of acetyl groups for the synthesis of acetylcholine, an important neurotransmitter. Thereby, it functions in helping to support healthy brain function.\*

**Recommendation:** One (1) capsule one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Acetyl-L-Carnitine hydrochloride	500 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water).



Each capsule supplies 500 mg of Acetyl-L-Carnitine. Acetyl-L-Carnitine (ALC) is an ester of the trimethylated amino acid L-carnitine and is synthesized in the brain, liver, and kidneys by the enzyme ALC transferase. ALC facilitates the uptake of acetyl CoA into the mitochondria during fatty oxidation, enhances acetylcholine production, and stimulates protein and membrane phospholipid synthesis. It has been found to be beneficial with geriatric depression, dementia, HIV infection, diabetic neuropathies, alcoholism, ischemia, and as a component of anti-aging protocols. 1–2 capsules, 3 times a day. Product is not recommended during pregnancy or lactation.

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# Amino Sport™

Product # 5237 (180C) | Broad-Spectrum Amino Acids

**Amino Sport™** is a broad-spectrum amino acid formula. It is useful for supporting muscular development, as part of a rehabilitation program or when broad-spectrum amino acid replacement is needed such as with low protein diets. †

**Recommendation:** Three (3) capsules two (2) to four (4) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

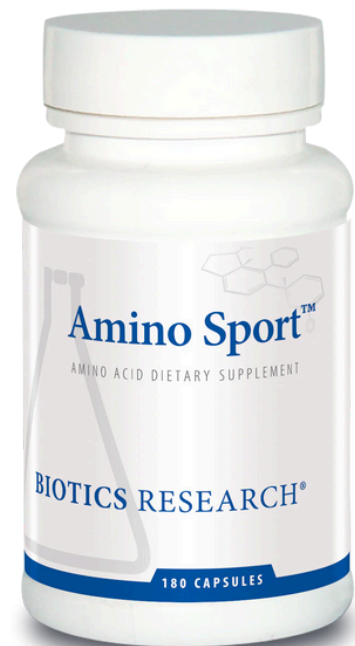
Supplement Facts					
Serving Size: 3 Capsules					
Serving per Container: 60					
	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	5		L-Arginine (HCl)	73 mg	*
Calories from Fat	0		L-Ornithine (HCl)	70 mg	*
Protein	1 g	2%†	L-Alanine	68 mg	*
L-Glutamic Acid	218 mg	*	L-Serine	63 mg	*
L-Phenylalanine	171 mg	*	L-Cysteine	42 mg	*
L-Leucine	134 mg	*	L-Tyrosine	38 mg	*
L-Aspartic Acid	131 mg	*	Glycine	25 mg	*
L-Lysine	114 mg	*	L-Histidine	19 mg	*
L-Threonine	93 mg	*	L-Tryptophan	18 mg	*
L-Isoleucine	89 mg	*	L-Asparagine	4.5 mg	*
L-Proline	81 mg	*	L-Citrulline	4.5 mg	*
L-Valine	79 mg	*	Lactase	3 mg	*
L-Methionine	77 mg	*			

† Percent Daily Values based on a 2,000 calorie diet  
\* Daily Value not established

**Other ingredients:** Whey hydrolysate, capsule shell (gelatin and water), L-Phenylalanine, L-Ornithine hydrochloride, L-Arginine hydrochloride, L-Methionine, L-Asparagine, L-Citrulline and lactase.

Contains ingredients derived from milk.

**Amino Sport™** contains a small amount (approximately 10 mg) of lactose from whey. A sufficient amount of lactase has been added to support lactose digestion.



An amino acid formulation designed to create an anabolic state. Useful for bodybuilding and rehabilitation. Product can also be used as a broad-spectrum amino acid formula. 1-4 capsules, 3 times a day just before meals.

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## Artemisia

Sweet Wormwood 30:1 Extract

 Hypoallergenic

**Item #71160**

100 vegetarian capsules

A concentrated extract of the leaves of sweet wormwood (*Artemisia annua*), an herb from the Far East, used for centuries in China.

### Suggested Use

As a dietary supplement, 1 capsule two times daily, or as directed by a healthcare practitioner.

**CAUTION:** Contraindicated for pregnant women or nursing mothers. Long term administration (greater than 2 or 3 months) should be monitored by a healthcare practitioner.

Serving Size: 1 capsule  
Servings Per Container: 100

**Amount per serving:**

Sweet Wormwood (Leaf) Extract 30:1 . . . . . 500 mg  
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

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# Arthred® Collagen Formula Powder

Hypoallergenic

**Item #72890**  
240 grams (8.5 oz.)

**Item #76410**  
900 grams (31.7 oz.)

Arthred is hydrolyzed (predigested) powdered collagen (bovine source) for connective tissue support.\*

Connective tissue is found throughout the body. May be used in combination with Item #72050, Matrixx (p. 71).

## Suggested Use

As a dietary supplement, mix 2 level scoops (2 tablespoons) of powder into 8 oz. of juice, water, or sports drink one time daily, or as directed by a healthcare practitioner.

Serving Size: 2 scoops (approx. 10.5 g)  
Servings Per Container: 22 (Item #72890), 85 (Item #76410)

### Amount per serving:

Calories	40
Protein	10 g
Hydrolyzed Collagen	10.5 g

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# Bio-ADEK-Mulsion

## X 30ml

Bio-ADEK-Mulsion provides a synergistic blend of emulsified vitamins A, D3, E, and K, with K2 and K1 in a balanced 1:1 ratio. This unique formulation is designed to enhance uptake and assimilation. Each serving delivers 375 mcg RAE (1,250 IU) of vitamin A, 25 mcg (1,000 IU) of vitamin D3, 20 mg (30 IU) of vitamin E, and 100 mcg of vitamin K.



SKU  
#1019

### BENEFITS



Dairy free



Gluten free

### INDICATION

- Pancreatic problem
- Biliary problem
- Support for absorption of Fat soluble vitamins
- Fat Soluble vitamin deficiency

### SUGGESTED USE

Recommendation: Five (5) Drops each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 5 Drops (0.2 mL)

Servings Per Container: 150

	Amount Per Serving	% Daily Value
Vitamin A (as palmitate)	375 mcg RAE	42%
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	20 mg	133%
Vitamin K (as K2 menaquinone-7 and K1 phytonadione 1:1 ratio)	100 mcg	83%

**Other ingredients:** Emulsifier base (water and arabic gum), sesame oil and olive oil.

**This product is gluten and dairy free.**

**RECOMMENDATION:** Five (5) drops each day as a dietary supplement or as otherwise directed by a healthcare professional.

**CAUTION:** Keep out of reach of children. Use only as recommended unless otherwise directed by a healthcare professional. Excessive consumption of vitamin A has been shown to cause serious health problems.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 1019 Rev. 12/18

# Bio-Allay®



Product # 7857 (120C) | Inflammatory Response Support

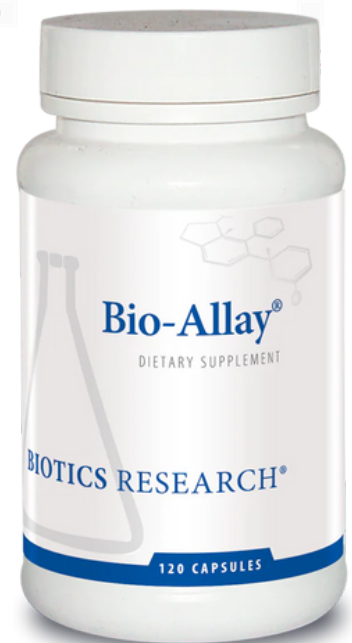
**Bio-Allay®** supplies a proprietary blend of standardized extracts of white willow, devil's claw, and Boswellia serrata, which provide a natural means to support the downregulation of pro-inflammatory compounds.+

**Recommendation:** Two (2) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>	
<b>Serving Size: 2 Capsules</b>	
<b>Servings Per Container: 60</b>	
	Amount Per Serving
Proprietary Blend	950 mg
White Willow ( <i>Salix alba</i> ) (bark) (extract)	*
Devil's Claw ( <i>Harpagophytum procumbens</i> ) (root) (extract)	*
Boswellia serrata (resin oil) (extract)	*
<b>* Daily Value not established</b>	

**Other ingredients:** Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).



Each tablet contains a proprietary blend of White Willow, Devil's Claw extract and Boswellia serrata extract. Product should be considered for pain (analgesic) and when the pain is associated with osteo or rheumatoid arthritis; consideration should be given to using the product with KappArest and Sculacia. 1-2 capsules, 3 times a day (increase if pain is severe). Note: Product should not be used during pregnancy or lactation or by patients who are allergic to salicylates.

