



# FUNCTIONAL MEDICINE INTERNATIONAL

*Practitioner's Preferred Supplements*

## NEUROLOGY

[www.fmihealth.com](http://www.fmihealth.com)



Welcome to Functional Medicine International (FMI), we are functional medicine practitioners who curate these selections of top-tier nutritional supplements offered on our site, we strive to empower people to lead healthier, more active lives through the power of natural healing. Our commitment is to offer premium products, expert guidance, and a welcoming atmosphere to support the success of our practitioners and their clients.

Our mission is becoming your most reliable nutraceutical partner by consistently delivering exceptional quality, safety in all our products and to provide professional services to healthcare providers and your clients.

Join our community of healthcare professionals by registering on FMI. Gain access to our extensive range of products, exclusive webinars, and professional support. Our platform is reserved for verified practitioners and healthcare professionals, as well as their referred clients. Experience the excellence of Functional Medicine International and enhance your practice today.

# One-Time Registration

- Website ([www.fmihealth.com](http://www.fmihealth.com))
- Practitioner Login > Create Account > Enter Details
- Create Password > Upload File
- Press Submit, *YOU'RE REGISTERED!*
- Check your inbox for an email from [info@fmihealth.com](mailto:info@fmihealth.com) containing your exclusive *'invite code'* (*display invite code in clinic for easy recall*)
- Share *'invite code'* with ALL patients when prescribing supplements from FMI Health. (Patient CAN NOT purchase without registering with your invite code)
- To Buy/Browse: ALWAYS Log in as a practitioner, this step ensures Your Purchases will automatically be discounted, and it opens access to 'Resources' tab.

[Register Here](#)

# NEUROLOGY DEPARTMENT

NEUROLOGY DEPARTMENT INDEX			
CATEGORIES	SKU	PRODUCT	PAGE NO.
<b>1) ADHD</b>			
	74700	200 mg of Zen X 60 Vegetarian Capsules	12
	1748	Acti-Mag Plus Powder X 202gm	17
	3015	ADHS X 120 Tablets	18
	1130	B12-2000 (with Folate and B6) X 60 Lozenges	25
	5100	B6 Phosphate X 100 Tablets	26
	1715	Basic Nine X 100 Tablets	28
	8050	Bio-Ashwagandha X 60 Capsules	33
	7800	Bio-Cyanidins X 60 Tablets	34
	1155	Bio-Trophic Plus X 90 Tablets	40
	1417	Biomega-1000 X 90 Softgel Capsules	43
	1424	Biomega-500 X 90 Softgel Capsules	44
	1431	Biomega-DHA X 90 Softgels	45
	72070	BrainStorm X 60 Tablets	50
	7810	Butyric-Cal-Mag X 60 Capsules	52
	CALM60	Calm X 60 Capsules	54
	7890	DopaTropic Powder X 132g	69
	1426	EFA-Sirt Supreme-BC X 180 Softgel Capsules	70
	1703	Fe-Zyme X 100 Tablets	73
	1724	Li-zyme Forte X 100 Tablets	88
	70240	Magnesium Citrate X 90 Vegetarian Capsules	93
	1707	Mg-Zyme X 100 Capsules	99
	75960	NAC Enhanced X 90 Tablets	103
	5205	NAC X 180 Capsules	104
	1303	OOrganik-15 X 180 Tablets	108
	1418	Optimal EFAs-BC X 120 Softgel Capsule	109
	77340	Zen Adapt X 60 Vegetarian Capsules	136
	77360	Zen Sleep X 60 Vegetarian Capsules	135
	70280	Zinc Citrate 25mg X 60 Vegetarian Capsules	137
	1725	Zn-Zyme Forte X 100 Tablets	138
	1713	Zn-Zyme X 100 Tablets	139

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# NEUROLOGY DEPARTMENT

2) Anxiety and Mood Support				
	74700	200 mg of Zen X 60 Vegetarian Capsules		12
	76430	Acetyl-Glutathione 100mg X 60 Scored Tablets		14
	1735	Aqua Mag-CI X 240ml		22
	76570	B12 Adenosylcobalamin X 60 Vegetarian Lozenges		24
	BO60	Balance Oil X 60 Softgels		27
	8050	Bio-Ashwagandha X 60 Capsules		33
	1127	Bio-Glycozyme Forte X 90 Capsules		37
	1163	Bio-Multi Plus Fe & Cu Free X 90 Tablets		39
	1203	BioDoph-3 GI X 30 Capsules		41
	1285	BioDoph-7 Plus X 60 Capsules		42
	1161	Biomulti Plus X 90 Tablets (Bio-Multi Plus )		46
	7862	BioPause-AM X 120 Capsules		47
	72070	BrainStorm X 60 Tablets		50
	BUCM100	Calcium Magnesium Butyrate X 100 Capsules		53
	CALM60	Calm X 60 Capsules		54
	1409	CLA X 60 Softgel Capsules		56
	7707	De-Stress ( Destress) X 30 Capsules		63
	PICGI	G.I. InnerCalm X 30 Stick Packs (6g each)		77
	5250	L-Tyrosine X 100 Capsules		86
	1724	Li-zyme Forte X 100 Tablets		88
	1706	Li-Zyme X 100 Tablets		89
	LVC60	Liposomal Vitamin C X 60 Capsules		92
	1178	Methylfolate Plus X 120 Tablets		97
	1707	Mg-Zyme X 100 Capsules		99
	7015	MygranX X 60 Capsules		102
	6349	Neuro-5-HTP Plus X 90 Capsules		105
	72240	Phosphatidyl Choline X 100 Softgels		111
	74820	Pregnenolone 100mg X 60 Scored Tablets		115
	74810	Pregnenolone 50mg X 60 Scored Tablets		115
	8010	SAMethylate Plus X 60 Capsules		120
	BUS60	Sodium Butyrate X 60 Capsules		123
	70320	Solution of Magnesium X 236ml		124
	70340	Super Vitamin B X 120 Vegetarian Capsules		125
	70620	Taurine 500mg X 100 Vegetarian Capsules		127
	5208	Taurine X 100 Capsules		126
	73230	TMG X 100 Vegetarian Capsules		129
	5105	V.H.P. X 90 Capsules		132
	77340	Zen Adapt X 60 Vegetarian Capsules		136
	77360	Zen Sleep X 60 Vegetarian Capsules		135

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3) Autism				
	76910	Aller-Aid L-92 X 60 Vegetarian Capsules		20
	1130	B12-2000 (with Folate and B6) X 60 Lozenges		25
	5100	B6 Phosphate X 100 Tablets		26
	1012	Bio-D-Mulsion Forte X 30ml		
	1007	Bio-D-Mulsion X 30ml		36
	1155	Bio-Trophic Plus X 90 Tablets		40
	1203	BioDoph-3 GI X 30 Capsules		41
	1285	BioDoph-7 Plus X 60 Capsules		42
	1417	Biomega-1000 X 90 Softgel Capsules		43
	1424	Biomega-500 X 90 Softgel Capsules		44
	1431	Biomega-DHA X 90 Softgels		45
	CALM60	Calm X 60 Capsules		54
	71220	Coenzyme Q10 50mg X 75 Vegetarian Capsules		57
	6001	Colon-Plus Caps X 120 Capsules		58
	2617	CoQ-Zyme 100 Plus X 60 Capsules		59
	2616	CoQ-Zyme 30 X 60 Tablets		60
	DENTLS	Dentalcidin LS X 30ml		64
	DFLOR	Dentalflora Daily Oral Probiotics X 30 Tablets		65
	74140	DIM Enhanced Delivery System X 120 Vegetarian Capsules		66
	74190	DIM Palmetto X 60 Softgels		67
	74720	DIM Vitex X 120 Veg Caps		68
	71050	Essential-Biotic SACCHAROMYCES BOULARDII X 60 Vegetarian Capsules		72
	SPM60	Fish Oil+ X 60 Softgels		74
	1179	Folate-5 Plus (with B12) X 120 Tablets		75
	72461	GI Flora X 90 Vegetarian Capsules		78
	75670	ImmunoBiotic Pro X 200 Vegetarian Capsules		81
	1207	Intenzyme Forte X 50 Tablets		83
	1281	Lactozyme X 180 Tablets		87
	70240	Magnesium Citrate X 90 Vegetarian Capsules		93
	70740	Magnesium Malate Forte X 120 Vegetarian Tablets		94
	1707	Mg-Zyme X 100 Capsules		99
	75960	NAC Enhanced X 90 Tablets		103
	5205	NAC X 180 Capsules		104
	1303	OOrganik-15 X 180 Tablets		108
	PROF	Proflora 4R X 30 Capsules		116
	70390	Pyridoxine P5P X 60 Veg Caps		118
	76530	QuatreActiv Folate X 90 Vegetarian Capsules		119
	7900	Saccharomyces boulardii X 60 Capsules		
	70320	Solution of Magnesium X 236ml		124
	76580	Vitamin D3 Complete X 60 Veggie Softgels		134

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# NEUROLOGY DEPARTMENT

4) Brain Support			
	74700	200 mg of Zen X 60 Vegetarian Capsules	12
	76430	Acetyl-Glutathione 100mg X 60 Scored Tablets	14
	76330	ALA Release X 60 Vegetarian Tablets	19
	78340	Astaxanthin 12mg X 60 Softgels	23
	76570	B12 Adenosylcobalamin X 60 Vegetarian Lozenges	24
	1417	Biomega-1000 X 90 Softgel Capsules	43
	1431	Biomega-DHA X 90 Softgels	45
	PC60	BodyBio PC (Phosphatidylcholine) X 60 Softgels	48
	77160	Boron Joint with CurcuWIN X 90 Vegetarian Capsules	49
	72070	BrainStorm X 60 Tablets	50
	70220	ButyrEn X 100 Delayed-release Vegetarian Capsules	51
	BUCM100	Calcium Magnesium Butyrate X 100 Capsules	53
	77290	CurcuWIN 500 X 60 Vegetarian Capsules	62
	7450	EGCG-200mg x 60 Capsules	71
	SPM60	Fish Oil+ X 60 Softgels	74
	70540	Free Aminos X 100 Vegicaps	76
	1452	Inositol (from rice) X 200 Tablets	82
	5250	L-Tyrosine X 100 Capsules	86
	75120	LipoPhos EDTA X 60ml	91
	7750	Melatonin-B6/Mg X 60 Tablets	96
	1178	Methylfolate Plus X 120 Tablets	97
	78270	Mitochondrial Cofactors X 90 Vegetarian Capsules	100
	7015	MygranX X 60 Capsules	102
	5205	NAC X 180 Capsules	104
	6349	Neuro-5-HTP Plus X 90 Capsules	105
	76870	Nrf2 Renew X 120 Vegetarian Capsules	106
	1291	Nuclezyme-Forte X 90 Capsules	107
	1418	Optimal EFAs-BC X 120 Softgel Capsule	109
	72240	Phosphatidyl Choline X 100 Softgels	111
	1410	Phosphatidylcholine X 100 Softgel Capsules	112
	1430	Phosphatidylserine X 90 Capsules	113
	74820	Pregnenolone 100mg X 60 Scored Tablets	115
	77270	Pycnogenol 100 X 30 Vegetarian Capsules	117
	76530	QuatreActiv Folate X 90 Vegetarian Capsules	119
	8010	SAMethylate Plus X 60 Capsules	120
	BUS60	Sodium Butyrate X 60 Capsules	123
	70340	Super Vitamin B X 120 Vegetarian Capsules	125
	76750	Tocomin SupraBio Tocotrienols 200mg X 60 Softgels	130
	TU60	TUDCA X 60 Capsules	131
	77340	Zen Adapt X 60 Vegetarian Capsules	136
	77360	Zen Sleep X 60 Vegetarian Capsules	135

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5) Depression			
	5204	5-HTP X 150 Capsules	13
	5206	Acetyl-L-Carnitine X 90 Capsules	15
	1748	Acti-Mag Plus Powder X 202gm	17
	3015	ADHS X 120 Tablets	18
	5237	Amino Sport X 180 Capsules	21
	5100	B6 Phosphate X 100 Tablets	26
	1210	Beta Plus X 90 Tablets	29
	1215	Beta-TCP X 90 Tablets	30
	1019	Bio-ADEK-Mulsion X 30mL	31
	1012	Bio-D-Mulsion Forte X 30ml	35
	1007	Bio-D-Mulsion X 30ml	36
	1417	Biomega-1000 X 90 Softgel Capsules	43
	1424	Biomega-500 X 90 Softgel Capsules	44
	1431	Biomega-DHA X 90 Softgels	45
	CALM60	Calm X 60 Capsules	54
	8012	CurcumRx X 60 Capsules	61
	77290	CurcuWIN 500 X 60 Vegetarian Capsules	62
	7707	De-Stress ( Destress) X 30 Capsules	63
	SPM60	Fish Oil+ X 60 Sofgels	74
	1262	Hydro-Zyme X 90 Tablets	80
	1737	Iodizyme-HP X120 Tablets	84
	6308	MCS-2 X 90 Capsules	95
	1178	Methylfolate Plus X 120 Tablets	97
	75960	NAC Enhanced X 90 Tablets	103
	5205	NAC X 180 Capsules	104
	1410	Phosphatidylcholine X 100 Softgel Capsules	112
	1430	Phosphatidylserine X 90 Capsules	113
	8010	SAMethylate Plus X 60 Capsules	120
	70340	Super Vitamin B X 120 Vegetarian Capsules	125
	76580	Vitamin D3 Complete X 60 Veggie Softgels	134

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# NEUROLOGY DEPARTMENT

6) Epilepsy			
	5206	Acetyl-L-Carnitine X 90 Capsules	15
	76330	ALA Release X 60 Vegetarian Tablets	19
	5100	B6 Phosphate X 100 Tablets	26
	1012	Bio-D-Mulsion Forte X 30ml	35
	1007	Bio-D-Mulsion X 30ml	36
	1127	Bio-Glycozyme Forte X 90 Capsules	37
	1421	Bio-MCT Liquid X 480ml	38
	1417	Biomega-1000 X 90 Softgel Capsules	43
	1424	Biomega-500 X 90 Softgel Capsules	44
	1431	Biomega-DHA X 90 Softgels	45
	BUCM100	Calcium Magnesium Butyrate X 100 Capsules	53
	2617	CoQ-Zyme 100 Plus X 60 Capsules	59
	2616	CoQ-Zyme 30 X 60 Tablets	60
	8012	CurcumRx X 60 Capsules	61
	77290	CurcuWIN 500 X 60 Vegetarian Capsules	62
	7707	De-Stress ( Destress) X 30 Capsules	63
	1426	EFA-Sirt Supreme-BC X 180 Softgel Capsules	70
	SPM60	Fish Oil+ X 60 Sofgels	74
	1230	HCl-Plus X 90 Tablets	79
	5199	Lipoic Acid Plus X 90 Capsules	90
	70240	Magnesium Citrate X 90 Vegetarian Capsules	93
	70740	Magnesium Malate Forte X 120 Vegetarian Tablets	94
	7750	Melatonin-B6/Mg X 60 Tablets	96
	1714	Mn-Zyme X 100 Tablets	101
	70390	Pyridoxine P5P X 60 Veg Caps	118
	70320	Solution of Magnesium X 236ml	124
	70620	Taurine 500mg X 100 Vegetarian Capsules	127
	5208	Taurine X 100 Capsules	126
	76580	Vitamin D3 Complete X 60 Veggie Softgels	134
	70290	Zinc Citrate 50mg X 60 Vegetarian Capsules	137
	1725	Zn-Zyme Forte X 100 Tablets	138