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# Bio-CMP™



Product # 6600 (100T) Product # 6601 (250T) | Electrolyte Minerals

**Bio-CMP™** is a special electrolyte blend that combines the minerals calcium, magnesium and potassium. A meaningful elemental amount of each mineral is provided and allows just the right amount to be used to meet each unique clinical situation. **Bio-CMP™** can be used proactively or to address specific instances associated with occasional electrolyte imbalances.\*

**Recommendation:** One (1) tablet one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calcium (as calcium gluconate)	18 mg	1%
Magnesium (as magnesium gluconate)	5 mg	1%
Potassium (as potassium chloride)	52 mg	1%
<b>* Daily Value not established</b>		

**Other ingredients:** Cellulose, stearic acid (vegetable source), modified cellulose gum and magnesium stearate (vegetable source).

Each **Bio-CMP™** tablet contains:

- 200 mg of Calcium Gluconate
- 100 mg of Magnesium Gluconate
- 100 mg of Potassium Chloride



A combination of calcium, magnesium, and potassium. Excellent for muscle and menstrual cramps. The product is also useful for adrenal hyperfunction, bursitis, edema, tendonitis, food/environmental sensitivity, exposure to radiation, low-salt diets, and inflammation. 1–2 tablets, 3 times a day. With acute muscle or menstrual cramps, use 6 tablets when the cramps begin and then 4 tablets per hour for up to 6 hours.

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# Bio-D-Mulsion Forte

Bio-D-Mulsion Forte delivers a potent 2,000 IU per drop of vitamin D3 in a micro-emulsion form for enhanced absorption and utilization. Clinical studies have shown notable improvements in 25(OH)D concentrations (a 202% increase) within just six weeks of starting supplementation with Bio-D-Mulsion Forte.



SKU #1012  
(30 ml)

## BENEFITS



Treats hypo-vitaminosis D



Easy to administer for greater compliance



Safe for infants and toddlers



Supports overall health



Gluten free



Dairy free



GMO free

## INDICATION

- General support
- Immune support
- Musculoskeletal support
- Vitamin support
- Hypovitaminosis D
- Free radical conditions
- Hypertension
- Insulin resistance
- Epilepsy
- Polycystic ovary syndrome (PCOS)
- Osteoarthritis
- Autoimmune diseases (grave's disease, hashimoto's thyroiditis, systemic lupus erythematosus, rheumatoid arthritis..)

## SUGGESTED USE

Two (2) drops each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 2 Drops (0.08 mL)  
Servings Per Container: 365

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	100 mcg (4,000 IU)	500%

**Other ingredients:** Water, gum arabic and sesame seed oil.

**Bio-D-Mulsion Forte®** is an oil-in-water emulsion. Vitamin D oil has been dispersed into microscopic particles to aid absorption and assimilation.

**This product is gluten and dairy free.**

# Bio-DK Caps™



Product # 1022 (60C) | Emulsified for Enhanced Utilization

**Bio-DK Caps™** supplies 125 mcg (5,000 IU) of vitamin D3 and 550 mcg of vitamin K (as K1 phytonadione and K2 menaquinone-7) as a micro-emulsion for enhanced absorption and utilization. In addition to emulsified forms of vitamins D and K, **Bio-DK Caps™** contains the enzymes superoxide dismutase (SOD) and catalase. SOD aids in cell repair and provides antioxidant protection against cellular damage from free radicals and environmental toxins.+ Catalase converts hydrogen peroxide into oxygen and water, also showing strong antioxidant properties.+

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Those taking blood thinners should avoid supplementation with Vitamin K unless specifically recommended and monitored by their physician. Pregnant and nursing mothers should avoid supplemental intakes higher than the RDI (90 mcg) unless specifically recommended and monitored by their physician.



BIO-DK MULSION and BIO-DK CAPS – Five drops of Bio-DK Mulsion contain 125 micrograms (5000 IU) of emulsified vitamin D3 and 300 micrograms of vitamin K1 and vitamin K2 (MK-7) in a 4 to 1 ratio. Each Bio-DK Cap contains 125 micrograms of emulsified vitamin D3 and 550 micrograms of vitamin K1 and vitamin K2 (MK-7) in a 10-to-1 ratio. Both products contain SOD and Catalase. Vitamin D and K work synergistically to optimize bone and heart health, and vitamin K is essential for correct calcium utilization. Vitamin K activates osteocalcin and matrix Gla-protein (MGP), proteins that assist in directing calcium to bones and teeth and away from arteries. Both products contain K-1 (green leafy vegetable source) and K-2 (MK-7), as they work synergistically to support bone strength and help prevent calcium deposition in the arteries.

For further information on vitamin K and vitamin D, please review the information listed under Bio-D Mulsion, Bio-D Mulsion Forte, Bio-K Mulsion, and Bio-K Forte Caps. For Bio-DK Mulsion, the average dose is five drops per day. For Bio-DK Caps, the average dose is one capsule per day.

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# Biomega-1000™



Product # 1417 (90S) | Superior Quality Omega-3s

**Biomega-1000™** provides a potent dose of omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each softgel capsule delivers an impressive 1,000 mg of EPA and DHA, making it an ideal choice when higher doses are desired.

**Recommendation:** One (1) softgel capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

Each soft-gel capsule contains 1000 mg of omega-3 essential fatty acid in the triglyceride form (sourced from Anchovy). Studies have shown the triglyceride form was hydrolyzed by lipase 12 to 15 times faster than the ethyl ester or monoglyceride form. It is sourced from a strategically placed facility in the far South Pacific Ocean off the coast of Chile, minimizing transit time. Some fish oils are processed continents away from where they are harvested, dramatically increasing the time (some up to one year) from the ocean to the patient/client (longer transit time means higher risk of oxidation). Unique and gentle patented processes are used to purify the oil from contaminants, yielding a colorless level with record-setting low TOTOX levels. Each batch of Biomega 1000 oil has a certified origin; it can be traced back to who caught the Anchovies and when they were caught. The triglyceride form of omega-3 oil has been found to be helpful with neurological, emotional, cardiovascular, immune system and cell membrane health. It is also excellent support for inflammatory and glucose management problems. 1-3 bid.



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# Biomega-500™



Product # 1424 (90S) | Superior Quality Omega-3s

**Biomega-500™** provides omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each softgel capsule supplies 500 mg of EPA and DHA, as well as 70 mg of additional omega-3 EFAs.

**Recommendation:** One (1) softgel capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Softgel Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	<0.5 g	<3%†
Omega-3 Fatty Acids	570 mg	*

† Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established

**Ingredients:** Capsule shell (gelatin, glycerin and water), vitamin E (as mixed tocopherols).

Contains ingredients derived from anchovy.