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# NEUROLOGY DEPARTMENT

7) Memory Loss			
	1748	Acti-Mag Plus Powder X 202gm	17
	1130	B12-2000 (with Folate and B6) X 60 Lozenges	25
	5100	B6 Phosphate X 100 Tablets	26
	1012	Bio-D-Mulsion Forte X 30ml	35
	1007	Bio-D-Mulsion X 30ml	36
	1417	Biomega-1000 X 90 Softgel Capsules	43
	1424	Biomega-500 X 90 Softgel Capsules	44
	1431	Biomega-DHA X 90 Softgels	45
	CALM60	Calm X 60 Capsules	54
	8012	CurcumRx X 60 Capsules	61
	77290	CurcuWIN 500 X 60 Vegetarian Capsules	62
	7890	DopaTropic Powder X 132g	69
	7450	EGCG-200mg x 60 CapsulesX	71
	SPM60	Fish Oil+ X 60 Softgels	74
	1179	Folate-5 Plus (with B12) X 120 Tablets	75
	70240	Magnesium Citrate X 90 Vegetarian Capsules	93
	1707	Mg-Zyme X 100 Capsules	99
	1291	Nuclezyme-Forte X 90 Capsules	107
	1430	Phosphatidylserine X 90 Capsules	113
	3202	Porphyra-Zyme X 90 Tablets	114
	70390	Pyridoxine P5P X 60 Veg Caps	118
	76530	QuatreActiv Folate X 90 Vegetarian Capsules	119
	70340	Super Vitamin B X 120 Vegetarian Capsules	125
	2924	VasculoSirt X 150 Capsules	133
	76580	Vitamin D3 Complete X 60 Veggie Softgels	134
	1725	Zn-Zyme Forte X 100 Tablets	138
	1713	Zn-Zyme X 100 Tablets	139
8) Memory Loss (Short Term)			
	1130	B12-2000 (with Folate and B6) X 60 Lozenges	25
	1155	Bio-Trophic Plus X 90 Tablets	40
	1291	Nuclezyme-Forte X 90 Capsules	107
	1430	Phosphatidylserine X 90 Capsules	113
	3202	Porphyra-Zyme X 90 Tablets	114
	2924	VasculoSirt X 150 Capsules	133

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# NEUROLOGY DEPARTMENT

9) Nerve Pain			
	70660	Acetyl-L-Carnitine 500mg X 100 Vegetarian	16
	76330	ALA Release X 60 Vegetarian Tablets	19
	7857	Bio-Allay X 120 Capsules	32
	1012	Bio-D-Mulsion Forte X 30ml	35
	1417	Biomega-1000 X 90 Softgel Capsules	43
	7818	ChondroSamine-S X 90 Capsules	55
	77290	CurcuWIN 500 X 60 Vegetarian Capsules	62
	1426	EFA-Sirt Supreme-BC X 180 Softgel Capsules	70
	1207	Intenzyme Forte X 50 Tablets	83
	7855	KappArest X 180 Capsules	85
	5199	Lipoic Acid Plus X 90 Capsules	90
	70240	Magnesium Citrate X 90 Vegetarian Capsules	93
	1418	Optimal EFAs-BC X 120 Softgel Capsule	109
	1502	Osteo-B II X 180 Tablets	110
	70390	Pyridoxine P5P X 60 Veg Caps	118
	1125	Thiamin-50 X 90 Capsules	128
10) Peripheral Neuropathy			
	70660	Acetyl-L-Carnitine 500mg X 100 Vegetarian	16
	1748	Acti-Mag Plus Powder X 202gm	17
	76330	ALA Release X 60 Vegetarian Tablets	19
	1130	B12-2000 (with Folate and B6) X 60 Lozenges	25
	5100	B6 Phosphate X 100 Tablets	26
	77290	CurcuWIN 500 X 60 Vegetarian Capsules	62
	1426	EFA-Sirt Supreme-BC X 180 Softgel Capsules	70
	1207	Intenzyme Forte X 50 Tablets	83
	1737	Iodizyme-HP X120 Tablets	84
	5199	Lipoic Acid Plus X 90 Capsules	90
	70240	Magnesium Citrate X 90 Vegetarian Capsules	93
	1742	Mg-Orotate 500 X 90 Capsules	98
	1418	Optimal EFAs-BC X 120 Softgel Capsule	109
	3202	Porphyra-Zyme X 90 Tablets	114
	70390	Pyridoxine P5P X 60 Veg Caps	118
	1727	Se-Zyme Forte X 100 Tablets	121
	1275	Selenomethionine X 90 Capsules	122
	1125	Thiamin-50 X 90 Capsules	128
	2924	VasculoSirt X 150 Capsules	133


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## 200 mg of Zen

Best Seller

Calmness Support Day or Night\*

 Hypoallergenic

**Item #74700**

60 vegetarian capsules

**Item #76650**

120 vegetarian capsules

200 mg of Zen offers a unique and natural path to calmness, day or night.\* This formula contains a combination of L-theanine and GABA. L-theanine is found

in green tea (*Camellia sinensis*) and has been shown to support the production of alpha-wave activity in the brain.\*

### Suggested Use

As a dietary supplement, 1 or 2 capsules daily between meals, or as directed by a healthcare practitioner.

**WARNING:** If taking antidepressants or other psychotropic medications, use only under the supervision of a qualified healthcare practitioner. Although we are not aware of any interactions, because these also affect brain function there is theoretical potential for negative or positive interactions, either of which would need to be monitored.

Serving Size: 2 Capsules  
Servings Per Container:  
30 (Item #74700), 60 (Item #76650)

*Suntheanine*<sup>®</sup>

**Amount Per Serving:**

GABA (Gamma-Aminobutyric Acid) . . . . .	550 mg
L-Theanine . . . . .	200 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.	

Contains Suntheanine<sup>®</sup>, pure L-theanine from Taiyo International, Inc.

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# 5-HTP



Product # 5204 (150C) | CNS Support/Mood/Anxiety

This product supplies 50 mg L-5-Hydroxy-Tryptophan (5-HTP) per one-capsule serving. **5-HTP** is the precursor to serotonin, a key neurotransmitter in the body. This product also contains the antioxidant enzymes superoxide dismutase (SOD) and catalase, both from biologically grown active cultures.

**Recommendation:** One (1) capsule one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>	
<b>Serving Size: 1 Capsule</b>	
	<b>Amount Per Serving</b>
L-5-Hydroxy-Tryptophan	50 mg*
Superoxide Dismutase (from vegetable culture†)	45 mcg*
Catalase (from vegetable culture†)	45 mcg*
<b>* Daily Value not established</b>	

**Other ingredients:** Capsule shell (gelatin and water).

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.




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## Acetyl-Glutathione 100 mg

Best Seller

Replenish Intracellular Glutathione\*

 Hypoallergenic

Item #76430

60 scored tablets

Acetyl-Glutathione 100 mg is a novel oral acetyl-glutathione formulation that is stable in the stomach and gastrointestinal tract, well-absorbed, and able to enter the cells directly

and present to the cytosol for mitochondrial entry.\* Acetyl-Glutathione 100 mg uses pure Emothion® glutathione as the starting material.\*\*

### Suggested Use

As a dietary supplement, 1 tablet two times daily on an empty stomach, or as directed by a healthcare professional.

Serving Size: 1 scored tablet  
Servings Per Container: 60



#### Amount per serving:

S-Acetyl-L-Glutathione . . . . . 100 mg  
Other ingredients: Microcrystalline cellulose, Micosolle®, calcium phosphate, sodium starch glycolate, vegetable magnesium stearate.

\*\*Emothion™ is a trademark of Gnosis SPA.

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# Acetyl-L-Carnitine

Product # 5206 (90C) | Neuroprotectant & Metabolic Support



**Acetyl-L-Carnitine** (ALC) is found throughout the central nervous system (CNS) metabolism, and offers a source of acetyl groups for the synthesis of acetylcholine, an important neurotransmitter. Thereby, it functions in helping to support healthy brain function.\*

**Recommendation:** One (1) capsule one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Acetyl-L-Carnitine hydrochloride	500 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water).




Each capsule supplies 500 mg of Acetyl-L-Carnitine. Acetyl-L-Carnitine (ALC) is an ester of the trimethylated amino acid L-carnitine and is synthesized in the brain, liver, and kidneys by the enzyme ALC transferase. ALC facilitates the uptake of acetyl CoA into the mitochondria during fatty oxidation, enhances acetylcholine production, and stimulates protein and membrane phospholipid synthesis. It has been found to be beneficial with geriatric depression, dementia, HIV infection, diabetic neuropathies, alcoholism, ischemia, and as a component of anti-aging protocols. 1–2 capsules, 3 times a day. Product is not recommended during pregnancy or lactation.

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# Acetyl-L-Carnitine

## Metabolism and Energy Support\*

 Hypoallergenic

**Item #70650 (250 mg)**  
60 vegetarian capsules

**Item #70660 (500 mg)**  
100 vegetarian capsules



The acetyl derivative of L-carnitine. Acetyl-L-carnitine is involved in the metabolism of protein, carbohydrates, and fats, as well as the conversion of fats into energy.\* Acetyl-L-carnitine crosses the blood brain barrier more readily than L-carnitine. It has antioxidant properties, and supports glutathione and CoQ10 levels.\* Free form amino acid, high purity, well-tolerated.

### Suggested Use

As a dietary supplement, 1 or 2 capsules two or three times daily, or as directed by a health practitioner.

Serving Size: 2 capsules  
Servings Per Container: 30 (Item #70650)

#### Amount Per Serving:

Acetyl-L-Carnitine (as Hydrochloride) . . . . . 500 mg  
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

Serving Size: 2 capsules  
Servings Per Container: 50 (Item #70660)

#### Amount Per Serving:

Acetyl-L-Carnitine (as Hydrochloride) . . . . . 1 g  
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, L-leucine.

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# Acti-Mag Plus

## Powdered Magnesium Formula

Acti-Mag Plus™ is a magnesium formulation specifically designed to support the body's natural relaxation response and optimize energy levels. A serving of Acti-Mag Plus provides 400 mg of easily absorbed magnesium combined with key nutrients such as taurine, beetroot juice, B-vitamins and bamboo extract (a rich source of organic silica).



SKU #1748  
(202 g)

### BENEFITS



Optimizes stress response



Pleasant berry flavour



Provides digestion support



Absorbable magnesium form



Supports bone health



Enhances energy levels



Optimize blood sugar level



Supports cardiovascular health

### INDICATION

- Magnesium deficiency
- Cardiovascular health
- Acid-alkaline balance
- Metabolism of carbohydrates, fats & amino acids
- Mineral support
- Neuromuscular support
- Bone mineralisation
- Reflux support
- Female hormone support
- Memory & brain support
- Hormonal support

### SUGGESTED USE

One (1) scoop mixed with six (6) ounces of water, or beverage of your choice, each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 5g (approx. 1 scoop)  
Servings Per Container: 40

	Amount Per Serving	% Daily Value
Thiamin (as cocarboxylase chloride)	1.1 mg	92%
Riboflavin (as riboflavin-5-phosphate)	1.4 mg	108%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxal-5-phosphate)	1.4 mg	82%
Folate (as calcium methylfolate)	200 mcg DFE	50%
Pantothenic acid (as-D-calcium pantothenate)	6 mg	120%
Magnesium (from magnesium glycerophosphate)	400 mg	95%
Organic beet juice (Beta vulgaris)(whole)	425 mg	*
Bamboo (shoot)(extract)	200 mg	*
Taurine	200 mg	*

\*Daily Value not established

Other ingredients: Citric acid, natural flavors and organic Stevia rebaudiana leaf extract.

This product is gluten and dairy free.

# ADHS®

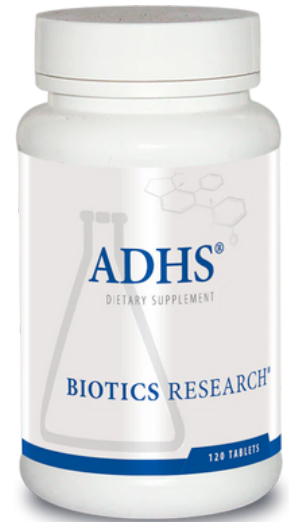
Product # 3015 (120T) # 3020 (240T) | Adaptogenic Adrenal Formula



ADHS® is an adaptogenic adrenal formulation designed to support normal cortisol levels.\* It features a comprehensive blend of supportive vitamins, minerals and herbal adaptogens. ADHS® contains no glandular material and is appropriate for vegetarians.

Supplement Facts			
Serving Size: 2 Tablets			
Serving per Container: 60			
	Amount Per Serving	% Daily Value	
Vitamin C (as ascorbic acid)	100 mg	111%	Lithium (from vegetable culture <sup>1</sup> )
Vitamin E (as d-alpha tocopheryl acetate)	20 mg	133%	L-Tyrosine
Thiamin (B1)(as thiamin mononitrate)	2 mg	167%	Achyranthese ( <i>Achyranthes bidentata</i> )(root)(extract)
Riboflavin (B2)	2 mg	154%	Damiana ( <i>Turnera diffusa</i> )(leaf)(extract)
Niacin (as niacinamide)	12 mg	75%	Gotu Kola ( <i>Centella asiatica</i> )(herb)(extract)
Vitamin B6 (as pyridoxal-5-phosphate and pyridoxine HCl)	4 mg	235%	Sichuan Teasel ( <i>Dipsacus asper</i> )(root) (extract)
Pantothenic acid (as calcium pantothenate)	30 mg	600%	Asiatic Dogwood ( <i>Cornus officinalis</i> )(fruit)(extract)
Zinc (as zinc gluconate)	5 mg	45%	Holy Basil ( <i>Ocimum sanctum</i> )(leaf)(extract)
Copper (as copper gluconate)	0.5 mg	56%	Schisandra ( <i>Schisandra chinensis</i> )(fruit)(extract)
Manganese (as manganese gluconate)	1.5 mg	65%	Indian Tinospora ( <i>Tinospora cordifolia</i> (stem & root)(extract)
Proprietary Blend	513 mg		Rubidium (from vegetable culture <sup>1</sup> )

\* Daily Value not established



Other Ingredients: Stearic acid (vegetable source), silica, modified cellulose gum, food glaze, and magnesium stearate (vegetable source).

<sup>1</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing **Phytochemically-Bound Trace Elements™** and other phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Recommendation:** Two (2) tablets one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

Designed by Dr. Gary Lasneski. Product contains vitamins, minerals, and herbs (product contains no glandular material), known to support normal adrenal function. Preliminary studies using the salivary adrenal stress test (ASI) indicate that A.D.H.S. is often effective as a supplement to increase DHEA while helping to normalize an increased or decreased cortisol level. Consider A.D.H.S. with adrenal cortical hyperfunction (increased cortisol), hypertension due to adrenal hyperfunction, dysinsulinism (Syndrome-X/Metabolic Syndrome), and other cases where cortical hyperfunction is known or suspected. Suggest 2–3 tablets, twice a day with breakfast and lunch. Pregnant or lactating women should not use this product.

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## ALA Release

Lipoic Complex

**Item #76330**

**60 tablets**

An alpha-lipoic acid complex, containing alpha-lipoic acid, R-alpha-lipoic acid, biotin, and calcium.

### Suggested Use

As a dietary supplement, 1 tablet one or two times daily with food, or as directed by a healthcare professional.

**WARNING:** Alpha-lipoic acid may lower blood glucose levels; those with diabetes or related conditions should monitor blood glucose levels. Pregnant or breast-feeding women, those with thiamine deficiency or thyroid disease, and children should use alpha-lipoic acid only under the supervision of a healthcare professional.

Serving Size: 1 tablet

Servings Per Container: 60

#### Amount Per Serving:

Biotin (as d-Biotin) . . . . . 1 mg

Calcium (as Calcium Sulfate) . . . . . 60 mg

Alpha-Lipoic Acid. . . . . 270 mg

R-alpha-Lipoic Acid (as R-alpha Lipoic Acid sodium salt) . . . . . 30 mg

Other ingredients: Magnesium stearate, cellulose, magnesium trisilicate, silica, cellulose and glycerin coating, stearic acid, vegetable glaze.

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## Aller-Aid™ L-92® New Product

with *L. acidophilus* L-92®

**Item #76910**  
**60 vegetarian capsules**

Contains *Lactobacillus acidophilus* L-92®, a sterilized immunobiotic dry cell powder which helps balance Th1/Th2 and other immune cytokines.\* Enhanced with boswellia, luteolin, and non-GMO vitamin C.\*

### Suggested Use

As a dietary supplement, 1 capsule two times daily, or as directed by a healthcare professional.