Each softgel capsule of <b>Biomega-500™</b> contains a total of 500 mg EPA and DHA, providing a natural source of the following Omega-3 fatty acids:	
EPA (Eicosapentaenoic acid) .....	285 mg
DHA (Docosahexaenoic acid) .....	215 mg



Product is the same as BioMega 1000 except each softgel contains 500 mg of EPA/DHA. BioMega 1000 – Each softgel capsule contains 1000 mg of omega-3 essential fatty acid in the triglyceride form (sourced from anchovy). Studies have shown the triglyceride form is hydrolyzed by lipase 12 to 15 times faster than the ethyl ester or monoglyceride form. It is sourced from a strategically placed facility in the far South Pacific Ocean off the coast of Chile, minimizing transit time. Some fish oils are processed continents away from where they are harvested, dramatically increasing the time (some up to one year) from the ocean to the patient/client (longer transit time means higher risk of oxidation). Unique and gentle patented processes are used to purify the oil from contaminants, yielding a colorless oil with record-setting low TOTOX levels. Each batch of BioMega 1000 oil has a certified origin; it can be traced back to who caught the anchovies and when they were caught. The triglyceride form of omega-3 oil has been found to be helpful with neurological, emotional, cardiovascular, immune system, and cell membrane health. It is also excellent support for inflammatory and glucose management problems. 1–3 BID.

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## Boron Joint with CurcuWIN®

New Product

Connective Tissue and Bone Health\*

Item #77160

90 vegetarian capsules

Targeted nutritional support for connective tissue and bones.\* Contains CurcuWIN® turmeric extract with minimum 20% curcuminoids, enhanced with boron and magnesium.\*

### Suggested Use

As a dietary supplement, 1 capsule three times daily for one month, and then 1 capsule one or two times daily, or as directed by a healthcare practitioner. Best taken with food. Increased water intake during the day is recommended.

NOTE: Higher doses of boron supplementation may increase levels of estrogen and testosterone.

Serving Size: 1 capsule  
Servings Per Container: 90

**CurcuWIN®**  
SUPPORTS HEALTHY INFLAMMATORY RESPONSE

#### Amount per serving:

CurcuWIN® Turmeric Extract ( <i>Curcuma longa</i> ) root (min 20% Curcuminoids) . . . . .	250 mg
Magnesium (as Magnesium Bisglycinate) . . . . .	100 mg
Boron (as Boron Citrate) . . . . .	.6 mg
Other ingredient: Hydroxypropyl methylcellulose, L-leucine, silicon dioxide, microcrystalline cellulose.	

CurcuWIN® is a registered trademark of OmniActive Health Technologies, Ltd.

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# Ca-Zyme™ (calcium)

Product # 1700 (100T) | Calcium Citrate



**Ca-Zyme™** supplies 200 mg calcium per tablet in the form of calcium citrate. This product also contains the antioxidant enzymes superoxide dismutase (SOD) and catalase, both from biologically grown active cultures.

**Recommendation:** One (1) tablet two (2) to four (4) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calcium (as calcium citrate)	200 mg	15%
Superoxide Dismutase (from vegetable culture†)	20 mcg	*
Catalase (from vegetable culture†)	20 mcg	*

**\* Daily Value not established**

**Other ingredients:** Stearic acid (vegetable source), modified cellulose gum and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Source of calcium citrate (200 mg per tablet). Use in situations where calcium alone is required, or where magnesium with calcium is contraindicated. 3 tablets, 3 times a day on an empty stomach.

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# Ca/Mg-Plus Capsules

Ca/Mg-Plus provides calcium and magnesium, essential minerals crucial for various bodily functions, including cardiovascular, nervous, and musculoskeletal systems. In addition to these minerals, it includes specific support for the parathyroid gland.



SKU #1781  
(60 Tablets)

## BENEFITS



## INDICATION

- For parathyroid dysfunction
- Blood calcium phosphorus ratio imbalance weighted to the phosphorus side
- Chronic joint and neck stiffness
- Upper respiratory mucus
- Hoarseness
- Chronic digestive dysfunction
- Severe muscle cramping

## SUGGESTED USE

Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 3 Tablets  
Servings Per Container: 20

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	300 mg	23%
Magnesium (as magnesium citrate)	60 mg	14%
Parathyroid (bovine)	3 mg	*
Superoxide Dismutase (from vegetable culture†)	20 mcg	*
Catalase (from vegetable culture†)	20 mcg	*

\* Daily Value not established

**Other ingredients:** Cellulose, stearic acid (vegetable source), and modified cellulose gum.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten and dairy free.**

**RECOMMENDATION:** Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1781 Rev. 05/19

# Ca/Mg-Zyme (Ca & Mg)

Ca/Mg-Zyme provides a tablet-based supplemental source of calcium and magnesium. These minerals, being the most abundant intracellular cations, offer benefits across various bodily systems such as cardiovascular, nervous, and musculoskeletal systems.\* Each serving (6 Tablets) of Ca/Mg-Zyme supplies 300 mg of calcium citrate and 60 mg of magnesium citrate.



SKU #1732  
90 Tablets

## BENEFITS



Gluten free



Dairy free

\*Available for Retail in- clinic

## INDICATION

- Muscle Cramps
- Fever
- Menorrhagia
- Hypercalcemia
- Dermatitis
- Autoimmunity
- Hypersecretion
- Hyperthyroidism

## SUGGESTED USE

Six (6) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

Caution: KEEP OUT OF REACH OF CHILDREN.

Store in a cool & dry area

## Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calcium (as calcium citrate)	350 mg	27%
Magnesium (as magnesium citrate)	70 mg	17%

**Other ingredients:** Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).

**This product is gluten and dairy free.**

**RECOMMENDATION:** Three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.


### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.



## Calcium Citrate

Pure, Well-Absorbed Calcium\*

 Hypoallergenic

**Item #70230**

180 vegetarian capsules

Calcium is an important macromineral. Calcium in the citrate form is well-absorbed.\*

### Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed by a healthcare practitioner. Calcium is better absorbed when taken in repeated doses throughout the day. When taking calcium supplements, consideration should be given to supplementing also with magnesium.

Contraindicated with use of aluminum-containing drugs.

Serving Size: 1 capsule

Servings Per Container: 180

**Amount per serving:**

Calcium (as Calcium Citrate) ..... 150 mg


Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

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## Calcium Magnesium Citrate

Pure, Well-Absorbed Calcium-Magnesium\*

 Hypoallergenic

**Item #71980**

100 vegetarian capsules

Equal amounts of calcium and magnesium, in the well-absorbed citrate form.\*

### Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed as a healthcare practitioner.

Contraindicated with use of aluminum-containing drugs.

Serving Size: 1 capsule

Servings Per Container: 100

#### Amount per serving:

Calcium (as Calcium Citrate) . . . . . 100 mg

Magnesium (as Magnesium Citrate). . . . . 100 mg

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate, stearic acid.

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# ChondroSamine Plus®



Product # 7815 (90C) | Comprehensive Joint Support with Glucosamine HCl

**ChondroSamine Plus®** provides comprehensive support for connective tissue, such as the cartilage found in joints. These tissues require an adequate supply of important nutrient building blocks to maintain their integrity. **ChondroSamine Plus®** supplies glucosamine (as glucosamine hydrochloride), along with purified chondroitin sulfates, and a complementary array of important synergistic compounds, including vitamins, minerals, MSM, and the antioxidant enzymes SOD and catalase.

**Recommendation:** Three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant women.



## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	180 mg	200%
Niacin (as niacinamide)	50 mg	313%
Folate (as calcium folinate)	200 mcg DFE	50%
Vitamin B12 (as methylcobalamin)	3 mcg	125%
Pantothenic Acid (as calcium pantothenate)	45 mg	900%
Manganese (as manganese gluconate)	6 mg	261%
Glucosamine (as glucosamine HCl)‡	1,000 mg	*
Purified Chondroitin Sulfates (bovine)	500 mg	*
MSM (methylsulfonylmethane)	100 mg	*
Sugarcane (Saccharum officinarum) (shoot) (extract)	25 mg	*
Superoxide Dismutase (from vegetable culture†)	20 mcg	*
Catalase (from vegetable culture†)	20 mcg	*

\* Daily Value not established

**Other Ingredients:** Capsule shell (gelatin and water), medium chain triglycerides and magnesium stearate (vegetable source).

Contains ingredients derived from shrimp and crab shell.

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

‡ Glucosamine (1,000 mg elemental) derived from 1,250 mg glucosamine HCl.

Three capsules contain 1000 mg of glucosamine as glucosamine HCl. CHONDROSAMINE-S – Three capsules contain 600 mg of glucosamine from glucosamine sulfate. Both products also contain 500 mg of purified chondroitin sulfate, 180 mg of vitamin C, 25 mg of silica from raw cane, 6 mg of manganese, 45 mg of pantothenic acid, 50 mg of niacinamide, 100 mg of MSM, 200 mcg of folate, 3 mcg of vitamin B-12 (hydroxocobalamin), 20 mcg of SOD, and 20 mcg of catalase. Product should be considered for osteo and rheumatoid arthritis, joint inflammation, cartilage repair, and any other condition where increased sulfur intake is needed. 1-2 capsules, 3 times a day with meals. Contains components extracted from shrimp and crab shells and should not be used by patients who are allergic to these foods. Further, the product is not recommended during pregnancy or lactation.

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# ChondroSamine-S™



Product # 7818 (90C) | Comprehensive Joint Support with Glucosamine HCl

**ChondroSamine-S™** provides comprehensive support for connective tissue such as the cartilage found in joints. These tissues require an adequate supply of important nutrient building blocks to maintain their integrity. **ChondroSamine-S™** supplies glucosamine (as glucosamine sulfate), along with purified chondroitin sulfates, and a complementary array of important synergistic compounds, including vitamins, minerals, MSM, and the antioxidant enzymes SOD and catalase. This is the same comprehensive formula as **Chondrosamine Plus®**, with the exception that **ChondroSamine-S™** utilizes the sulphate form of glucosamine.

**Recommendation:** Three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.



Three capsules contain 600 mg of glucosamine from glucosamine sulfate. Both products also contain 500 mg of Purified Chondroitin Sulfate, 180 mg of vitamin C, 25 mg of silica from raw cane, 6 mg of manganese, 45 mg of pantothenic acid, 50 mg of niacinamide, 100 mg of MSM, 200 mcg of folate, 3 mcg of vitamin B-12 (hydroxocobalamin), 20 mcg of SOD and 20 mcg of catalase. Product should be considered for osteo and rheumatoid arthritis, joint inflammation, cartilage repair and any other condition where increased sulfur intake is needed. 1–2 capsules, 3 times a day with meals. Contains components extracted from shrimp and crab shells and should not be used by patients who are allergic to these foods. Further, the product is not recommended during pregnancy or lactation.

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# CurcuWIN® 500

## Increased Absorption and Retention\*

CurcuWIN® 500 contains turmeric (*Curcuma longa*) root extract, concentrated to a minimum of 20% curcuminoids. CurcuWIN® has significantly higher absorption compared to other curcumin ingredients.

In a well-controlled human clinical trial, the first curcumin study of its kind to compare commercial curcumin products, CurcuWIN® increased relative absorption of total curcuminoids 46-times over standard curcumin. CurcuWIN® also has longer-lasting action with higher serum concentrations after 12 hours.\* CurcuWIN® curcumin uses a molecular dispersion process (Ultrasol technology) which converts oil soluble nutrients into water-dispersible ingredients to enhance bioavailability and retention.\*

### Supplement Facts

Serving Size	1 Capsule	
Servings Per Container	60	
<hr/>		
Amount Per Serving		% Daily Value
<hr/>		
CurcuWIN® Turmeric ( <i>Curcuma longa</i> ) (Root) Extract (min 20% Curcuminoids)	500 mg	†

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide.

**Suggested Use:** As a dietary supplement, 1 capsule one or two times daily with food, or as directed by a healthcare practitioner.

**Warning:** Not indicated for pregnant women.



SKU #77290  
60 vegetarian capsules

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# DHEA-10 mg

Product # 7830 (180T) | Dehydroepiandrosterone



Dehydroepiandrosterone (DHEA) is a natural steroid hormone produced from cholesterol by the adrenal glands. It is chemically similar to testosterone and estrogen, and is easily converted into those hormones. DHEA production peaks in early adulthood, and declines with age. Thus, many health concerns which correlate with age may also correlate with suboptimal levels of DHEA.<sup>†</sup> This product supplies 10 mg DHEA per tablet.

**Recommendation:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** For adult use only. Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value
DHEA (Dehydroepiandrosterone)	10 mg	*
* Daily Value not established		

**Other ingredients:** Cellulose, calcium carbonate, vegetable culture<sup>†</sup> and magnesium stearate (vegetable source).

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Available in 5 and 10 milligram tablets. Use where DHEA insufficiency can be demonstrated (saliva, serum, or urine testing) with a decreased cortisol level. Supplemental DHEA should be used with caution when a decreased DHEA and an increased cortisol are present. In most cases, 2–25 milligrams per day is sufficient. For adult use only and not recommended during pregnancy.

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## DHEA Micronized Lipid Matrix\*

 Hypoallergenic

**Item #74780, 10 mg**  
**Item #74790, 15 mg**  
**Item #72820, 25 mg**  
**Item #72660, 50 mg**  
**60 scored tablets**

Micronized and sustained-release DHEA. It is formulated in a lipid matrix to bypass the liver, and micronized to a particle size of less than 50 microns for optimal absorption. Soy free—the source material (wild yam) is non-irradiated and non-ethylene-oxide-treated.

### Suggested Use

As a dietary supplement, for women ½ to 1 tablet per day; for men 1 tablet one or two times per day; or as directed by a healthcare professional.

**CAUTION:** This product is a hormone, influencing the production of other hormones. Regular hormone testing is recommended. Cancer patients should consult their healthcare practitioner before use.

Serving Size: 1 scored tablet

Servings Per Container: 60

#### Amount Per Serving:


DHEA (Item #74780)	10 mg
DHEA (Item #74790)	15 mg
DHEA (Item #72820)	25 mg
DHEA (Item #72660)	50 mg
Other ingredients: Microcrystalline cellulose, Micosolle®, vegetable oil, vegetable wax, Cab-o-sil®, magnesium stearate, vitamin E.	

**WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS.**  
**DO NOT USE IF PREGNANT OR NURSING.** Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low “good” cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN.** Do not use DHEA if you are at risk for or have been diagnosed as having any type of hormonal cancer, such as prostate or breast cancer. To report any adverse events call 1-800-332-1088.

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## Free Aminos

Allergen-Free, Digestion-Free

 Hypoallergenic

Item #70540

100 vegicaps

A formulation of 17 naturally occurring amino acids in their free forms, including 9 essential amino acids, as well as L-5-Hydroxytryptophan (5-HTP). Contains no L-tryptophan.

### Suggested Use

As a dietary supplement, 1 or 2 capsules one to three times daily between meals, or as directed by a healthcare practitioner.

Serving Size: 2 capsules  
Servings Per Container: 50

#### Amount Per Serving:

L-5-Hydroxytryptophan .....	20 mg
L-Alanine .....	82 mg
L-Arginine .....	124 mg
L-Cysteine HCl .....	28 mg
L-Cystine .....	124 mg
L-Glutamine .....	56 mg
Glycine .....	56 mg
L-Histidine HCl .....	98 mg
L-Isoleucine .....	138 mg
L-Leucine .....	138 mg
L-Lysine HCl .....	196 mg
L-Methionine .....	28 mg
L-Phenylalanine .....	15 mg
L-Serine .....	28 mg
Taurine .....	28 mg
L-Threonine .....	112 mg
L-Tyrosine .....	56 mg
L-Valine .....	56 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose.	