Serving Size: 1 capsule  
Servings Per Container: 60

**Amount per serving:**

Vitamin C (as Ascorbic Acid) . . . . .	250 mg
Indian Frankincense Gum ( <i>Boswellia serrata</i> ) Extract (Standardized to 65% Boswellic Acid) . . . . .	265 mg
Luteolin. . . . .	100 mg
<i>Lactobacillus acidophilus</i> L-92® . . . . .	11 mg
Other ingredients: Hydroxypropyl methylcellulose, L-leucine.	

L-92® is a trademark of Asahi Calpis Wellness Co., Ltd., Tokyo, Japan.



**Boswellia**, also called Frankincense, has been used in Africa and India for hundreds of years. Studies show the active boswellic acids have multiple activities in the immune system, and in particular can help balance Th1/Th2, especially when Th2 is overactive and Th1 activity is dampened.\* Other active components in Boswellia include limonene and lauric acid.

*Ingredient found in Aller-Aid™ L-92®*

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# Amino Sport™

Product # 5237 (180C) | Broad-Spectrum Amino Acids

**Amino Sport™** is a broad-spectrum amino acid formula. It is useful for supporting muscular development, as part of a rehabilitation program or when broad-spectrum amino acid replacement is needed such as with low protein diets. †

**Recommendation:** Three (3) capsules two (2) to four (4) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

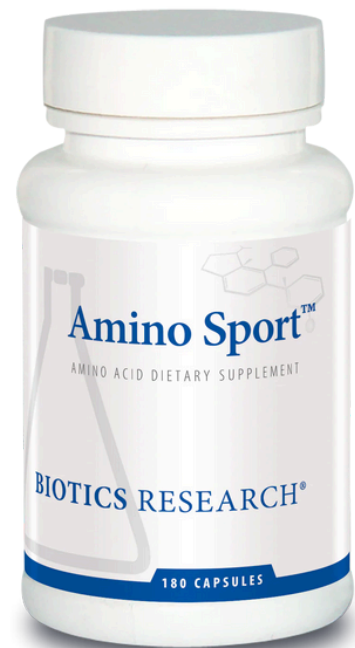
Supplement Facts					
Serving Size: 3 Capsules					
Serving per Container: 60					
	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Calories	5		L-Arginine (HCl)	73 mg	*
Calories from Fat	0		L-Ornithine (HCl)	70 mg	*
Protein	1 g	2%†	L-Alanine	68 mg	*
L-Glutamic Acid	218 mg	*	L-Serine	63 mg	*
L-Phenylalanine	171 mg	*	L-Cysteine	42 mg	*
L-Leucine	134 mg	*	L-Tyrosine	38 mg	*
L-Aspartic Acid	131 mg	*	Glycine	25 mg	*
L-Lysine	114 mg	*	L-Histidine	19 mg	*
L-Threonine	93 mg	*	L-Tryptophan	18 mg	*
L-Isoleucine	89 mg	*	L-Asparagine	4.5 mg	*
L-Proline	81 mg	*	L-Citrulline	4.5 mg	*
L-Valine	79 mg	*	Lactase	3 mg	*
L-Methionine	77 mg	*			

† Percent Daily Values based on a 2,000 calorie diet  
\* Daily Value not established

**Other ingredients:** Whey hydrolysate, capsule shell (gelatin and water), L-Phenylalanine, L-Ornithine hydrochloride, L-Arginine hydrochloride, L-Methionine, L-Asparagine, L-Citrulline and lactase.

Contains ingredients derived from milk.

**Amino Sport™** contains a small amount (approximately 10 mg) of lactose from whey. A sufficient amount of lactase has been added to support lactose digestion.



An amino acid formulation designed to create an anabolic state. Useful for bodybuilding and rehabilitation. Product can also be used as a broad-spectrum amino acid formula. 1-4 capsules, 3 times a day just before meals.

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# Aqua Mag-Cl™

Product # 1735 (8 fl oz) | Liquid Magnesium



**Aqua Mag-Cl™** is a liquid magnesium chloride supplement, supplying 200 mg of magnesium per teaspoon.

**Recommendation:** One (1) teaspoon mixed with eight (8) ounces of water, or beverage of your choice, each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Use only as recommended. Magnesium chloride is generally well tolerated. Most side effects are due to toxicity (hypermagnesemia). Mild hypermagnesemia is generally well tolerated, but severe hypermagnesemia can affect the nervous and cardiovascular system. Therefore, magnesium chloride may be contraindicated in patients with renal impairment or marked myocardial disease.

## Supplement Facts

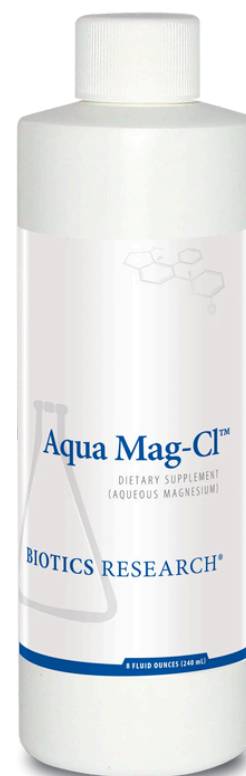
Serving Size: 1 teaspoon (5 mL)

Servings Per Container: 48

	Amount Per Serving	% Daily Value
Magnesium (as magnesium chloride)	200 mg	48%

\* Daily Value not established

Other ingredients: Water and potassium sorbate.



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SKU 78340

# Astaxanthin 12 mg

**SUPPORT FOR SKIN AND EYES\***

## Astaxanthin Supplement

AstaZine® astaxanthin is derived from the organic microalgae *Haematococcus pluvialis*, grown under sunlight in controlled conditions. Astaxanthin has been shown to benefit the brain, eyes, muscles, skin, heart, blood vessels, and internal organs. Each softgel contains 12 mg of astaxanthin.

### Supplement Facts

Serving Size	1 Softgel
Servings Per Container	60
Amount Per Serving	% Daily Value
Astaxanthin	12 mg †
† Daily Value not established.	

Other ingredients: Safflower Oil, Vitamin E (sunflower), Bovine Gelatin, Vegetable Glycerin, Water, Medium Chain Triglycerides.



**AstaZine®**

AstaZine® is a registered trademark of BGG.

Formulated exclusively for Allergy Research Group®  
Salt Lake City, UT 84101  
Phone: 800.545.9960



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# B12 Adenosylcobalamin

3000 µg with Folic Acid

**Item #76570**

60 vegetarian lozenges

Coenzyme vitamin B12 in the form of adenosylcobalamin, also known as dibenzocozide. This is the active form of vitamin B12 used by the mitochondria, the energy powerhouse in each cell.\* With folic acid.

## Suggested Use

As a dietary supplement, adults place 1 lozenge daily under the tongue 30 seconds before swallowing, or as directed by a healthcare professional.

Serving Size: 1 lozenge  
 Servings Per Container: 60

### Amount per serving:

Folic acid . . . . . 200 µg  
 Vitamin B12 (as Adenosylcobalamin). . . . . 3000 µg  
 Other ingredients: Sorbitol, stearic acid, cellulose, silica, magnesium stearate, croscarmellose sodium.

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# B12-2000 Lozenges

## X 60 Lozenges

Each B12-2000™ pleasant tasting lozenge supplies a high potency level of vitamins B12, folate, and B6. B12-2000™ Lozenges are especially important for women who are pregnant, or who are wishing to become pregnant, as they contain highly beneficial levels of folate.



SKU # 1130  
(60 Lozenges)

### BENEFITS



Vitamin Support



Antioxidant Properties



Dairy free



Gluten free

### INDICATION

- Anemia (Increased MCV/MCH)
- Chronic Fatigue
- Homocystinuria
- Low serum uric acid
- Chronic debilitating Problem
- Diabetes
- Neuro-muscular Disorders

### SUGGESTED USE

Recommendation: One (1) lozenge each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	118%
Folate (as calcium folinate)	800 mcg DFE	200%
Vitamin B12 (as hydroxocobalamin)	2,000 mcg	83,333%

**Other ingredients:** Sorbitol, mannitol, stearic acid (vegetable source), magnesium stearate (vegetable source) and natural flavor.

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) lozenge each day as a dietary supplement or as otherwise directed by a healthcare professional.

#### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1130 Rev. 04/18

# B6 Phosphate



Product # 5100 (100T) | Phosphorylated B Vitamin

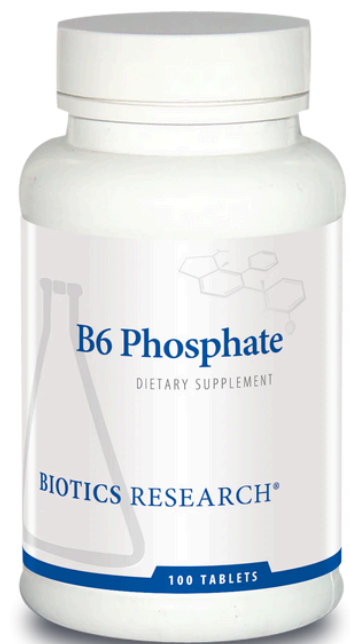
**B6 Phosphate** supplies the biologically active form of vitamin B6, pyridoxal-5-phosphate, in combination with the antioxidant compounds superoxide dismutase (SOD) and catalase. Vitamin B6 is important for proper immune function, metabolism, and cardiovascular health (necessary for healthy homocysteine levels).<sup>†</sup>

**Recommendation:** One (1) tablet one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Vitamin B6 (as pyridoxal-5-phosphate)	20 mg	1,176%
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	20 mcg	*
Catalase (from vegetable culture <sup>†</sup> )	20 mcg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Biologically active form of vitamin B-6 (16 mg per tablet) in a vegetable culture base. Use with carpal tunnel syndrome, joint pain, trigger finger (use with raw pecans), homocystinuria, sensitivity to bright light, burning or tingling in the extremities, inability to recall dreams, decreased liver enzymes, increased C-reactive protein, vitamin B-6 anemia (normal serum iron and/or ferritin with a decreased MCV/MCH), and sensitivity to MSG. Vitamin B-6 is a synergist to magnesium and zinc. 2–4 tablets, 3 times a day with meals. Do not exceed 25 mg per day during pregnancy/lactation.

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## BodyBio Balance Oil

Item#: **BO16** (16 oz. liquid)

Item#: **BO60** (60 softgels)

Item#: **BO180** (180 softgels)

BodyBio Balance Oil is the perfect blend of the essential fatty acids, omega-6, and omega-3 to give the brain a boost, improve digestive health, support immunity, liver function, and cardiovascular activity.\*

In general, we consume too much omega-6 in our diets, and not enough omega-3, but, the truth is, we need both linoleic acid and linolenic acid for optimal health and for the development of our body's inflammatory response. Creating a balanced ratio, and ensuring the oils remain in their pure state is key.

### Why BodyBio Balance Oil?

Most oils are heated and processed, rendering them toxic and inflammatory. We use low temperature, expeller-pressed technology to protect the delicate alpha-linolenic acid (organic flaxseed) and linoleic acid (organic, unrefined safflower). This process guarantees the highest quality nutrients can be easily absorbed in the body. These essential nutrients play critical roles in multiple biological processes, including regulating the structure and function of cell membranes, intracellular signaling, and gene expression.\*

### SUPPLEMENT FACTS

Serving Size: 1/2 Teaspoon  
Serving Per Container: 182

AMOUNT PER SERVING	% DAILY VALUE*	
Calories 20		
Total Fat	2.3 g	4%
Linoleic Acid	1400 mg	†
Linolenic Acid	350 mg	†

\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value Not Established

**Ingredients:** Organic unrefined safflower seed oil, organic flax seed oil.

**Shake well.** Do not heat and refrigerate after opening. Can be frozen to extend life. Should be consumed within 12 weeks of opening. Do not use if safety seal is broken.

### SUPPLEMENT FACTS

Serving Size: 2 softgels  
Serving Per Container: 30 (60 ct.),  
90 (180 ct.);

AMOUNT PER SERVING	% DAILY VALUE*	
Calories 24		
Total Fat	2.6 g	4%
Linoleic (Omega 6)	1400 mg	†
Linolenic (Omega 3)	350 mg	†

\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value Not Established

**Ingredients:** Safflower oil, flaxseed oil, gelatin, glycerin, and water.

**Suggested use:** Take 2 softgels daily, with food or as recommended by your HCP.

Keep closed in a dry place. Keep out of reach of children. Do not use if safety seal is broken.



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**Basic Nine™** is a blend of trace minerals needed in small quantities for optimal human health. Typically left out of the conversation, these minerals, like those more commonly focused on, are lacking in the average diet. **Basic Nine™** provides each of these minerals in a phytochemically-bound form. Additionally, it includes the antioxidant enzymes SOD and catalase. For those looking to optimize their nutritional support to the minute level, this group of minerals is an ideal choice.

**Recommendation:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Selenium (from vegetable culture <sup>†</sup> )	5 mcg	9%
Chromium (from vegetable culture <sup>†</sup> )	25 mcg	71%
Molybdenum (from vegetable culture <sup>†</sup> )	10 mcg	22%
Lithium (from vegetable culture <sup>†</sup> )	10 mcg	*
Rubidium (from vegetable culture <sup>†</sup> )	15 mcg	*
Germanium (from vegetable culture <sup>†</sup> )	30 mcg	*
Vanadium (from vegetable culture <sup>†</sup> )	5 mcg	*
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	10 mcg	*
Catalase (from vegetable culture <sup>†</sup> )	10 mcg	*

\* Daily Value not established

**Other ingredients:** Cellulose, food glaze, sugarcane fiber (Saccharum officinarum), stearic acid (vegetable source) and magnesium stearate (vegetable source).

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing **Phytochemically-Bound Trace Elements™** and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



A trace element formula containing trace elements obtained from vegetable culture and raw sugar cane shoots. Contains chromium, rubidium, lithium, molybdenum, selenium, vanadium, silicon, SOD, and catalase. In 2011, germanium was reintroduced into the product. Germanium is an excellent oxygen catalyst, antioxidant, and immune enhancer, especially with free radical problems. Use with long-term debilitating conditions, glandular hyperfunction and hypofunction, with malabsorption, use of distilled water, and where one or more of the trace elements is found to be insufficient on a trace mineral analysis. 1–2 tablets, 3 times a day before meals.

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# Beta Plus

## X 90 Tablets

Beta Plus serves as a rich source of bile salts, digestive enzymes, organic beet concentrate, as well as SOD (superoxide dismutase) and catalase. This formulation is particularly relevant in cases where the gallbladder has been removed, or in situations where additional bile salts may prove beneficial for digestive support.



SKU  
#1210

### BENEFITS



Dairy free



Gluten free

### INDICATION

- Gall bladder Dysfunction
- Constipation
- Biliary insufficiency  
(light coloured stools Kya)
- Diuresis

### SUGGESTED USE

Recommendation: One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Ox Bile Extract	100 mg	*
Pancrelipase (porcine)	50 mg	*
Organic Beet Concentrate** (Beta vulgaris) (whole)	100 mg	*
Superoxide Dismutase (from vegetable culture †)	20 mcg	*
Catalase (from vegetable culture †)	20 mcg	*

\* Daily Value not established

**Other ingredients:** Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

\*\* Whole beet concentrate from certified organically grown beets.

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

#### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1210 Rev. 9/18

# Beta-TCP™



Product # 1215 (90T) # 1216 (180T) | Digestive/Biliary Support

**Beta-TCP™** contains both digestive and antioxidant enzymes (vitamin C), along with taurine and organic beet concentrate. It is designed to help support healthy bile flow and the normal conversion of bile acid to cholesterol.