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## InlaMed Best Seller

Connective Tissue  
and Joint Health\*

 Hypoallergenic

**Item #74730**

120 vegetarian capsules

InlaMed combines a synergistic blend of herbs, nutrients, and proteolytic enzymes, which provides nutritional support for connective tissue and joint tissue.\*

### Suggested Use

As a dietary supplement, 2 capsules one or two times daily between meals, or as directed by a healthcare practitioner.

Serving Size: 2 capsules

Servings Per Container: 60

#### Amount per serving:

Zinc (as Zinc Methionate) . . . . .	10 mg
Selenium (50% as Sodium Selenite and 50% as Selenomethionine) . . . . .	40 µg
Copper (as Copper Bisglycinate) . . . . .	1 mg
Molybdenum (as Sodium Molybdate) . . . . .	300 µg
MSM (Methylsulfonylmethane). . . . .	500 mg
Indian Frankincense Gum ( <i>Boswellia serrata</i> ) Extract (standardized to 65% Boswellic Acid) . . . . .	200 mg
Turmeric (Root) Extract (95% Curcumin). . . . .	400 mg
Bromelain (3600 MCU/g) . . . . .	400 mg
Ginger (Root) Extract (5% Gingerol). . . . .	40 mg
White Willow ( <i>Salix alba</i> ) (Bark) Extract (standardized to 15% Salicin). . . . .	50 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.	

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# Intenzyme Forte™



Product # 1207 (50T) # 1201 (100T) # 1202 (500T)  
Digestive/Inflammatory Response Support

**Intenzyme Forte™** is a broad-spectrum proteolytic enzyme formulation containing pancreatin, bromelain, papain, lipase, amylase, trypsin and alpha chymotrypsin. It may be utilized to support numerous protein metabolism pathways.+ Proteolytic enzymes are capable of exerting influence over a wide variety of physiological and biochemical processes. The benefits of **Intenzyme Forte™** include its effect on muscle soreness and discomfort due to overexertion, the support of hormone processing, as well as providing support for healthy digestive, immune and circulatory functions.+

**Recommendation:** One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value
Pancreatin 4X (porcine)	100 mg	*
Bromelain (from pineapple)	50 mg	*
Papain (from papaya)	50 mg	*
Lipase (porcine)	10 mg	*
Amylase (porcine)	10 mg	*
Trypsin & Alpha Chymotrypsin (porcine)	100 mg	*
Superoxide Dismutase (from vegetable culture†)	10 mcg	*
Catalase (from vegetable culture†)	10 mcg	*

\* Daily Value not established

**Other ingredients:** Stearic acid (vegetable source), cellulose, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Source of animal and plant proteolytic enzymes. Product is high in trypsin/chymotrypsin. Use with systemic inflammation, tissue damage, arthritis, food sensitivity, increased fibrinogen, poor circulation due to inflammation or atherosclerosis (use with Porphyra-Zyme), phlebitis, and free radical conditions. With acute injury, use 10 tablets immediately and then 5 tablets, 4 times a day on an empty stomach for 3 days, and then reduce to 4 tablets, 3 times a day on an empty stomach until the inflammation and swelling abates. With chronic inflammation, arthritis, etc., use 3–4 tablets, 3 times a day on an empty stomach. Intenzyme Forte will help to thin the blood; therefore, it should be used with caution with patients who are on prescribed blood thinners.

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# KappArest Capsules

KappArest is a proprietary herbal anti-inflammatory formula that provides a diverse range of antioxidants and phytonutrient components. Its primary objective is to support a healthy inflammatory response by modulating NF-kappaB, a molecule present inside each cell.



SKU #7855  
(90 Capsules)

## BENEFITS



Promotes a healthy inflammatory response



Supports healthy cartilage function



Provides immunomodulatory effects



Selectively inhibits COX-2



Antioxidant activity



Gluten free



Dairy free

## INDICATION

- Chronic inflammatory disorders
- Gastrointestinal inflammation
- Joint inflammation
- Cartilage health

## SUGGESTED USE

Three (3) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 60

	Amount Per Serving
Proprietary Blend	1,150 mg
Curcuma Longa (emulsified root extract† and rhizome power)*	
Boswellia (Boswellia serrata) (resin oil) (extract) *	
Propolis *	
Green Tea (Camellia sinensis) (leaf) (extract) *	
Ginger (Zingiber officinale) (rhizome) (extract) *	
Rosemary (Rosmarinus officinalis) (aerial part) (extract) *	
Celery (Apium graveolens) (seed) (extract) *	
Alpha-Lipoic Acid *	
Trans-Resveratrol *	
Phytolens® (Lens esculenta) (extract) (husk) †† *	
Bioperine® (Piper nigrum) (extract) (fruit) ††† *	

\* Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water), cellulose, silica and magnesium stearate (vegetable source).

† Emulsified Curcuma longa root extract is prepared using a non-chemical process which creates an excellent dual-phase, polar/non-polar emulsion for transport through the lipid membrane.

†† **Phytolens®** is a registered trademark of Biotics Research Corporation. U.S. Patent # 5,762,936


††† **Bioperine®** is a registered trademark of Sabinsa Corporation.

**This product is gluten and dairy free.**



# Magnesium Citrate

Pure, Well-Absorbed Magnesium\*

 Hypoallergenic

**Item #70240**

90 vegetarian capsules

**Item #76660**

180 vegetarian capsules

Magnesium in the citrate form. Magnesium is a cofactor for some 300 enzymes in the body, and acts in concert with calcium.\*

## Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed by a healthcare practitioner. High doses of magnesium may have a laxative effect.

Contraindicated with use of aluminum-containing drugs.


Serving Size: 1 capsule	
Servings Per Container: 90 (Item #70240), 180 (Item #76660)	
<b>Amount per serving:</b>	
Magnesium (as Magnesium Citrate). . . . .	170 mg
Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.	

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# Magnesium Malate Forte

Magnesium, Malate, and B2

 Hypoallergenic

**Item #70740**

120 vegetarian tablets

A combination of malic acid with magnesium and vitamin B2 (riboflavin). All three of these nutrients are important for energy generation.\* Magnesium malate is involved in the Krebs cycle, and in the activation of many enzyme systems that are important for protein

and carbohydrate metabolism.\*

## Suggested Use

As a dietary supplement, 1 or 2 tablets two or three times daily with meals, or as directed by a healthcare practitioner.

Serving Size: 2 tablets

Servings Per Container: 60

### Amount per serving:

Riboflavin (Vitamin B2) . . . . . 10 mg

Magnesium (60% as Magnesium Citrate and 40% as Magnesium Hydroxide) . . . . . 124 mg

Malic acid . . . . . 500 mg

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, gum acacia.

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# Mg-Orotate 500™

Product # 1742 (90C) | Cardiovascular Support



Magnesium is available in many different forms, each with its own unique clinical application. In the case of magnesium orotate the clinical benefit is seen with systems that have a high energy (ATP) demand such as the cardiovascular system. The benefit of magnesium orotate is as much the byproduct of orotic acid as it is magnesium. Orotic acid is thought of as a “magnesium fixing agent” due to its influence over magnesium binding sites. **Mg-Orotate 500™** supplies 500 mg of fully reacted magnesium orotate, delivering 62.5 mg of elemental magnesium and 437.5 mg of orotic acid per 2 capsule serving.

**Recommendation:** Two (2) capsules (preferably at bedtime) each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

**Serving Size: 2 Capsules**

**Servings Per Container: 45**

	Amount Per Serving	% Daily Value
Magnesium (as magnesium orotate)	62.6 mg	15%

**Other ingredients:** Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).

Each capsule of **Mg-Orotate 500™** contains 500 mg of fully reacted magnesium orotate.