**Recommendation:** One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Vitamin C (ascorbic acid)	60 mg	67%
Taurine	100 mg	*
Pancrelipase (porcine)	50 mg	*
Organic Beet Concentrate** ( <i>Beta vulgaris</i> ) (whole)	100 mg	*
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	20 mcg	*
Catalase (from vegetable culture <sup>†</sup> )	20 mcg	*

\* Daily Value not established

**Other ingredients:** Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

\*\* Whole beet concentrate from certified organically grown beets.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



This product is the same as Beta-Plus except it does not contain bile salts but does contain vitamin C, taurine, and pancrelipase (all known to assist with cholesterol-to-bile acid conversion). Use with biliary stasis where there is no constipation or light-colored stools and the gallbladder has not been removed. Subjective indications for use include: pain over the eyes, pain when pressure is applied to the webbing between the right thumb and forefinger, pain between the shoulder blades, gas, bloating, inability to tolerate fats or fried foods, or a history of gallbladder attacks where stones were detected or suspected. 2–4 tablets, 3 times a day with meals. If gallstones are suspected or known to be present, use with Liquid Iodine Forte, MG-Zyme, B6 Phosphate, Phosphatidylcholine, and Super Phosphozyme.

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# Bio-ADEK-Mulsion

## X 30ml

Bio-ADEK-Mulsion provides a synergistic blend of emulsified vitamins A, D3, E, and K, with K2 and K1 in a balanced 1:1 ratio. This unique formulation is designed to enhance uptake and assimilation. Each serving delivers 375 mcg RAE (1,250 IU) of vitamin A, 25 mcg (1,000 IU) of vitamin D3, 20 mg (30 IU) of vitamin E, and 100 mcg of vitamin K.



SKU  
#1019

### BENEFITS



Dairy free



Gluten free

### INDICATION

- Pancreatic problem
- Biliary problem
- Support for absorption of Fat soluble vitamins
- Fat Soluble vitamin deficiency

### SUGGESTED USE

Recommendation: Five (5) Drops each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 5 Drops (0.2 mL)  
Servings Per Container: 150

	Amount Per Serving	% Daily Value
Vitamin A (as palmitate)	375 mcg RAE	42%
Vitamin D3 (as cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	20 mg	133%
Vitamin K (as K2 menaquinone-7 and K1 phytonadione 1:1 ratio)	100 mcg	83%

**Other ingredients:** Emulsifier base (water and arabic gum), sesame oil and olive oil.

**This product is gluten and dairy free.**

**RECOMMENDATION:** Five (5) drops each day as a dietary supplement or as otherwise directed by a healthcare professional.

**CAUTION:** Keep out of reach of children. Use only as recommended unless otherwise directed by a healthcare professional. Excessive consumption of vitamin A has been shown to cause serious health problems.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 1019 Rev. 12/18

# Bio-Allay®



Product # 7857 (120C) | Inflammatory Response Support

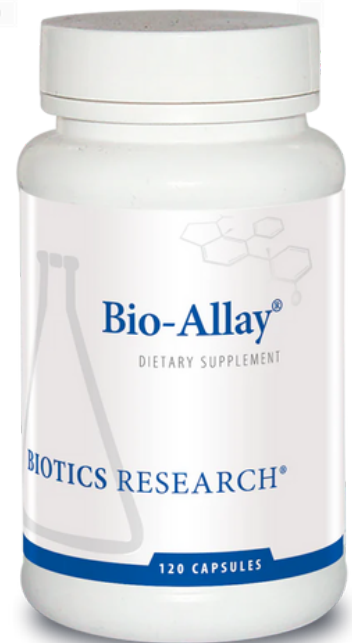
**Bio-Allay®** supplies a proprietary blend of standardized extracts of white willow, devil's claw, and Boswellia serrata, which provide a natural means to support the downregulation of pro-inflammatory compounds.+

**Recommendation:** Two (2) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>	
<b>Serving Size: 2 Capsules</b>	
<b>Servings Per Container: 60</b>	
	Amount Per Serving
Proprietary Blend	950 mg
White Willow ( <i>Salix alba</i> ) (bark) (extract)	*
Devil's Claw ( <i>Harpagophytum procumbens</i> ) (root) (extract)	*
Boswellia serrata (resin oil) (extract)	*
<b>* Daily Value not established</b>	

**Other ingredients:** Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).



Each tablet contains a proprietary blend of White Willow, Devil's Claw extract and Boswellia serrata extract. Product should be considered for pain (analgesic) and when the pain is associated with osteo or rheumatoid arthritis; consideration should be given to using the product with KappArest and Sculacia. 1-2 capsules, 3 times a day (increase if pain is severe). Note: Product should not be used during pregnancy or lactation or by patients who are allergic to salicylates.

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# Bio-Ashwagandha

Product # 8050 (60C) | Adaptogenic Herb



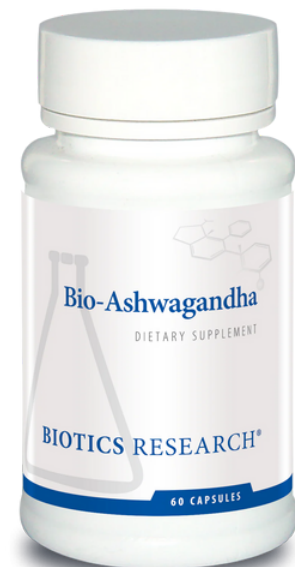
Among Ashwagandha's primary active components are mild-acting calming alkaloids. These steroidal lactones provide significant adaptogenic effects. Some of these lactones (withanolides) have been reported to be structurally similar to ginsenosides from ginseng, and are used to provide support for healthy adrenal, cognitive and immune system function, as well as providing relief for menstrual discomfort.+

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Ashwagandha root ( <i>Withania somnifera</i> )	300 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water), microcrystalline cellulose, and magnesium stearate (vegetable source).



Ashwagandha is an adaptogenic herb, very popular in Ayurvedic medicine. It has been shown to be effective with anxiety, depression, stress, dysglycemia, to increase stamina, and to be especially effective in the adjunctive support of both hypothyroid and hyperthyroid, and hypoadrenal and hyperadrenal conditions (as an adaptogen it will support both hypo and hyper endocrine problems). General dose is 1 capsule twice a day.

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# Bio-Cyanidins®

Product # 7800 (60T) | Proanthocyanidins



**Bio-Cyanidins®** supplies polyphenols from the highest quality pine bark extract (Pycnogenol®), along with grape seed extract (95% OPCs). As a consequence of these ingredients, **Bio-Cyanidins®** provides superior botanically based antioxidant support.

**Recommendation:** One (1) tablet one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Pycnogenol® (Maritime Pine Bark Extract)	15 mg	*
Grape Seed ( <i>Vitis vinifera</i> ) (extract) (95% OPCs)	35 mg	*

**Other ingredients:** Cellulose, calcium carbonate, stearic acid (vegetable source), magnesium stearate (vegetable source) and modified cellulose gum.

**Pycnogenol®** is a registered trademark of Horphag Research Ltd. and is protected by patent #4,698,360.



Contains polyphenols extracted from European pine (*Pinus maritima*) and grape seed. Consider with ocular degeneration, venous inflammation, capillary fragility, gastric inflammation, increased blood viscosity, ADD/ADHD and other conditions where a source of polyphenols is required.

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# Bio-D-Mulsion Forte

Bio-D-Mulsion Forte delivers a potent 2,000 IU per drop of vitamin D3 in a micro-emulsion form for enhanced absorption and utilization. Clinical studies have shown notable improvements in 25(OH)D concentrations (a 202% increase) within just six weeks of starting supplementation with Bio-D-Mulsion Forte.



SKU #1012  
(30 ml)

## BENEFITS



Treats hypovitaminosis D



Easy to administer for greater compliance



Safe for infants and toddlers



Supports overall health



Gluten free



Dairy free



GMO free

## INDICATION

- General support
- Immune support
- Musculoskeletal support
- Vitamin support
- Hypovitaminosis D
- Free radical conditions
- Hypertension
- Insulin resistance
- Epilepsy
- Polycystic ovary syndrome (PCOS)
- Osteoarthritis
- Autoimmune diseases (grave's disease, hashimoto's thyroiditis, systemic lupus erythematosus, rheumatoid arthritis..)

## SUGGESTED USE

Two (2) drops each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 2 Drops (0.08 mL)  
Servings Per Container: 365

	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	100 mcg (4,000 IU)	500%

**Other ingredients:** Water, gum arabic and sesame seed oil.

**Bio-D-Mulsion Forte®** is an oil-in-water emulsion. Vitamin D oil has been dispersed into microscopic particles to aid absorption and assimilation.

**This product is gluten and dairy free.**

# Bio-D-Mulsion®



Product # 1007 (1 fl oz) | Emulsified for Enhanced Utilization

**Bio-D-Mulsion®** supplies vitamin D3 (400 IU per drop) in an emulsified form to aid in uptake and assimilation. While the importance of vitamin D for musculoskeletal health is well documented, its importance in numerous other aspects of health are now recognized, such as cardiovascular health and immune function.<sup>+</sup> Also noteworthy is the fact that inadequate levels of vitamin D are extremely common.

**Recommendation:** One (1) drop each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
Serving Size: 1 Drop (0.04 mL)		
	Amount Per Serving	% Daily Value
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%

**Other ingredients:** Water, gum arabic and sesame seed oil.

**WARNING:** This product is intended to be used under the direction and supervision of a healthcare professional. Use only as recommended unless otherwise directed by a healthcare professional. Excessive consumption of vitamin D has been shown to cause serious health problems.



Natural vitamin D<sub>3</sub> (lanolin source) in an emulsified liquid form (10 micrograms per drop = 400 IU). Synergist to calcium and magnesium. Use with diastolic hypotension, parathyroid dysfunction, bone healing, osteoporosis, patients who avoid the sun or are housebound, fibroids, and endometriosis. 4–8 drops in a glass of pure water, 2–3 times a day with meals. Product is also effective in some cases of psoriasis when applied topically. Keep out of the reach of children.

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# Bio-Glycozyme Forte™

Product # 1127 (90C) Product # 1128 (270C) | Glycolytic Support

## Supplement Facts

Serving Size: 3 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:1)	1,500 mcg RAE	167%	Calcium (as calcium citrate, ascorbate and gluconate)	40 mg	3%
Vitamin C (as calcium and magnesium ascorbates, and ascorbic acid)	120 mg	133%	Magnesium (as magnesium citrate, ascorbate and gluconate)	40 mg	10%
Vitamin D (as cholecalciferol)	5 mcg	25%	Zinc (as zinc gluconate)	15 mg	136%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg	133%	Selenium (from vegetable culture <sup>†</sup> )	20 mcg	36%
Vitamin K (as phytonadione)	10 mcg	8%	Copper (as copper gluconate)	2 mg	222%
Thiamin (B1) (as cocarboxylase chloride)	11 mg	917%	Manganese (as manganese gluconate)	5 mg	217%
Riboflavin (B2) (as riboflavin-5-phosphate)	11 mg	846%	Chromium (from vegetable culture <sup>†</sup> )	100 mcg	286%
Niacin (as niacinamide)	25 mg	156%	Potassium (as potassium chloride)	99 mg	2%
Vitamin B6 (as pyridoxal-5-phosphate)	33 mg	1,941%	Vanadium (from vegetable culture <sup>†</sup> ) 10 mcg*, Inositol 35 mg*, Adrenal Complex Concentrate <sup>††</sup> 40 mg*, Lamb Pituitary/Hypothalamus Complex (ovine) 20 mg*, Neonatal Pancreas (bovine) 15 mg*, Neonatal Liver (bovine) 15 mg*, Lamb Brain (ovine) 5 mg*, Lamb intestine (ovine) 5 mg*, L-Lysine hydrochloride 40 mg*, L-Methionine 20 mg*, Superoxide Dismutase (from vegetable culture <sup>†</sup> ) 20 mcg* and Catalase (from vegetable culture <sup>†</sup> ) 20 mcg*		
Folate (as calcium folinate)	400 mcg DFE	100%			
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%			
Biotin	300 mcg	1,000%			
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%			
Choline (as choline bitartrate)	35 mg	6%			

\* Daily Value not established

Other ingredients: Capsule shell (gelatin and water), food glaze and magnesium stearate (vegetable source).

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing Phytochelated Trace Elements™ and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

<sup>††</sup> A unique proprietary complex of neonatal bovine tissue and porcine tissue concentrates.



**Bio-Glycozyme Forte™** is a broad-spectrum product designed to support normal, healthy glycemic function.<sup>+</sup> It provides vitamins, minerals and organ/glandular support to specifically target glycemic health.<sup>+</sup>

**Recommendation:** One (1) to three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

A broad-spectrum product designed to support reactive hypoglycemia, adrenal fatigue, general fatigue, stress, highly refined diets, and carbohydrate sensitivity. Contains phosphorylated forms of B-1, B-2, and B-6; neonatal bovine and ovine glandular and organ components; chromium, vanadium, zinc, magnesium, and other accessory nutrients. 2–3 tablets, 3 times a day at 10:00 a.m., 3:00 p.m., and 2 hours after supper. If the patient is able to fall asleep but cannot remain asleep, add 3 tablets just before bedtime. If use of the product on an empty stomach causes distress, dose with meals with 1 Betaine Plus-HP. With some patients, we have found that although their blood sugar is high, Bio-Glycozyme Forte will often provide results for the patient where GlucoBalance did not provide results.

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# Bio-MCT™



\*Available for Retail in- clinic



Product # 1421 (16 fl oz) | Medium Chain Triglycerides

**Bio-MCT™** is a medium chain triglyceride product, containing 100% caprylic triglycerides from coconut/palm kernel oil. Medium-chain triglycerides (MCTs) are a unique form of dietary fat touted for a number of health benefits including supporting weight management, heart health and cognitive function.\*

**Recommendation:** One (1) tablespoon taken alone, mixed with other liquids or foods.

## Nutrition Facts

32 servings per container

Serving Size: 15 mL (1 Tbsp)

Amount Per Serving

**Calories 100**

	% Daily Value
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 14g	<b>70%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
<b>Protein</b> 0g	

Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** 100% caprylic triglycerides from coconut/palm kernel oil.



Each bottle contains 32 tablespoon-size servings of 100 percent Caprylic Triglycerides extracted from coconut and palm kernel oil with 98 percent of the C-8 fraction maintained. Product has been found to be helpful with adipose fat loss, for endurance athletes, malabsorption (MCT is rapidly absorbed), protein metabolism, neurodegenerative disorders, and to increase HDL cholesterol. The C-8 fraction maintained in Bio-MCT is the fastest fraction to metabolize in the brain and is the fraction undergoing medical research for Alzheimer's and other neurological problems. 1.4 tablespoonfuls daily. For adipose fat loss and lean muscle gain, use 1-4 tablespoonfuls with 2 tablespoonfuls of organic butter in an a.m. cup of coffee. Feedback indicates that patients who do this will lose 2-4 pounds a week of adipose fat and increase muscle mass.

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# Bio-Multi Plus™ (Iron & Copper Free)

Product # 1163 (90T) Product # 1164 (270T) | Multi-Vitamin/Mineral

Supplies the same formula as **Bio-Multi Plus™**, without iron and copper.



**Bio-Multi Plus™** is a versatile, balanced multiple vitamin and mineral supplement, that supplies unique forms of important micro-nutrients available exclusively from Biotics Research. Three options are available for this multivitamin; **Bio-Multi Plus™** containing both Iron and Copper, **Bio-Multi Plus™ Iron Free**, and **Bio-Multi Plus™ Iron & Copper Free**.

Supplement Facts		
Serving Size: 3 Tablets		
Servings Per Container: 30		
	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:2)	2,790 mcg RAE	310%
Vitamin C (as calcium and magnesium ascorbate)	100 mg	111%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg	133%
Vitamin K (as phytonadione)	35 mcg	29%
Thiamin (B1) (as thiamin mononitrate)	10 mg	833%
Riboflavin (B2)	10 mg	769%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	588%
Folate (as calcium folinate)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	10 mcg	417%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium pantothenate)	25 mg	500%
Calcium (as citrate)	200 mg	15%
Iron (as gluconate)	18 mg	100%
Iodine (from kelp and potassium iodide)	150 mcg	100%
Magnesium (as citrate, gluconate, glycinate)	100 mg	36%
Zinc (as gluconate, citrate)	15 mg	136%
Selenium (from vegetable culture <sup>†</sup> )	50 mcg	91%
Copper (as gluconate)	2 mg	222%
Manganese (as gluconate)	2 mg	82%
Chromium (from vegetable culture <sup>†</sup> )	50 mcg	143%
Molybdenum (from vegetable culture <sup>†</sup> )	10 mcg	22%
Potassium (as chloride, gluconate)	99 mg	2%
Boron (as calcium borogluconate)	1 mg	*
Lithium (from vegetable culture <sup>†</sup> )	20 mcg	*
Rubidium (from vegetable culture <sup>†</sup> )	25 mcg	*
Vanadium (from vegetable culture <sup>†</sup> )	5 mcg	*
Citrus Bioflavonoids (from citrus fruit)	10 mg	*
Lysine (as L-Lysine hydrochloride)	30 mg	*
L-Methionine	30 mg	*
L-Cysteine HCl	10 mg	*
Coenzyme Q10 (naturally derived, emulsified)	1 mg	*
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	20 mcg	*
Catalase (from vegetable culture <sup>†</sup> )	20 mcg	*

**Other ingredients:** Stearic acid (vegetable source), modified cellulose gum, cellulose and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically-Bound Trace Elements™**, and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

\* Daily Value not established

**WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

**Recommendation:** Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

A broad-spectrum multiple vitamin and mineral formula containing emulsified forms of the fat-soluble vitamins, mixed ascorbates, and vegetable culture forms of trace elements. Excellent for long-term preventive support and as a synergist for specific nutritional programs. For long-term application, use 1 tablet, twice a day with meals. As a synergist with other nutritional programs or for short-term use where higher nutrient levels are required, use 2 tablets, 3 times a day with meals for 30 days, then 1 tablet, twice a day. Product contains iron and should be kept out of the reach of children.

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# Bio-Trophic Plus™

Product # 1155 (90T) | Food-Form Comprehensive Multi



**Bio-Trophic Plus™** is low potency multivitamin/mineral, designed to mimic the amount of vitamins and minerals found in foods. It also includes non-hormone producing neonatal glandulars. Heart, kidney, liver and spleen are included for respective organ support.

This is a low-dose food-based multiple vitamin designed by Harry O. Eidenier, Jr. and Dr. Charles Lietz, for long-term use and for patients on highly refined diets that are not getting their micronutrients from dietary sources. It contains natural vitamins A, C, D and E, B complex, magnesium, zinc, selenium, manganese, chromium, molybdenum, quercetin and a proprietary blend of rubidium, gamma-oryzanol from non-GMO rice, neonatal kidney, liver and spleen, buckwheat culture, green tea extract, citrus bioflavonoids, organic beet, lithium, SOD and catalase. Bio-Trophic Plus does not contain any glandular material from hormone-secreting glands, making it excellent for long-term use. 3 to 6 tablets daily.

## Supplement Facts

Serving Size: 3 Tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids)	425 mcg DFE	47%	Molybdenum (from vegetable culture <sup>1</sup> )	10 mcg	22%
Vitamin C (as ascorbic acid)	31 mg	34%	Quercetin	25 mg	*
Vitamin D (as cholecalciferol)	10 mcg	50%	Proprietary Blend	705 mg	
Vitamin E (as d-alpha tocopheryl acetate and mixed tocopherols)	30 mcg	200%	Rubidium (from vegetable culture <sup>1</sup> )		*
Thiamin (B1) (as cocarboxylase chloride)	1.5 mg	125%	Gamma Oryzanol (from rice)		*
Riboflavin (B2) (as riboflavin-5-phosphate)	1.7 mg	131%	Vanadium (from vegetable culture <sup>1</sup> )		*
Niacin (as niacinamide)	20 mg	125%	Neonatal Heart (bovine)		*
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	118%	Neonatal Kidney (bovine)		*
Folate (as calcium folinate)	400 mcg DFE	100%	Neonatal Liver (bovine)		*
Vitamin B12 (as methylcobalamin)	6 mcg	250%	Neonatal Spleen (bovine)		*
Biotin	300 mcg	1,000%	Buckwheat Culture ( <i>Fagopyrum esculentum</i> )		*
Pantothenic Acid (as calcium pantothenate)	10 mg	200%	FRAC™ (from rice)**		*
Calcium (as calcium glycerophosphate)	40 mg	3%	Green Tea Extract (50% EGCG) ( <i>Camellia sinensis</i> ) (leaf)		*
Magnesium (as magnesium citrate)	28 mg	7%	Citrus Bioflavonoids (from citrus fruit)		*
Zinc (as zinc citrate)	3 mg	27%	Organic Beet Concentrate ( <i>Beta vulgaris</i> ) (whole)		*
Selenium (from vegetable culture <sup>1</sup> )	5 mcg	9%	Superoxide Dismutase (from vegetable culture <sup>1</sup> )		*
Manganese (as manganese citrate)	0.6 mg	26%	Catalase (from vegetable culture <sup>1</sup> )		*
Chromium (from vegetable culture <sup>1</sup> )	25 mcg	71%	Lithium (from vegetable culture <sup>1</sup> )		*

\* Daily Value not established

**Other ingredients:** Stearic acid (vegetable source), potassium citrate, food glaze, modified cellulose gum and magnesium stearate (vegetable source).

\*\* FRAC™ is a registered trademark of Biotics Research Corporation.

<sup>1</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically-Bound Trace Elements™** and naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

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# BioDoph-3 GI™

Product # 1203 (30C) | Gastrointestinal Support



**BioDoph-3 GI™** is a synergistic probiotics formula containing three clinically validated probiotic strains shown to be effective in randomized and controlled trials. Mediated by targeted mechanisms such as production of short chain fatty acids, acetylcholine and polyphosphate granules, **BioDoph-3 GI™** promotes intestinal barrier integrity, balances gut microflora, helps break down lactose and supports a healthy mood.\*

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Floradapt™ Intensive G.I. proprietary probiotic blend (providing 3 Billion CFUs)	150 mg	
<i>P. acidilactici</i> KABP™-021		*
<i>L. plantarum</i> KABP™-022		*
<i>L. plantarum</i> KABP™-023		*

\* Daily Value not established

**Other ingredients:** Microcrystalline cellulose, vegetable capsule shell (hydroxypropyl methylcellulose), magnesium stearate (vegetable source) and silicon dioxide.

*Floradapt™ and KABP™ are trademarks of Kaneka Corporation.*



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# BioDoph-7 Plus®



Product # 1285 (60C) | Comprehensive Probiotic & Prebiotic Support

Probiotic supplements are classically known to contain viable, defined microorganisms in sufficient quantities which work to alter the microbiota and, thus, exert beneficial health effects.\* **BioDoph-7 Plus®** supplies a specific blend of 3 prebiotics and 7 probiotics extensively tested to ensure optimal colonization with bacterial strains recognized for their bioactivity. It contains 20 billion viable organisms per capsule, providing optimal probiotic coverage.

**Recommendation:** One (1) capsule one (1) to two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving
Proprietary Blend	400 mg
Inulin (from Chicory root)*, Arabinogalactans (from Larch)*, Marshmallow (Althea officinalis) (extract) (root)*, <i>Bifidobacterium bifidum</i> BB-06*, <i>Bifidobacterium lactis</i> BL-04*, <i>Bifidobacterium breve</i> BB-03*, <i>Lactobacillus paracasei</i> LPC-37*, <i>Lactobacillus plantarum</i> LP-115*, <i>Lactobacillus salivarius</i> LS-33*, <i>Streptococcus thermophilus</i> ST-21*	

\* Daily Value not established

**Other ingredients:** Vegetarian capsule shell (modified cellulose) and magnesium stearate (vegetable source).

Each capsule of **BioDoph-7 Plus®** contains more than 20 billion organisms at time of manufacture.

Contains an ultra-trace amount (0.3 ppm) of milk constituents which are used in the fermentation of probiotic ingredients.



Designed by Dr. Gary Lasneski. Each 400 mg vegetarian capsule contains a proprietary blend of seven different prebiotics and probiotics with each capsule containing 20 billion viable organisms at the time of manufacture. The prebiotics include Inulin from Chicory root, Larch Arabinogalactan (IAG), Marshmallow Root, and the probiotics include *Bifidobacterium bifidum*, *Bifidobacterium lactis*, *Bifidobacterium breve*, *Lactobacillus paracasei*, *Lactobacillus plantarum*, *Lactobacillus salivarius* and *Streptococcus thermophilus*. BioDoph-7 Plus should be considered with decreased gut immunity, to stimulate phagocytosis, to help relieve gastric inflammation, with diarrhea and as follow-on treatment (after ADP) with yeast, bacterial and parasitic problems. 2-3 capsules daily. Note: With decreased gut immunity (reduced secretory IgA) use BioDoph-7 Plus with IAG, Cytozyme-THY and Immuno-gG. BioDoph-7 Plus is the premiere probiotic product produced by Biotics Research Corporation. Although not required, shelf life on this product will be extended if refrigerated when not in use.

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# Biomega-1000™



Product # 1417 (90S) | Superior Quality Omega-3s

**Biomega-1000™** provides a potent dose of omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each softgel capsule delivers an impressive 1,000 mg of EPA and DHA, making it an ideal choice when higher doses are desired.

**Recommendation:** One (1) softgel capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

Each soft-gel capsule contains 1000 mg of omega-3 essential fatty acid in the triglyceride form (sourced from Anchovy). Studies have shown the triglyceride form was hydrolyzed by lipase 12 to 15 times faster than the ethyl ester or monoglyceride form. It is sourced from a strategically placed facility in the far South Pacific Ocean off the coast of Chile, minimizing transit time. Some fish oils are processed continents away from where they are harvested, dramatically increasing the time (some up to one year) from the ocean to the patient/client (longer transit time means higher risk of oxidation). Unique and gentle patented processes are used to purify the oil from contaminants, yielding a colorless level with record-setting low TOTOX levels. Each batch of Biomega 1000 oil has a certified origin; it can be traced back to who caught the Anchovies and when they were caught. The triglyceride form of omega-3 oil has been found to be helpful with neurological, emotional, cardiovascular, immune system and cell membrane health. It is also excellent support for inflammatory and glucose management problems. 1-3 bid.



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# Biomega-500™



Product # 1424 (90S) | Superior Quality Omega-3s

**Biomega-500™** provides omega-3 essential fatty acids (EFAs), sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest raw material available, full traceability of the product, and unparalleled purity. Each softgel capsule supplies 500 mg of EPA and DHA, as well as 70 mg of additional omega-3 EFAs.

**Recommendation:** One (1) softgel capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Softgel Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	<0.5 g	<3%†
Omega-3 Fatty Acids	570 mg	*

† Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established

**Ingredients:** Capsule shell (gelatin, glycerin and water), vitamin E (as mixed tocopherols).

Contains ingredients derived from anchovy.

Each softgel capsule of <b>Biomega-500™</b> contains a total of 500 mg EPA and DHA, providing a natural source of the following Omega-3 fatty acids:	
EPA (Eicosapentaenoic acid) .....	285 mg
DHA (Docosahexaenoic acid) .....	215 mg



Product is the same as BioMega 1000 except each softgel contains 500 mg of EPA/DHA. BioMega 1000 – Each softgel capsule contains 1000 mg of omega-3 essential fatty acid in the triglyceride form (sourced from anchovy). Studies have shown the triglyceride form is hydrolyzed by lipase 12 to 15 times faster than the ethyl ester or monoglyceride form. It is sourced from a strategically placed facility in the far South Pacific Ocean off the coast of Chile, minimizing transit time. Some fish oils are processed continents away from where they are harvested, dramatically increasing the time (some up to one year) from the ocean to the patient/client (longer transit time means higher risk of oxidation). Unique and gentle patented processes are used to purify the oil from contaminants, yielding a colorless oil with record-setting low TOTOX levels. Each batch of BioMega 1000 oil has a certified origin; it can be traced back to who caught the anchovies and when they were caught. The triglyceride form of omega-3 oil has been found to be helpful with neurological, emotional, cardiovascular, immune system, and cell membrane health. It is also excellent support for inflammatory and glucose management problems. 1–3 BID.

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# Biomega-DHA

Biomega-DHA offers a capsule containing 600 mg of DHA and 60 mg of EPA, sourced from a facility situated in the far South Pacific Ocean near Chile. This location ensures the freshest raw materials, complete traceability of the product, and exceptional purity. The DHA in Biomega-DHA is in its natural triglyceride form and is certified by Orivo, guaranteeing that its source can be traced back to a sustainable fishery.



SKU #1431  
90 Softgels

## BENEFITS



Gluten free



Dairy free

## INDICATION

- Oxidative stress
- kidney or bladder dysfunction
- Night blindness
- Skin disorders

## SUGGESTED USE

One (1) softgel capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

**\*Available for Retail in- clinic**

## Supplement Facts

Serving Size: 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Saturated Fat	<0.5 g	<3%*
Vitamin E (as mixed tocopherols)	4 mg	27%
Omega-3 fatty acids	670 mg	†

\* Percent Daily Values based on a 2,000 calorie diet  
† Daily Value not established

Other Ingredients: Capsule shell (gelatin, glycerin and water).

Contains ingredients derived from Anchovy.

This product is gluten and dairy free.

Each softgel capsule of Biomega-DHA™ contains a total of 1,000 mg fish oil, providing a natural source of the following total Omega-3 fatty acids:	
EPA (Eicosapentaenoic acid) .....	100 mg
DHA (Docosahexaenoic acid).....	500 mg
Additional Omega-3 Fatty Acids .....	70 mg

**RECOMMENDATION:** One (1) softgel capsule with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 1431 Rev. 01/23

Orivo.no. - TestNo.: 1037



**Bio-Multi Plus™** is a versatile, balanced multiple vitamin and mineral supplement, that supplies unique forms of important micro-nutrients available exclusively from Biotics Research. Three options are available for this multivitamin; **Bio-Multi Plus™** containing both Iron and Copper, **Bio-Multi Plus™ Iron Free**, and **Bio-Multi Plus™ Iron & Copper Free**.

## Supplement Facts

Serving Size: 3 Tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate) (IU ratio 1:2)	2,790 mcg RAE	310%	Zinc (as gluconate, citrate)	15 mg	136%
Vitamin C (as calcium and magnesium ascorbate)	100 mg	111%	Selenium (from vegetable culture <sup>1</sup> )	50 mcg	91%
Vitamin D (as cholecalciferol)	10 mcg	50%	Copper (as gluconate)	2 mg	222%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg	133%	Manganese (as gluconate)	2 mg	82%
Vitamin K (as phytonadione)	35 mcg	29%	Chromium (from vegetable culture <sup>1</sup> )	50 mcg	143%
Thiamin (B1) (as thiamin mononitrate)	10 mg	833%	Molybdenum (from vegetable culture <sup>1</sup> )	10 mcg	22%
Riboflavin (B2)	10 mg	769%	Potassium (as chloride, gluconate)	99 mg	2%
Niacin (as niacinamide)	20 mg	125%	Boron (as calcium borogluconate)	1 mg	*
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	588%	Lithium (from vegetable culture <sup>1</sup> )	20 mcg	*
Folate (as calcium folinate)	400 mcg DFE	100%	Rubidium (from vegetable culture <sup>1</sup> )	25 mcg	*
Vitamin B12 (as methylcobalamin)	10 mcg	417%	Vanadium (from vegetable culture <sup>1</sup> )	5 mcg	*
Biotin	300 mcg	1,000%	Citrus Bioflavonoids (from citrus fruit)	10 mg	*
Pantothenic Acid (as calcium pantothenate)	25 mg	500%	Lysine (as L-Lysine hydrochloride)	30 mg	*
Calcium (as citrate)	200 mg	15%	L-Methionine	30 mg	*
Iron (as gluconate)	18 mg	100%	L-Cysteine HCl	10 mg	*
Iodine (from kelp and potassium iodide)	150 mcg	100%	Coenzyme Q10 (naturally derived, emulsified)	1 mg	*
Magnesium (as citrate, gluconate, glycinate)	100 mg	36%	Superoxide Dismutase (from vegetable culture <sup>1</sup> )	20 mcg	*
			Catalase (from vegetable culture <sup>1</sup> )	20 mcg	*

\* Daily Value not established

**Other ingredients:** Stearic acid (vegetable source), modified cellulose gum, cellulose and food glaze.

<sup>1</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically-Bound Trace Elements™**, and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Recommendation:** Three (3) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**WARNING: Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**



A broad-spectrum multiple vitamin and mineral formula containing emulsified forms of the fat-soluble vitamins, mixed ascorbates, and vegetable culture forms of trace elements. Excellent for long-term preventive support and as a synergist for specific nutritional programs. For long-term application, use 1 tablet, twice a day with meals. As a synergist with other nutritional programs or for short-term use where higher nutrient levels are required, use 2 tablets, 3 times a day with meals for 30 days, then 1 tablet, twice a day. Product contains iron and should be kept out of the reach of children.