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# Mg-Zyme Capsules

Mg-Zyme serves as a source of additional magnesium, provided in the form of mixed mineral chelates. Ensuring sufficient magnesium intake is vital, given its essential role in numerous ATP-dependent reactions. Magnesium is crucial for musculoskeletal health, proper cardiac and immune function, as well as the maintenance of healthy blood sugar metabolism



SKU #1707  
(100 Capsules)

## BENEFITS

-  Provides inflammatory support
-  Optimizes neuronal activity
-  Supports cardiac excitability
-  Maintains vascular tone
-  Helps maintain blood pressure
-  Enhances peripheral blood flow
-  Supports muscular contraction
-  Boosts energy production
-  Provides mood support
-  Optimizes blood glucose levels
-  Supports cellular growth and reproduction
-  Gluten free
-  Dairy free
-  GMO free

\*Available for Retail in- clinic

## INDICATION

- Macromineral support
- Neuromusculoskeletal support
- Cardiovascular stress
- Kidney and gallstones
- Fibromyalgia
- Osteomalacia

## SUGGESTED USE

One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Magnesium (as magnesium aspartate, magnesium glycinate and magnesium gluconate)	100 mg	24%

**Other ingredients:** Capsule shell (gelatin and water), organic vegetable culture†, magnesium stearate (vegetable source) and stearic acid (vegetable source).

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten, dairy and GMO free.

# MSM

## Methylsulfonylmethane

 Hypoallergenic

**Item #72850**

150 vegetarian capsules



MSM is a bioavailable form of sulfur related to dimethylsulfoxide (DMSO). Sulfur is an element found in all living organisms, and 85% of it is provided by MSM and related compounds. We include molybdenum because taking supplemental MSM may encourage urinary excretion of molybdenum.\*

### Suggested Use

As a dietary supplement, 1 to 3 capsules one to five times daily, or as directed by a health practitioner.

Serving Size: 3 capsules  
Servings Per Container: 50

#### Amount per serving:

Molybdenum (as Sodium Molybdate) . . . . .	30 µg
Methylsulfonylmethane . . . . .	1.5 g

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

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# MSM



Product # 7805 (60C) | Methylsulfonylmethane

**MSM** supplies a supplemental source of methylsulfonylmethane (**MSM**), an organic sulfur-containing compound. Sulfur is a necessary element for the production of collagen, the primary constituent of cartilage and connective tissue.<sup>+</sup> It is also important in the formation of body proteins, via the formation of disulfide bonds, which serve in holding tissues together.<sup>+</sup> Furthermore, intracellular sulfhydryl groups are necessary for the catalytic function of numerous enzymes.<sup>+</sup> As a source of sulfur, **MSM** plays an important role in carbohydrate metabolism and in the maintenance of healthy hair, skin and nails.<sup>+</sup> It has also been shown to have antioxidant properties.<sup>+</sup> Since dietary consumption of sulfur-containing compounds such as methionine and cysteine is typically inadequate, **MSM** may serve as an excellent supplemental source of sulfur. Each capsule of supplies 830 mg of **MSM**.

**Recommendation:** One (1) capsule one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
Serving Size: 1 Capsule		
	Amount Per Serving	% Daily Value
Methylsulfonylmethane	830 mg	*
* Daily Value not established		

Other ingredients: Capsule shell (gelatin and water).



Available in both a powder form and in capsules (each capsule contains 830 mg and a teaspoonful contains 3 grams). Product has been shown to be effective with skin conditions (canine and human), where an increased need for sulfur is present (parasites, adrenal cortical hypofunction, as a synergist to magnesium and vitamin B-6, and other Krebs cycle nutrients). If MSM or other sulfur-containing products cause stomach distress, this is generally an indication of hypochlorhydria. 3 capsules or one teaspoonful per day. Always use MO-Zyme with MSM; molybdenum activates MSM in the system.

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# N-Acetyl Glucosamine

## Non-Sulfur Glucosamine

Item #71140  
90 vegicaps

N-Acetyl Glucosamine (NAG) has glucosamine attached to an acetic acid molecule, whereas glucosamine sulfate has it attached to a sulfuric acid molecule. Although research suggests that glucosamine sulfate is better absorbed than NAG, individuals sensitive to sulfur may tolerate NAG better.\*

### Suggested Use

As a dietary supplement, 1 capsule three times daily, or as directed by a healthcare practitioner.

Serving Size: 1 capsule	
Servings Per Container: 90	
<b>Amount per serving:</b>	
N-Acetyl-D-glucosamine (shrimp, crab, lobster) . . . . .	500 mg
Other ingredients: Hydroxypropyl methylcellulose, L-leucine.	

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# Optimal EFAs®-BC



Product # 1418 (120S) | Balanced EFAs with Black Currant Seed Oil

**Optimal EFAs®-BC** supplies a unique balance of omega-3, -6, and -9 fatty acids by using the highest quality fish, flaxseed, and black currant seed oil. Each capsule provides optimal ratios of alpha-linolenic acid (ALA), eicosapentaenoic acid (EPA), docosahexaenoic acid (DHA), gamma-linolenic acid (GLA) and oleic fatty acids.

**Optimal EFAs®-BC** contains EPA and DHA sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest fish oil available with full traceability and unparalleled purity.

**Recommendation:** Two (2) softgel capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant women.

Supplement Facts		
Serving Size: 2 Softgel Capsules		
Servings Per Container: 60		
	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Cholesterol	5 mg	2%
Proprietary Blend	2 g	
Flax Seed Oil		*
Black Currant Seed Oil		*
Fish Oil		*

† Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established

**Ingredients:** Capsule shell (gelatin, glycerin and water), natural mixed tocopherols, and rosemary extract.

Contains ingredients derived from anchovy.

Each Each serving of Optimal EFAs®-BC provides:	
ALA (Alpha-Linolenic acid)	530 mg
EPA (Eicosapentaenoic acid)	205 mg
DHA (Docosahexaenoic acid)	154 mg
GLA (Gamma-Linolenic acid)	152 mg
Oleic acid	200 mg



Designed by Dr. Alex Vasquez. Two capsules supply 280 mg of ALA, 159 mg of EPA, 105 mg of DHA, 112 mg of GLA, and 204 mg of oleic acid. The fatty acids are derived from a unique blend of fish, flaxseed, and borage oil. Use with inflammation, endocrine dysfunction, free radical problems, lipid/glycemic problems, and highly refined diets. This is an excellent long-term fatty acid supplement. 2-4 capsules, 3 times a day.

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## Osteo-B II™

Product # 1502 (180T) | Bone Health Support



**Osteo-B II™**, like **Osteo-B Plus®**, is a comprehensive bone support formula.\* It supplies key nutritional synergists, including calcium and magnesium in a 1:1 ratio. **Osteo-B II™** is similar to **Osteo-B Plus®**; however, **Osteo-B II™** is a smaller tablet that does not contain copper, utilizes phosphorylated forms of B vitamins, and as noted above supplies calcium and magnesium in a 1:1 ratio.

### Supplement Facts

Serving Size: 6 Tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	120 mg	133%	Magnesium (as magnesium malate and magnesium glycinate)	300 mg	71%
Vitamin D3 (as cholecalciferol)	10 mcg	50%	Zinc (as zinc gluconate)	15 mg	136%
Vitamin K (K1 as phytonadione)	320 mcg	267%	Manganese (as manganese gluconate)	5 mg	217%
Thiamin (B1) (as cocarboxylase chloride)	3 mg	250%	Purified Chondroitin Sulfates (bovine)	200 mg	*
Riboflavin (B2) (as riboflavin-5-phosphate)	3.4 mg	262%	Boron (as calcium borogluconate)	3 mg	*
Niacin (as niacinamide)	20 mg	125%	Sugarcane ( <i>Saccharum officinarum</i> ) (shoot) (extract)	30 mg	*
Vitamin B6 (as pyridoxal-5-phosphate)	6 mg	353%	Superoxide Dismutase (raw organic vegetable culture <sup>†</sup> )	30 mcg	*
Folate (as calcium folinate)	400 mcg DFE	100%	Catalase (raw organic vegetable culture <sup>†</sup> )	30 mcg	*
Vitamin B12 (as methylcobalamin)	12 mcg	500%			
Biotin	300 mcg	1,000%			
Pantothenic Acid (as calcium pantothenate)	20 mg	400%			
Calcium (as calcium citrate)	300 mg	23%			

**Other ingredients:** Stearic acid (vegetable source), cellulose, modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Recommendation:** Six (6) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Those taking blood thinners should avoid supplementation with vitamin K unless specifically recommended and monitored by their physician. Pregnant and nursing mothers should avoid supplemental intakes higher than the RDI (90 mcg) unless specifically recommended and monitored by their physician.



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# Osteo-B Plus Tablets

Osteo-B Plus is a specialized supplement providing comprehensive support for bone health. While calcium's importance is well-established, Osteo-B Plus acknowledges the need for multiple essential nutrients and synergists to nurture the skeletal system.



SKU #1501  
(180 Tablets)

SKU #1500  
(90 Tablets)

## BENEFITS



Maintains strong bones



Vitamin support



Bone health support



Mineral support



Gluten free



Dairy free

## INDICATION

- To support bone growth and repair
- Osteoporosis
- Bone trauma
- Menopause
- Inflammation
- Periodontal disease

## SUGGESTED USE

Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Thiamin (B1) (as thiamin mononitrate)	25 mg	2,083%
Riboflavin (B2)	25 mg	1,923%
Niacin (as niacinamide)	25 mg	156%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2,941%
Folate (as calcium folinate)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium pantothenate)	50 mg	1,000%
Superoxide dismutase (from vegetable culture †)	20 mcg	*
Catalase (from vegetable culture †)	20 mcg	*

\* Daily Value not established

**Other ingredients:** Stearic acid (vegetable source), cellulose, modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

# Pea Protein Isolate Natural Vanilla Flavor



Product # 6431 (16 oz) | Organic Pea Protein

**Pea Protein Isolate-Natural Vanilla Flavor** is a non-GMO, gluten-free source of protein with an excellent amino acid profile. **Pea Protein Isolate** is available in vanilla as well as an unflavored/unsweetened version.

**Directions:** Two (2) scoops of **Pea Protein Isolate-Natural Vanilla Flavor** mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

Typical Amino Acid Profile Per Serving:			
Alanine	877 mg	Lysine	1,635 mg
Arginine	1,743 mg	Methionine	223 mg
Aspartic acid	2,454 mg	Phenylalanine	1,094 mg
Cystine	144 mg	Proline	853 mg
Glutamic acid	3,636 mg	Serine	1,095 mg
Glycine	812 mg	Threonine	738 mg
Histidine	491 mg	Tryptophan	184 mg
Isoleucine <sup>1</sup>	911 mg	Tyrosine	743 mg
Leucine <sup>1</sup>	1,730 mg	Valine <sup>1</sup>	984 mg

<sup>1</sup> Branch chain amino acids

All values are typical and representative, but should not be considered exact.



Nutrition Facts	
Servings Per Container: 15	
Serving Size: 30 g (approx. 2 scoops)	
Amount Per Serving	
<b>Calories</b>	<b>130</b>
	% Daily Value <sup>1</sup>
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 2.5g	<b>3%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 290mg	<b>13%</b>
<b>Total Carbohydrates</b> 5g	<b>2%</b>
Dietary Fiber 1g	<b>4%</b>
<b>Protein</b> 21g	<b>42%</b>
Calcium 25mg	<b>2%</b>
Iron 6mg	<b>35%</b>
Not a significant source of trans fat, total sugars, added sugars, vitamin D and potassium.	
<sup>1</sup> The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**Ingredients:** Organic pea protein, natural flavors and Stevia rebaudiana extract.

This product is made from non-genetically modified, organic pea.

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# Pea Protein Isolate

Pea Protein Isolate is a non-GMO and gluten-free protein source offering an impressive amino acid profile. This nutritional supplement can serve as an effective and supplementary source of protein, fitting well into various dietary plans. Whether used independently or as part of our Bio-Detoxification Program, Pea Protein Isolate provides a versatile option to support protein intake. Additionally, it is offered in both vanilla and an unflavored/unsweetened version, catering to diverse taste preferences and dietary needs.



SKU #6430  
625g

## BENEFITS



Gluten free



Dairy free



GMO free

## INDICATION

- Muscle recovery
- Protein boost
- Skin health
- Immune support
- Muscle growth
- Weight management
- Appetite control

## SUGGESTED USE

Three (3) scoops of Pea Protein Isolate mixed with eight (8) ounces of cool water (or the beverage of your choice). Add product to the liquid for ease of mixing.

Caution: KEEP OUT OF REACH OF CHILDREN.

Store in a cool & dry area.

\*Available for Retail in- clinic

<b>Nutrition Facts</b>	
Servings Per Container: 20	
<b>Serving Size: 31.25 g (approx. 3 scoops)</b>	
Amount Per Serving	<b>135</b>
<b>Calories</b>	
	% Daily Value*
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>
<b>Total Carbohydrate</b> 2g	<b>1%</b>
Dietary Fiber 1g	<b>4%</b>
<b>Protein</b> 25g	<b>50%</b>
Calcium 30mg	2%
Iron 7.5mg	45%
Not a significant source of trans fat, total sugars, added sugars, vitamin D and potassium.	
* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Organic pea protein.

This product is gluten and dairy free.

This product is made from non-genetically modified, organic pea.

Product # 6430 Rev. 01/22

# Pregnenolone 25

Product # 8003 (90C) | Gluten, Dairy and GMO Free



Pregnenolone is an endogenous steroid hormone synthesized from cholesterol. As a “parent hormone,” pregnenolone can be converted to other hormones, including the sex hormones. For example, pregnenolone can be converted to progesterone, which can then be converted to DHEA, the precursor of androstenedione, the precursor to testosterone and estrone. Pregnenolone is also a neurosteroid. It is found in high concentrations in the brain, where along with other neurosteroids, it impacts synaptic function, is neuroprotective, and supports myelinization.\*

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Pregnenolone	25 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Cellulose, capsule shell (gelatin and water) and magnesium stearate (vegetable source).

**WARNING:** Use only under the direct recommendation and supervision of a physician or qualified healthcare professional. For adult use only. Not recommended for individuals under 18 years of age, pregnant or lactating women, or any person who suffers from a condition such as breast cancer or prostate cancer that might be made worse by exposure to estrogen. Pregnenolone may affect other hormones such as progesterone, estrogen, testosterone and/or DHEA. Do not take this product if you have a history of seizures.



Each capsule contains 25 mg of pregnenolone. Pregnenolone is a steroid precursor hormone produced principally in the adrenals, but also in the liver, skin, brain, sex glands, and the retina. Pregnenolone is often referred to as "the mother hormone." It is formed from cholesterol and is the precursor hormone to all of the adrenal hormones (DHEA, cortisol, testosterone, progesterone, and estrogens). Consider it with arthritis, with most hormone insufficiency, depression, fatigue, memory loss, macular degeneration, and moodiness. It should not be used during pregnancy or lactation, nor by children under 18 years of age, or patients suffering with breast or prostate cancer. 1–2 capsules per day.