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# BioPause-AM®



Product # 7862 (120C) | Menopausal Support

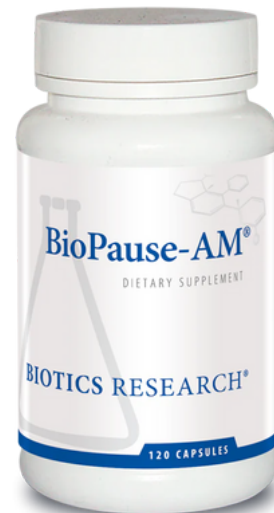
**BioPause-AM®** is designed to address hot flashes, palpitations, and other associated symptoms often experienced by women during menopause, or the transition into menopause.† The adaptogenic properties of the herbs assist with the fatigue and menstrual discomfort often reported by women in this stage of their life.† Clinically, women report less anxiety, more energy, and improved mental clarity during the day as a result of taking **BioPause-AM®**.†

**Recommendation:** Two (2) capsules each morning as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** For adult use only. Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>		
<b>Serving Size: 2 Capsules</b>		
<b>Servings Per Container: 60</b>		
	Amount Per Serving	% Daily Value
Proprietary Blend	1,000 mg	
Rhodiola Extract ( <i>Rhodiola rosea</i> ) (root)		*
Black Cohosh ( <i>Actaea racemosa</i> ) (root)		*
Motherwort ( <i>Leonurus cardiaca</i> ) (aerial part)		*
Chaste Tree ( <i>Vitex agnus-castus</i> ) (berry)		*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water).



Designed by Dr. Michelle Pouliot. Bio-Pause/AM is a proprietary blend of Black Cohosh, Rhodiola, Motherwort, and Chasteberry. Bio-Pause/PM is a proprietary blend of Black Cohosh, Passion Flower, Lemon Balm, and magnesium glycinate. Both products were designed to support the symptoms of menopause (hot flashes, heart palpitations, night sweats, cravings, cyclic personality, etc.). In a clinical trial, 11 of 12 females who responded reported a significant reduction in hot flashes, night sweats, and the other symptoms of menopause. 2 capsules of Bio-Pause/AM in the morning and 2 capsules of Bio-Pause/PM before bedtime. Neither product is recommended during pregnancy or lactation. When using Bio-Pause/AM and Bio-Pause/PM, the use of iodine (Iodizyme-HP or Liquid Iodine / Liquid Iodine Forte) should be considered.

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## BodyBio PC (Phosphatidylcholine - softgels)

Item#: **PC60** (60 softgels) / Item#: **PC100** (100 softgels)  
Item#: **PC300** (300 softgels)

BodyBio PC softgels provide cognitive support by enhancing memory, mental alertness, mood and focus. Unlike ordinary PC supplements, BodyBio's highly concentrated PC is naturally liposomal, featuring essential fatty acid ratios of 4:1, as recommended by the medical studies.

### SUPPLEMENT FACTS

Serving Size: 2 softgels  
Serving Per Container: 30 (60 ct.);  
50 (100 ct.); 150 (300 ct.)

AMOUNT PER SERVING	% DAILY VALUE*	
Calories 14.9		
Total Fat	1.6 g	3%
Phospholipid Complex	1300 mg	†

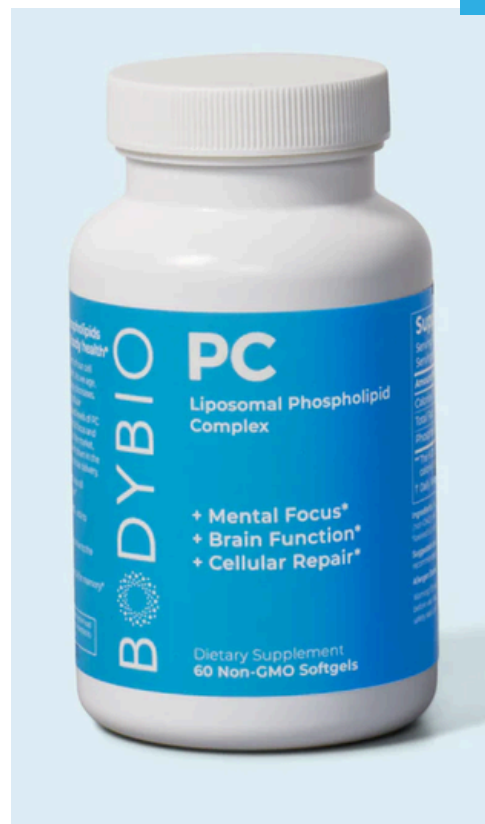
\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value Not Established

**Ingredients:** Proprietary phospholipid complex (non-GMO), minor glycolipids, essential fatty acids, flaxseed oil, ethanol, gelatin, glycerin, and water.

**Suggested use:** Take 2 softgels daily, with food or as recommended by your HCP.

**Allergen Statement:** Derived from purified soy lecithin.

Warning: If pregnant or nursing, consult your physician before use. Keep out of reach of children. Do not use if safety seal is broken. Keep closed in a dry place.



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## Boron Joint with CurcuWIN®

New Product

Connective Tissue and Bone Health\*

Item #77160

90 vegetarian capsules

Targeted nutritional support for connective tissue and bones.\* Contains CurcuWIN® turmeric extract with minimum 20% curcuminoids, enhanced with boron and magnesium.\*

### Suggested Use

As a dietary supplement, 1 capsule three times daily for one month, and then 1 capsule one or two times daily, or as directed by a healthcare practitioner. Best taken with food. Increased water intake during the day is recommended.

NOTE: Higher doses of boron supplementation may increase levels of estrogen and testosterone.

Serving Size: 1 capsule  
Servings Per Container: 90

**CurcuWIN**  
SUPPORTS HEALTHY ABSORPTION

#### Amount per serving:

CurcuWIN® Turmeric Extract ( <i>Curcuma longa</i> ) root (min 20% Curcuminoids) . . . . .	250 mg
Magnesium (as Magnesium Bisglycinate) . . . . .	100 mg
Boron (as Boron Citrate) . . . . .	.6 mg
Other ingredient: Hydroxypropyl methylcellulose, L-leucine, silicon dioxide, microcrystalline cellulose.	

CurcuWIN® is a registered trademark of OmniActive Health Technologies, Ltd.

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# BrainStorm®

## Neurotransmitter Support Formula\*

**Item #72070**

60 tablets

Designed to nutritionally support brain function and memory.\* BrainStorm® contains nutrients that variously support blood circulation, neurotransmitter production, and neurological function.\*

### Suggested Use

As a dietary supplement, 1 tablet one or two times daily with meals, or as directed by a healthcare practitioner.

**WARNING:** Discontinue use if you experience muscle tension, cramps, or headache.

Serving Size: 1 tablet	
Servings Per Container: 60	
<b>Amount Per Serving:</b>	
Vitamin A (as Beta-Carotene) . . . . .	1000 IU
Vitamin C (as Ascorbic Acid) . . . . .	5 mg
Vitamin E (as D-alpha-Tocopheryl Acid Succinate) . . . . .	5 IU
Thiamine (as Thiamine Hydrochloride) . . . . .	7.5 mg
Riboflavin (67% as Riboflavin and 33% as Riboflavin 5'-Phosphate) . . . . .	7.5 mg
Niacin (86% as Niacinamide) . . . . .	17.5 mg
Vitamin B6 (75% as Pyridoxine Hydrochloride and 25% as Pyridoxal-5'-Phosphate) . . . . .	10 mg
5-Methyltetrahydrofolate (from 93 µg of [6S]-5-methyltetrahydrofolic acid, glucosamine salt) . . . . .	50 µg
Vitamin B12 (as Hydroxycobalamin) . . . . .	25 µg
Biotin . . . . .	50 µg
Pantothenic Acid (as Calcium Pantothenate) . . . . .	20 mg
Zinc (as Zinc Citrate) . . . . .	5 mg
Selenium (90% as Sodium Selenite and 10% as Selenomethionine) . . . . .	25 µg
Copper (as Copper Bisglycinate) . . . . .	0.5 mg
Chromium (as Chromium Picolinate) . . . . .	25 µg
Molybdenum (as Sodium Molybdate) . . . . .	25 µg
Boron (as Boric Acid) . . . . .	250 µg
Ginkgo (Leaves) Extract . . . . .	15 mg
Bacopa (Aerial Part) (Bacopa monniera) Extract . . . . .	50 mg
Eleuthero (Root) Extract . . . . .	20 mg
Asian Ginseng (Root) Extract . . . . .	20 mg
Gotu Kola (Aerial Part) Extract (10% Triterpenoids) . . . . .	50 mg
L-Glutamine . . . . .	125 mg
L-Tyrosine . . . . .	100 mg
N-Acetyl-L-Carnitine . . . . .	25 mg
Choline Bitartrate . . . . .	40 mg
Inositol . . . . .	25 mg
Phosphatidylcholine (soy) . . . . .	50 mg
Quercetin Dihydrate . . . . .	25 mg
Cayenne Pepper (Fruit) Powder . . . . .	50 mg
Essential Phospholipids (Phosphatidylserine 60%) (sunflower) . . . . .	50 mg
Other ingredients: Dicalcium phosphate, microcrystalline cellulose, silicon dioxide, stearic acid, croscarmellose sodium, magnesium stearate, hydroxypropyl cellulose, gum acacia.	



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## ButyrEn

### Colon Lining Nutrition\*

 Hypoallergenic

**Item #70220**

100 gastric-resistant tablets



A source of butyric acid from the salts of calcium and magnesium. This short-chain fatty acid is produced in the body by certain probiotic bacteria.\*

### Suggested Use

As a dietary supplement, 1 or 2 tablets three times daily with meals, or as directed by a healthcare practitioner.

Serving Size: 2 tablets  
Servings Per Container: 50

#### Amount Per Serving:

Calcium (as Calcium Butyrate and Calcium Phosphate) . . . . . 250 mg  
Magnesium (as Magnesium Butyrate and Magnesium Oxide) 200 mg  
Butyric Acid (as Calcium Butyrate and Magnesium Butyrate) . 200 mg  
Other ingredients: Microcrystalline cellulose, L-leucine, silicon dioxide, croscarmellose sodium.

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# Butyric-Cal-Mag

Butyric-Cal-Mag is a supplement that provides Tributyrin, a compound known for generating butyrate. When broken down by gut enzymes, it supplies postbiotic butyrate, which serves as the main fuel for colonic cells. Butyric acid, a naturally-occurring 4-carbon fatty acid, is produced in the healthy colon through the fermentation of dietary fiber by beneficial bacteria.



SKU #7810  
60 Capsules

## BENEFITS



Gluten free



Dairy free

## INDICATION

- Colon Cancer
- Crohn's, diverticulitis, colitis
- Bowel health
- Decreased Butyric Acid level associated with ADHD & Autism
- Butyric acid deficiency indicated by CSDA testing
- Chronic Fatigue Syndrome

**Note: Use with Probiotics**

## SUGGESTED USE

Two (2) capsules as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids and acetate)	975 mcg RAE	108%
Pantothenic Acid (as calcium pantothenate)	16.7 mg	334%
Calcium (as calcium citrate)	40 mg	3%
Magnesium (as magnesium citrate)	40 mg	10%
ButyraGen™ Tributyrin Complex	1,000 mg	*

\*Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water), gum arabic, guar fiber, rosemary extract, silica and cellulose.

**This product is gluten and dairy free.**

*ButyraGen™ is a trademark of NutriScience Innovations LLC.*

**RECOMMENDATION:** Two (2) capsules as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area. Sealed with an imprinted safety seal for your protection.

Product # 7810 Rev. 01/23

# Calcium Magnesium Butyrate Capsules

Butyrate is a short chain fatty acid that is a potent detoxifier of ammonia and neurotoxins. Calcium Magnesium Butyrate is designed to meet the needs of most people today who are deficient in Mg and Ca.



SKU #BUCM100  
(100 Capsules)

## BENEFITS



Healthy brain function



GI support



Balances blood glucose



Detoxification support



Maintains good intestinal bacterial colony



Vegan



Non-GMO



Gluten free

## INDICATION

- Irritable bowel disorders
- Irritable bowel syndrome
- Small intestinal bacterial overgrowth
- Inflammation
- Brain disorders
- Blood glucose imbalance
- Bloating & gas
- Bowel movement disorders
- Detoxification
- Colon health
- Gut lining repair

## SUGGESTED USE

1-2 capsules with food, unless otherwise suggested by your Healthcare Professional.

## CALCIUM/MAGNESIUM BUTYRATE SUPPLEMENT FACTS

Serving Size: 2 capsules

Servings Per Container: 50 (100 ct.); 125 (250 ct.)

AMOUNT PER SERVING	% DAILY VALUE*	
Calories	9.3	
Total Fat	1.3 g	2%
Calcium	160 mg	16%
Magnesium	80 mg	20%
Butyric Acid	1.2 g	†

\* The % Daily Values are based on a 2000 calorie diet.

† Daily Value Not Established

**Ingredients:** Butyric acid, calcium hydroxide, magnesium hydroxide, medium chain triglycerides (MCT), hydroxypropyl methylcellulose and purified water.

# Calm Capsules

Stress is a fire starter that disrupts all the core bodily functions. Research has linked states of prolonged stress to depression, gut distress, inflammation, low energy, and general immune suppression. BodyBio Calm is a unique botanical blend that manages the body's stress response, to help create a general feeling of calm and focus — no matter what life throws at you.



SKU #CALM60  
(60 Capsules)

## BENEFITS



Optimize stress response



Aids in relaxation



Elevates mood



Vegan



GMO free



Dairy free



Gluten free

## INDICATION

- Anxiety
- Stress response support

## SUGGESTED USE

1 capsule, up to 2 times daily, with or without food, unless otherwise directed by your healthcare professional.

## CALM SUPPLEMENT FACTS

Serving Size: 1 capsule  
Servings Per Container: 60

AMOUNT PER SERVING	% DAILY VALUE*
Manganese (as gluconate and citrate)	2.5 mg 109%
Proprietary Blend	425 mg
Taurine	250 mg †
Glycine	100 mg †
Rhodiola rosea root extract	50 mg †
Soy-Free Phosphatidylserine (Sharp PS® Green)	25 mg †

\* The % Daily Values are based on a 2000 calorie diet.  
† Daily Value Not Established

**Ingredients:** Vegetable capsule (Hydroxypropyl Methylcellulose), medium chain triglycerides and silica.

# ChondroSamine-S™



Product # 7818 (90C) | Comprehensive Joint Support with Glucosamine HCl

**ChondroSamine-S™** provides comprehensive support for connective tissue such as the cartilage found in joints. These tissues require an adequate supply of important nutrient building blocks to maintain their integrity. **ChondroSamine-S™** supplies glucosamine (as glucosamine sulfate), along with purified chondroitin sulfates, and a complementary array of important synergistic compounds, including vitamins, minerals, MSM, and the antioxidant enzymes SOD and catalase. This is the same comprehensive formula as **Chondrosamine Plus®**, with the exception that **ChondroSamine-S™** utilizes the sulphate form of glucosamine.

**Recommendation:** Three (3) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.



Three capsules contain 600 mg of glucosamine from glucosamine sulfate. Both products also contain 500 mg of Purified Chondroitin Sulfate, 180 mg of vitamin C, 25 mg of silica from raw cane, 6 mg of manganese, 45 mg of pantothenic acid, 50 mg of niacinamide, 100 mg of MSM, 200 mcg of folate, 3 mcg of vitamin B-12 (hydroxocobalamin), 20 mcg of SOD and 20 mcg of catalase. Product should be considered for osteo and rheumatoid arthritis, joint inflammation, cartilage repair and any other condition where increased sulfur intake is needed. 1–2 capsules, 3 times a day with meals. Contains components extracted from shrimp and crab shells and should not be used by patients who are allergic to these foods. Further, the product is not recommended during pregnancy or lactation.