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# Purified Chondroitin Sulfates



Product # 6504 (90T) | Connective Tissue/Vascular Support

**Purified Chondroitin Sulfates** supplies purified chondroitin sulfate along with SOD and catalase, important antioxidant enzymes. Chondroitin sulfates (CS) function as structural components of tunica intima, giving strength and elasticity to blood vessels. With natural aging, CS are gradually replaced by other glycoaminoglycans (GAGs), affecting vascular permeability. CS also plays a role in the activation of lipoprotein lipase on capillary endothelial cells, facilitating proper metabolism of blood lipids.<sup>†</sup> Consider as supplemental support for healthy discs and connective tissue, and as support for vascular integrity.<sup>†</sup>

**Recommendation:** One (1) to three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant women.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving
Purified Chondroitin Sulfates (as a purified extract of bovine trachea tissue)	250 mg*
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	10 mcg*
Catalase (from vegetable culture <sup>†</sup> )	10 mcg*
<b>* Daily Value not established</b>	

**Other ingredients:** Cellulose, stearic acid (vegetable source), modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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## Pycnogenol® 100 New Product

Original French Pine Bark Extract


**Item #77270**

30 vegetarian capsules

Pycnogenol® is the original French maritime pine bark extract, providing a unique combination of procyanidins, bioflavonoids, and phenolic acids. More than 400 published studies and review articles demonstrate its safety and efficacy.\*

### Suggested Use

As a dietary supplement, take 1 capsule, one to two times daily, or as directed by your healthcare professional. May be taken with or without food.

<p>Serving Size: 1 capsule          Servings Per Container: 30</p> <p><b>Amount Per Serving:</b>          French Maritime Pine (<i>Pinus Pinaster</i>) Extract (Bark)** . . . . . 100 mg          Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, L-leucine.</p> <p>**GMO-Free, Non-irradiated, Kosher and Halal certified</p>	
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Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product may be protected by one or more US patents and other international patents.

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## Super D3

### Cholecalciferol with C and E

**Item #74840**

**60 vegetarian capsules**



Natural-source vitamin D3 produced from the lanolin of sheep wool. Vitamin D3 supports the regulation of calcium metabolism and absorption from the gut.\*

### Suggested Use

As a dietary supplement, 1 capsule daily, or as directed by a healthcare practitioner. Do not exceed recommended dose or use long-term without proper blood monitoring.

Serving Size: 1 capsule

Servings Per Container: 90

#### Amount per serving:

Vitamin C (as Ascorbyl Palmitate) . . . . . 2 mg

Vitamin D3 (as Cholecalciferol) . . . . . 2000 IU

Vitamin E (as Mixed Tocopherols) . . . . . 20 IU

Tocotrienols . . . . . 3 mg

Other ingredients: Hydroxypropyl methylcellulose, rice flour, silicon dioxide.

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# Vitamin D3 Complete Softgels Daily Balance with A and K2

Vitamin D3 Complete Softgels is formulated to respect the crucial importance of balancing vitamin D with vitamin A.\* It also contains the other oil-soluble vitamins, K2 (menaquinone-7) and DeltaGOLD® tocotrienols (part of the vitamin E family). Vitamin D3 Complete Softgels is formulated for safe, long-term daily supplementation for most individuals.\*

This formula is based on the understanding that repletion and maintenance of vitamin D levels is best accomplished with modest, regular doses of vitamin D, balanced by vitamin A. Physiological amounts of vitamin D, as opposed to pharmacological doses, may better support vitamin D's interaction with the many kinds of tissues in the human body that have vitamin D receptors.\*

Supplement Facts		
Serving Size	1 softgel	
Servings Per Container	60 or 120	
Amount Per Serving	% Daily Value*	
Vitamin A (as 3000 IU of Retinyl Palmitate)	900 mcg RAE	100%
Vitamin D3 (as 2000 IU of Cholecalciferol)	50 mcg	250%
Vitamin K2 (as Menaquinone-7)	100 mcg	†
Tocotrienols (as DeltaGOLD® Tocotrienols)	5 mg	†
† Daily Value not established		
* Percent Daily Value are based on a 2,000 calorie diet		

Other ingredients: Vegetarian Capsule (modified food starch, carrageenan, sorbitol, glycerin, purified water) and safflower oil.

**Suggested Use:** As a dietary supplement, 1 softgel one or two times daily, with a meal, or as directed by a healthcare professional.

**Caution:** Proper blood monitoring recommended for higher doses.

DeltaGOLD® is a registered U.S. trademark of American River Nutrition, LLC and protected by US Patent 8,586,109.



Item #76580 • 60 veggie softgels  
Item #76581 • 120 veggie softgels

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## Daily Essentials

Category	SKU	Product Name	Suggested Use
<b>Immune Support</b>	8141	Immune Support Packs X 30 Packs	1 pack each day
	75670	ImmunoBiotic Pro X 200 Capsules	1 to 3 capsules 1-2 times daily
	6630	IAG X 100g (frequent Virals)	1 tbs twice daily on empty stomach (Children & Adults)
<b>Vitamin A</b>	1004	Bio-Ae-Mulsion X 30ml (2000 IU/Drop) (Anti-Viral)	1-2 drops per day
<b>Multivitamins</b>	1170	ProMulti-Plus X 180 Capsules (Men/Women/Seniors)	6 capsules each day
	1163	Bio-Multi Plus Fe & Cu Free X 90 Tablets (Men/Seniors/Women (Menopausal))	3 tablets each day
	1291	Nuclezyme-Forte X 90 Capsules (Seniors)	1 capsule 3 times each day
<b>Omegas &amp; Fish Oils</b>	SPM60	Fish Oil+ X 60 Softgels (215mg Omega/Softgel)	2 capsules daily
	1431	Biomega-DHA X 90 Softgels (670mg Omega/Softgel)	1 softgel capsule with each meal
	1424	Biomega-500 X 90 Softgels (570mg Omega/Softgel)	1 softgel capsule with each meal
	1417	Biomega-1000 X 90 Softgels (1000mg Omega/Softgel)	1 softgel capsule with each meal
<b>Probiotics</b>	PROF	Proflora 4R X 30 Capsules (Spore based)	1 capsule with each meal
	71050 / 7900	Essential-Biotic S. BOULARDII X 60 Capsules/ S. boulardii X 60 Capsules	1 capsule 1-3 times a day
	1285	BioDoph-7 Plus X 60 Capsules (Broad Spectrum)	1 capsule twice a day
	72461	GI Flora X 90 Capsules	1-3 capsules 2-3 times a Day
<b>Amino Acids</b>	5237	Amino Sport X 180 Capsules	3 capsules 2-4 times each day
	70540	Free Aminos X 100 Vegicaps	1 or 2 caps 1-3 times daily between meals
<b>Protein Powder</b>	6431 / 6420	Pea Protein Isolate X 454g (Vanilla)/ Whey Protein Isolate (Unflavoured) X 454g	2 scoops mixed with 8 ounces of cool water
<b>Vitamin B12</b>	76560	B12 Methylcobalamin X 50 Lozenges (3000mcg B12/Lozenge)	Place 1 lozenge daily under the tongue 30 seconds before swallowing
	76570	B12 Adenosylcobalamin X 60 Vegetarian Lozenges (3000mcg B12/Lozenge)	Place 1 lozenge daily under the tongue 30 seconds before swallowing
<b>Vitamin C</b>	1152	Bio-C Plus 1000 X 100 Tablets (1000mg Vit. C/Tablet)	1 tablet each day
	LVC60	Liposomal Vitamin C X 60 Capsules (500mg Vit. C/Cap)	2 capsules per day
	70090	Magnesium Ascorbate X 100 Veg Caps (Gentle on stomach)	1-2 capsules 1-3 times daily between meals
<b>Vitamin D</b>	76580	Vitamin D3 Complete X 60 Softgels (2000IU/Softgel)	1-2 softgels each day
	1022	Bio-DK Caps X 60 Capsules (5000 IU Vit.D3)	1 capsule a day
	1012	Bio-D-Mulsion Forte X 30ml (1 Drop- 2000 IU)	2 drops each day
<b>Zinc</b>	1725	Zn-Zyme Forte X 100 Tablets (25mg Zn/Tablet)	1 tablet each day
	70290	Zinc Citrate 50mg X 60 Capsules (50mg Zinc/Capsule)	1 capsule 1-3 times daily

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