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# CLA

Product # 1409 (60S) | Conjugated Linoleic Acid



Our **CLA** softgel capsules provide an all natural source of conjugated linoleic acid from safflower oil. CLA may be utilized to support a healthy metabolism, as well as for increased muscle retention.\* It may also be an excellent adjunct in a weight management program, as it has been demonstrated to help reduce body fat mass, and to increase or maintain lean body mass.\*

**Recommendation:** One (1) softgel capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Softgel Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%†
Saturated Fat	0 g	0%†
Polyunsaturated Fat	1 g	*
Monounsaturated Fat	0 g	*
Cholesterol	0 mg	0%
Conjugated Linoleic Acid (from safflower oil)	800 mg	*

† Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established



**Other Ingredients:** Capsule shell (gelatin, glycerin, water and caramel color).


Each **CLA** capsule provides a 50:50 ratio of C18:2 c9, t11 and C18:2 t10, c12, the two active isomers.

Each capsule contains 600 mg of conjugated linoleic acid (CLA) extracted from high linoleic acid-containing sunflower and safflower oil. Developed by scientists at the University of Wisconsin's Food Research Institute, CLA has been shown to improve metabolism by helping the body reduce fat levels (especially girdle fat) and increase muscle retention. 1–2 capsules, 3 times a day before meals.

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## Coenzyme Q10 50 mg with Vitamin C

 Hypoallergenic

**Item #71220**

75 vegetarian capsules

Coenzyme Q10, also known as ubiquinone, is a critical metabolite in the production of cellular energy.\* CoQ10 is a true coenzyme and an essential component of the mitochondria. Mitochondria produce ATP (the body's chemical energy currency) by way of their electron transport chains. CoQ10 is also a crucial fat-soluble antioxidant.\*

### Suggested Use

As a dietary supplement, 1 or 2 capsules two or three times daily with meals, or as directed by a healthcare practitioner.

NOTE: This is the dry form of CoQ10 and would be best absorbed when taken with fat. Please see the Essential Fatty Acids section of this catalog (p. 37).

Serving Size: 2 capsules

Servings Per Container: 37

**Amount Per Serving:**

Vitamin C (as Ascorbic Acid) . . . . . 100 mg

Coenzyme Q10 . . . . . 100 mg

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

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# Colon-Plus Caps™

Product # 6001 (120C) | Gastrointestinal Support



**Colon-Plus Caps™** supplies multiple sources of fiber, along with enzyme and probiotic constituents to support healthy bowel flora and GI function.\* It is designed to help furnish a smoothing effect and provide bulk, which promotes natural elimination.\*

**Recommendation:** Four (4) capsules one (1) to three (3) times each day with twelve (12) ounces of water on an empty stomach as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>			
<b>Serving Size: 4 Capsules</b>			
<b>Servings Per Container: 30</b>			
	Amount Per Serving	% Daily Value	
Calories	15		
Calories from Fat	0		
Total Fat	0 g	0%†	Mannitol
Saturated Fat	0 g	0%†	Sodium alginate
Cholesterol	0 mg	0%	Apple Pectin
Sodium	32 mg	1%	Peppermint ( <i>Mentha piperita</i> ) (leaf)
Total Carbohydrates	2 g	1%†	Flax Seed ( <i>Linum usitatissimum</i> )
Dietary Fiber	1 g	4%†	Anise ( <i>Pimpinella anisum</i> ) (seed)
Protein	<1 g	1%†	Bromelain (from Pineapple)
Vitamin C (as calcium ascorbate)	75 mg	83%	Celery ( <i>Apium graveolens</i> ) (seed)
Calcium (as calcium ascorbate)	9 mg	<1%	<i>Lactobacillus acidophilus</i> (DDS-1)
Proprietary Blend	2,800 mg		Aloe Vera ( <i>Aloe barbadensis</i> ) (aerial part) (extract)
Psyllium Powder ( <i>Plantago ovata</i> ) (seed)		*	Prune ( <i>Prunus domestica</i> ) (fruit)

† Percent Daily Value based on a 2,000 calorie diet.  
\* Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water).

Contains an ultra-trace amount (<0.001 ppm) of milk constituents which are used in the fermentation of probiotic ingredients.

**CAUTION:** Not recommended for pregnant women. Do not consume this product if you have difficulty swallowing. May cause allergic reaction to those sensitive to inhaled or ingested psyllium. Discontinue use of this product if any chest pain, vomiting or difficulty swallowing or breathing are experienced. If constipation persists for longer than a week, consult your healthcare practitioner immediately.



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# CoQ-Zyme 100 Plus Capsules



SKU #2617  
(60 Capsules)

CoQ-Zyme 100 Plus contains CoQ10, an oil-soluble, vitamin-like substance supplies a highly bioavailable dose of ubiquinone coenzyme Q10 (CoQ10) due to the proprietary emulsification process used for delivery.

## BENEFITS

-  High CoQ10 absorption
-  Cardiovascular support
-  Antioxidant support
-  Supports mitochondrial health
-  Gluten free
-  Dairy free
-  GMO free

## INDICATION

- Cardiovascular support
- Mitochondrial support
- Cardiac stress or insufficiency
- Immune dysfunction
- High blood pressure
- Periodontal disease
- Allergies
- Asthma
- Diabetes
- Ulcers
- Viral infections
- Multiple sclerosis (MS)

## SUGGESTED USE

One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Thiamin (B1) (as cocarboxylase chloride)	1.5 mg	125%
Riboflavin (B2) (as riboflavin-5-phosphate)	1.7 mg	131%
Niacin (as niacin & niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxal-5-phosphate)	2 mg	118%
Folate (as calcium folinate)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	6 mcg	250%
Biotin	300 mcg	1,000%
Pantothenic acid (as calcium pantothenate)	10 mg	200%
Coenzyme Q10 (emulsified)	100 mg	*
Superoxide Dismutase (from vegetable culture†)	80 mcg	*
Catalase (from vegetable culture†)	80 mcg	*

\* Daily Value not established

Other ingredients: Capsule shell (gelatin and water), gum arabic and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten, dairy and GMO free.

# CoQ-Zyme 30™



Product # 2616 (60T) | Emulsified Mitochondrial Support

**CoQ-Zyme 30™** supplies a naturally derived, emulsified form of coenzyme Q10 (CoQ10) (ubiquinone). Since CoQ10 is an oil-soluble, vitamin-like substance, the emulsification assists in uptake and utilization. Published research has demonstrated that CoQ10 supplied by **CoQ-Zyme 30™** is significantly more bioavailable than other more common sources of CoQ10. This is especially important for those who may need to address occasional absorption and/or digestion concerns, as CoQ10 plays a key role in energy production.<sup>†</sup> Heart and skeletal muscles are particularly dependent on CoQ10, as are cells and tissues that are involved in immune function.<sup>†</sup>

**Recommendation:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Coenzyme Q10 (naturally derived, emulsified)	30 mg	*
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	30 mcg	*
Catalase (from vegetable culture <sup>†</sup> )	30 mcg	*

**\* Daily Value not established**

**Other ingredients:** Cellulose, stearic acid (vegetable source), gum arabic, magnesium stearate (vegetable source), modified cellulose gum, silica and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally occurring phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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# CurcumRx®



Product # 8012 (60C) | Full Spectrum Emulsified Formula

**CurcumRx®** supplies an all-natural turmeric complex, providing up to 50% total curcuminoid content, plus turmeric's 200 other naturally occurring compounds, including phenolic compounds, sesquiterpenes, sterols, and fatty acids. It utilizes a specialized emulsion technology, concentrating turmeric's many nutrients and greatly enhancing bioavailability without the use of nanotechnology, including the use of chemical solvents and other surfactants that may damage lipid membranes. **CurcumRx®** offers significant antioxidant capacity and supports healthy endothelial function as well as a healthy inflammatory response.†

**Recommendation:** Two (2) capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Curcuma longa (emulsified) (root) (extract)†	500 mg	*
Superoxide Dismutase (from vegetable culture††)	20 mcg	*
Catalase (from vegetable culture††)	20 mcg	*

\* Daily Value not established

**Other ingredients:** Vegetarian capsule shell (modified cellulose) and silica.

† Emulsified Curcuma longa root extract is prepared using a non-chemical process which creates an excellent dual-phase, polar/non-polar emulsion for transport through the lipid membrane.

†† Specially grown, biologically active vegetable culture (from peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



This is a truly transformational product supplying an all-natural turmeric complex, providing an unprecedented range of beneficial turmeric root nutrients, with 5–6 times greater bioavailability versus other professional brands (product is emulsified and prepared using a nonchemical process which creates an excellent dual-phase, polar/non-polar emulsification for transport through the lipid membrane). It has been found to be effective for brain fog, memory impairment, mood issues, inflammation, cardiac support, and increased serum fibrinogen. Two capsules contain 500 mg of Curcuma longa and 30 mcg of SOD and catalase from vegetable culture. Average dose is 1–2 capsules, twice a day.

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# CurcuWIN® 500

## Increased Absorption and Retention\*

CurcuWIN® 500 contains turmeric (*Curcuma longa*) root extract, concentrated to a minimum of 20% curcuminoids. CurcuWIN® has significantly higher absorption compared to other curcumin ingredients.

In a well-controlled human clinical trial, the first curcumin study of its kind to compare commercial curcumin products, CurcuWIN® increased relative absorption of total curcuminoids 46-times over standard curcumin. CurcuWIN® also has longer-lasting action with higher serum concentrations after 12 hours.\* CurcuWIN® curcumin uses a molecular dispersion process (Ultrasol technology) which converts oil soluble nutrients into water-dispersible ingredients to enhance bioavailability and retention.\*

### Supplement Facts

Serving Size	1 Capsule	
Servings Per Container	60	
<hr/>		
Amount Per Serving		% Daily Value
<hr/>		
CurcuWIN® Turmeric ( <i>Curcuma longa</i> ) (Root) Extract (min 20% Curcuminoids)	500 mg	†

† Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide.

**Suggested Use:** As a dietary supplement, 1 capsule one or two times daily with food, or as directed by a healthcare practitioner.

**Warning:** Not indicated for pregnant women.



SKU #77290  
60 vegetarian capsules

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# De-Stress™



Product # 7707 (30C) | Patented Stress & Mood Support

**De-Stress™** is a patented, specially produced milk protein hydrolysate, which constitutes a specific peptide concentrate. It is designed to help support calmness as well exhibiting a protective effect on sleep.\*

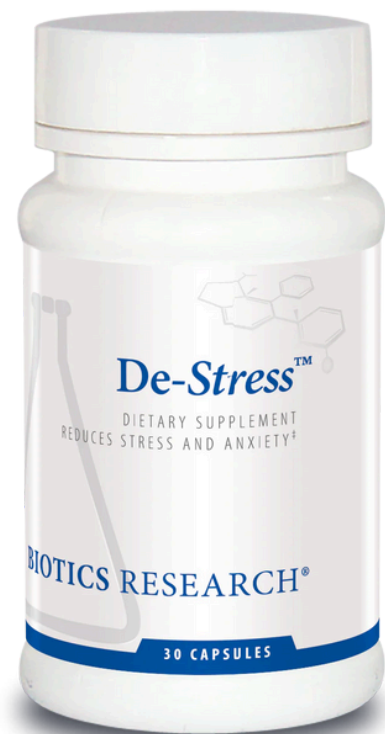
**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional. **De-Stress™** can be taken during the day at time of intense stress or before bedtime.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
De-Stress™ hydrolysate† (as hydrolyzed casein concentrate)	150 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water).

**Contains ingredients derived from milk.**

† **De-Stress™** supplies a decapeptide, as determined by its amino acid sequence, having anxiolytic activity.\*



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**SKU: DENTLS**

# Dentalcidin® LS

**ORAL MICROBIOME LIPOSOMAL RINSE  
REVITALIZES GUMS & FRESHENS BREATH\*  
WITH BIOCIDIN® | NATURAL MINT  
AVAILABLE IN 1 FL OZ (30mL) PUMP**



Periodontal issues are common and can lead to systemic concerns. Dentalcidin LS utilizes the powerful liposomal form of Biocidin®, our broad-spectrum blend of 18 botanicals, to support periodontal and gingival health.\*

Research shows that the transcellular absorption of the liposomal Biocidin in Dentalcidin LS oral rinse is 74% higher than liquid Biocidin. That means breakthrough oral care that offers deeper activity in the periodontal area while disrupting plaque.\* Added botanicals provide antioxidant and tissue-soothing activity.\*

Dentalcidin LS Liposomal Rinse is the second step of our Dentalcidin Oral Care System. For the greatest benefit, use with Dentalcidin Oral Microbiome Toothpaste.

## Benefits

- Liposomal technology for deeper penetration in the periodontal area\*
- CoQ10, quercetin, clove, and myrrh support gum and gingival health\*
- Perfect for use after flossing to help prevent translocation of harmful microorganisms\*
- Supports oral microbiome balance for whole-body health\*
- Broad-spectrum botanicals with tissue-soothing and biofilm-disrupting activity\*

## Features

- Contains Biocidin® Botanical Blend, made with 99% organic ingredients
- Professional strength and fluoride-free
- 100% plant-based and free of artificial ingredients
- Refreshing natural mint flavor
- Recyclable packaging
- Suitable for adults and children 2 years and older

## Ingredients

Biocidin® (Vegetable glycerin‡, Bilberry fruit extract, Grape seed extract, Shiitake mushroom extract‡, Goldenseal root‡, Noni fruit extract‡, Garlic bulb‡, White willow bark, Milk thistle seed‡, Echinacea purpurea herb extract, Echinacea angustifolia root‡, Raspberry fruit‡, Black walnut hull, Black walnut leaf, Lavender oil‡, Oregano oil‡, Galbanum oil, Tea tree oil‡, Fumitory aerial parts extract, Gentian lutea root‡) Myrrh resin, Clove bud oil, Peppermint leaf oil, Quercetin, CoQ10 (ubiquinone)

**Other Ingredients:** Purified water, phospholipids (from sunflower seed lecithin), ethanol (sourced from sugar cane), tocopherols, acacia gum, natural mixed tocopherols

‡Organic

**Contains walnut.** This product is made without dairy, gluten, soy, corn, animal products, artificial coloring or flavoring.



SERIOUS SCIENCE  
BEHIND EVERY SMILE



CLINICALLY  
EFFECTIVE



DEEP PERIODONTAL  
CLEANSING



ORAL MICROBIOME  
BALANCE

**\*Available Online**

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**SKU: DFLOR**

# Dentalflora®

PROMOTES HEALTHY TEETH AND GUMS\*

DENTIST FORMULATED | BLIS M18®

AVAILABLE IN 30 MINT TABLETS



Even with pristine oral hygiene, sometimes additional support is needed. Exciting new research shows oral probiotics can be a tool for supercharging health in the mouth – and beyond.

Sweetened with xylitol and naturally flavored with organic spearmint leaf extract, Dentalflora offers convenient, great-tasting, foundational care for a flourishing oral microbiome that supports systemic health. Because whole-body health begins in the mouth!

## Supplement Facts

Serving Size: 1 tablet  
Servings Per Container: 30

### AMOUNT PER CAPSULE

Xylitol	293 mg <sup>†</sup>
<b>Dentalflora™ Probiotic Blend</b>	105 mg <sup>†</sup> (3 Billion CFU total)
<i>Streptococcus salivarius</i> M18 (BLIS M18®)	20 mg
<i>Lactobacillus paracasei</i>	31 mg
<i>Lactobacillus salivarius</i>	27 mg
<i>Lactobacillus reuteri</i>	27 mg

**Other Ingredients:** Spearmint leaf extract<sup>‡</sup>, Inulin, Stearic acid, Hydroxypropyl cellulose, Spearmint flavor

<sup>†</sup>Daily value not established.

<sup>‡</sup>Organic Ingredient

This product is made without dairy, gluten, animal products, artificial coloring or flavoring.

## Benefits

- Promotes healthy teeth and gums\*
- Supports periodontal health\*
- Promotes fresh breath\*
- Xylitol may help reduce the risk of tooth decay\*
- Helps populate the oral cavity with beneficial bacteria\*
- Helps reduce the formation of dental plaque\*
- Supports oral microbiome balance for whole-body health\*

## Features

- Proprietary blend of 4 targeted, science-backed probiotics
- Clinically proven BLIS M18® included at researched levels
- Dentist-formulated
- Crafted to complement the Dentalcidin Oral Care System
- Exceptionally shelf-stable with guaranteed 5 billion CFU at manufacture and 3 billion CFU at 18-month expiration
- Free from allergens, sugar, stevia, animal products, and magnesium stearate
- Convenient, dissolvable tablet naturally flavored with organic spearmint leaf
- No refrigeration required



PROFESSIONAL-GRADE  
BOTANICALS



CLINICALLY  
EFFECTIVE



ORAL MICROBIOME  
BALANCE



SERIOUS SCIENCE  
BEHIND EVERY SMILE

**\*Available for Retail in-clinic**

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## DIM Enhanced Delivery System Best Seller

Promotes Healthy Estrogen\*

**Item #74140**  
120 vegetarian capsules

Contains BioResponse DIM<sup>®</sup>, a unique formulation containing pure diindolylmethane, an indole. Indoles are found in cruciferous vegetables such as broccoli, cabbage, cauliflower, and Brussels sprouts, and is the most active cruciferous phytonutrient in promoting beneficial estrogen metabolism.

BioResponse DIM<sup>®</sup> is a stable, bioavailable form of DIM, made possible through a proprietary delivery system.\* The formula is co-solubilized with phosphatidylcholine, and microencapsulated in starch particles.

Patented BioResponse DIM<sup>®</sup> is ten times more potent than indole-3-carbinol (I3C).\* Unlike indole-3-carbinol (I3C), patented BioResponse DIM<sup>®</sup> is highly stable and requires no conversion in the stomach.\*

### Suggested Use

As a dietary supplement, 2 to 4 capsules one or two times daily with food, or as directed by a healthcare practitioner.

**CAUTION:** Do not use this product if you are pregnant or lactating, or using birth control pills. Persons taking prescription medications should consult a healthcare professional before use. Harmless changes in urine color may occur. Increased water consumption reverses this side effect. Keep out of reach of children.

Serving Size: 4 capsules  
Servings Per Container: 30

#### Amount Per Serving:

BioResponse DIM<sup>®</sup> (A patented diindolylmethane complex: starch, DIM (25% min.), Vitamin E succinate, phosphatidylcholine (sunflower), silica) . . . . . 300 mg  
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

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## DIM Palmetto

Prostate Formula

**Item #74190**

**60 softgels**

Contains BioResponse DIM<sup>®</sup>, a stable, bioavailable form of diindolylmethane (DIM), combined with saw palmetto, stinging nettles, beta-sitosterol, lycopene, pumpkin seed oil, and zinc. (See also Item #70730, Palmetto Complex II, p. 49)

### Suggested Use

As a dietary supplement, 2 softgels daily with food, or as directed by a healthcare practitioner.

**CAUTION:** Do not use this product if you are pregnant or lactating, or using birth control pills. Persons taking prescription medications should consult a healthcare professional before use. Harmless changes in urine color may occur. Increased water consumption reverses this side effect. Keep out of reach of children.

Serving Size: 2 softgels  
Servings Per Container: 30

#### Amount Per Serving:

Calories	10
Calories from Fat	10
Total Fat	1 g
Zinc (as Zinc Citrate)	10 mg
Pumpkin Seed Oil	893 mg
Saw Palmetto (Berry) Extract (Standardized to 85-95% Fatty Acids)	320 mg
BioResponse DIM <sup>®</sup> (A patented Diindolylmethane complex - starch, DIM (25% min.), Vitamin E succinate, phosphatidylcholine (sunflower), silica)	300 mg
Stinging Nettle (Root) Extract 16:1	300 mg
Beta-Sitosterol	120 mg
Lycopene	15 mg
Other ingredients: Gelatin, glycerin, purified water, yellow beeswax, carob extract, zinc oxide.	

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## DIM Vitex

PMS Formula

**Item #74720**

60 vegetarian capsules

Contains BioResponse DIM<sup>®</sup>, a stable, bioavailable form of diindolylmethane (DIM), combined with vitex and green tea extract.

### Suggested Use

As a dietary supplement, 1 capsule two times daily with a meal, or as directed by a healthcare practitioner.

**CAUTION:** Do not use this product if you are pregnant or lactating, or using birth control pills. Persons taking prescription medications should consult a healthcare professional before use. Harmless changes in urine color may occur. Increased water consumption reverses this side effect. Keep out of reach of children.

Serving Size: 1 capsule

Servings Per Container: 60

#### Amount Per Serving:

BioResponse DIM <sup>®</sup> (A patented diindolylmethane complex: starch, DIM (25% min.), Vitamin E succinate, phosphatidylcholine (sunflower), silica) . . . . .	75 mg
Green Tea (Leaf) Extract decaffeinated (standardized to 60% Catechins). . . . .	600 mg
Vitex agnus-castus (Berries) Extract . . . . .	20 mg
Other ingredients: Hydroxypropyl methylcellulose, L-leucine.	

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# DopaTropic® Powder



Product # 7890 (5 oz) | Support for Healthy Cognitive Function

**DopaTropic® Powder** contains a naturally-occurring source of L-Dopa from the seed of the *Mucuna pruriens* plant. Dopamine functions to trigger numerous nerve impulses that affect muscle movement. Dopamine is also largely responsible for regulating physical movement, and emotion, and also effects the pleasure and motivation centers of the brain. Dopamine also assists neuronal transmission between neurons in the brain. Thus, the less dopamine there is, the less communication there is between the cells in the substantia nigra (midbrain). This area of the brain plays an important role in reward, addiction, and movement.

**Recommendation:** One (1) rounded teaspoon (approx. 4.4 g) mixed with six (6) to eight (8) fluid ounces of water or beverage of choice, as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women. Avoid in patients with psychosis or schizophrenia. Avoid in patients with diabetes and those taking anticoagulants or monoamine oxidase inhibitors.

Supplement Facts	
Serving Size: 4.4 g (approx. 1 rounded teaspoon)	
Servings Per Container: 30	
Amount Per Serving	% Daily Value
Calories 0†	
Total Carbohydrates 3 g	1%†
Total Sugars 0g	*
Includes 0g Added Sugars	
Sugar Alcohols 3g	*
Mucuna pruriens (seed) (extract) 1.6 g	*
† Percent Daily Values based on a 2,000 calorie diet.	
* Daily Value not established	

Other ingredients: Erythritol (a natural, zero glycemic carbohydrate)†.



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# EFA-Sirt Supreme-BC Softgel Capsules

EFA-Sirt Supreme®-BC offers a specialized blend of essential fatty acids, including EPA, DHA, and GLA sourced from black currant seed oil. It is uniquely concentrated and enhanced with all-natural mixed tocopherols, prioritizing high levels of gamma (γ)-tocopherol for optimal effectiveness.



SKU #1426  
(180 Softgel Capsules)

## BENEFITS



Anti-ageing support



Optimise blood sugar levels



Regulates blood pressure



Healthy heart support



Gluten free



Dairy free

## INDICATION

- Cardiovascular support: for coronary heart disease, increased membrane fluidity in platelet aggregation, blood viscosity, capillary flow, and plasma fibrinogen
- Support of healthy blood lipid profiles, nitric oxide (NO) production, fatty acid oxidation, and normal blood pressure, blood sugar, and insulin levels

## SUGGESTED USE

Six (6) softgel capsules each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 6 Softgel Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories (energy)	70	
Total Fat	7 g	9%†
Saturated Fat (not more than)	1 g	5%†
Total Carbohydrate	<1 g	<1%†
Protein	2 g	
Vitamin E	50 mg	333%
Natural Mixed Tocopherols including d-gamma tocopherols, d-delta tocopherols, d-beta tocopherols, and d-alpha tocopherols	400 mg	*
GLA (Gamma Linolenic Acid)	475 mg	*
Total EPA and DHA	2 g	*
EPA (Eicosapentaenoic Acid)	1,145 mg	*
DHA (Docosahexaenoic Acid)	858 mg	*

† Percent Daily Value based on a 2,000 calorie diet  
\* Daily Value not established

# EGCG-200 mg



Product # 7450 (60C) | High Dose Catechin

**EGCG-200 mg** supplies EGCG (epigallocatechin-3-gallate), an important catechin supplied as a green tea extract. EGCG possesses significant antioxidant activity and provides related neuroprotective action.\* It has been shown to support normal, healthy cardiovascular and immune function.\*

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for those suffering from liver disease or related disorders. Do not exceed the recommendation unless directed by a physician. This product is not intended for use as a weight loss supplement (contains < 8 mg caffeine per dose).

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Green Tea Extract (50% EGCG) ( <i>Camellia sinensis</i> ) (leaf)	400 mg	*
Superoxide Dismutase (from vegetable culture†)	10 mcg	*
Catalase (from vegetable culture†)	10 mcg	*

\* Daily Value not established

**Other ingredients:** Vegetarian capsule shell (cellulose), and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated and/or organically bound phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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## Saccharomyces boulardii

Friendly Probiotic Yeast\*

Best Seller

**Item #71050**

60 vegetarian capsules

**Item #77230**

120 vegetarian capsules

A probiotic, non-colonizing yeast species closely related to brewer's yeast and not related to the yeast group to which candida belongs. *Saccharomyces boulardii* taken orally supports the production of secretory

IgA, and helps friendly probiotic bacteria to colonize the GI tract.\* It is a transitory microorganism and is eliminated after supplementation is stopped.\*

Both extensive studies and clinical use suggest *Saccharomyces boulardii* can help displace unfriendly yeast species in the GI tract.\* During its use, friendly probiotic bacteria are able to colonize in the GI tract, supporting a healthy micro-ecology.\* *S. boulardii* has been used in Europe after antibiotic use to support normal gastrointestinal tract function.\*

### Suggested Use

As a dietary supplement, 1 to 3 capsules three times daily, preferably on an empty stomach, or as directed by a healthcare practitioner.

Serving Size: 3 capsules

Servings Per Container: 20 (Item #71050), 40 (Item #77230)

#### Amount per serving:

*Saccharomyces boulardii* . . . . . 9 Billion CFUs

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, stearic acid, silicon dioxide.

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# Fe-Zyme™

Product # 1703 (100T) | Iron Formula



**Fe-Zyme™** is a source of supplemental iron in a highly bioavailable form, combined with synergists known to assist with uptake and utilization such as vitamin B12, copper, ascorbic acid and vegetable culture. **Fe-Zyme™** contains the ferrous bisglycinate form of iron. Ferrous bisglycinate is a nutritionally functional mineral amino acid chelate that not only has superior bioavailability, but is also easy on the gastrointestinal tract.

**Recommendation:** One (1) tablet each day, with meal, as a dietary supplement or as otherwise directed by a healthcare professional.

**Warning:** Accidental overdose of iron-containing products is a leading cause of poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

<b>Supplement Facts</b>		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin)	5 mcg	208%
Iron (as ferrous bisglycinate chelate) (Ferrochel®)	25 mg	139%
Zinc (as zinc gluconate and zinc citrate)	8 mg	73%
Copper (as copper gluconate and copper citrate)	2 mg	222%
* Daily Value not established		

**Other ingredients:** Ascorbic acid (to augment iron transport), vegetable culture†, cellulose, modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

Ferrochel® is a registered trademark of Albion Laboratories, Inc.

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Source of iron, copper, zinc, and vitamin B-12 in a base of ascorbic acid to facilitate uptake of the iron. Use with anemia, pregnancy, cold hands and feet due to anemia, blue tint to the whites of the eyes, and as long-term copper, zinc, or iron support (balanced formula). 1 tablet, 2 or 3 times a day with meals. Product contains iron and should be kept out of the reach of children.

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# Fish Oil+ Capsules

Fish Oil+ delivers enhanced bioavailability with phospholipid based DHA + EPA, two vital omega-3 fatty acids to support general health. Enriched with naturally-derived Specialized Pro-resolving Mediators (SPMs), it actively fosters healing and restoration. We believe in the power of nature, and our product is a testament to that belief, leveraging Mother Nature's pre-packaged nutrients for you.



SKU #SPM60  
(60 Softgels)

## BENEFITS



Healthy brain support



May reduce inflammation



Anti-ageing



Healthy heart functions



Sports & active nutrition



Prenatal/maternal health



Promotes cellular health



Supports skin health



Non-GMO



Dairy free

## INDICATION

- Systemic inflammationsupport
- Brain health
- Skin health
- Heart health
- Cellular membrane support

## SUGGESTED USE

Start with 4-6 capsules per day as a loading dose to support active inflammation. Reduce to 2 capsules per day as symptoms improve.

## Fish Oil+ / SUPPLEMENT FACTS

CLINICALLY STUDIED

Serving size: 2 softgels

Serving Per Container: 30

AMOUNT PER SERVING	% DAILY VALUE	
Cholesterol	30 mg	10% †
Choline (from Phosphatidylcholine)	30 mg	5%
Total Phospholipids	280 mg	**
Phosphatidylcholine	240 mg	**
Total Omega-3 Fatty Acids	430 mg	**
EPA (Eicosapentaenoic Acid)	80 mg	**
DHA (Docosahexaenoic Acid)	300 mg	**

†† Percentage daily values are based on a 2000 calorie diet.

\*\*Daily Value not established.

**Ingredients:** Herring roe extract, purified deep sea fish oil, (sardines and/or anchovies), softgel (gelatin, glycerin, purified water), antioxidant (natural tocopherols).

# Folate-5 Plus (with B12) Tablets

Folate-5 Plus provides calcium folinate, combined with vitamin B12 and antioxidant enzymes SOD and catalase. This potent formula is ideal for situations where additional folate supplementation is necessary. Folate plays a crucial role in synthesizing neurotransmitters such as dopamine, epinephrine, and serotonin, essential for neurological function.



SKU #1179  
(120 Tablets)

## BENEFITS



Promotes healthy immune response



Supports neurotransmitter synthesis



Anti-inflammatory support



Dairy free support



Gluten free

## INDICATION

- Cardiovascular support
- Vitamin support for anaemia
- Chronic fatigue
- Digestive inflammation
- Elevated uric acid in gout
- Elevated MCV/MCH (red blood indices)
- Nerve degeneration or inflammation

## SUGGESTED USE

One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Folate (as calcium folinate)	5,000 mcg DFE	1,250%
Vitamin B12 (as methylcobalamin)	18 mcg	750%
Superoxide Dismutase (from vegetable culture †)	20 mcg	*
Catalase (from vegetable culture †)	20 mcg	*

\* Daily Value not established

**Other ingredients:** Cellulose, stearic acid (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.


### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product #1179 Rev. 09/18

## Free Aminos

Allergen-Free, Digestion-Free

 Hypoallergenic

Item #70540

100 vegicaps

A formulation of 17 naturally occurring amino acids in their free forms, including 9 essential amino acids, as well as L-5-Hydroxytryptophan (5-HTP). Contains no L-tryptophan.

### Suggested Use

As a dietary supplement, 1 or 2 capsules one to three times daily between meals, or as directed by a healthcare practitioner.

Serving Size: 2 capsules  
Servings Per Container: 50

#### Amount Per Serving:

L-5-Hydroxytryptophan	20 mg
L-Alanine	82 mg
L-Arginine	124 mg
L-Cysteine HCl	28 mg
L-Cystine	124 mg
L-Glutamine	56 mg
Glycine	56 mg
L-Histidine HCl	98 mg
L-Isoleucine	138 mg
L-Leucine	138 mg
L-Lysine HCl	196 mg
L-Methionine	28 mg
L-Phenylalanine	15 mg
L-Serine	28 mg
Taurine	28 mg
L-Threonine	112 mg
L-Tyrosine	56 mg
L-Valine	56 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose.	



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SKU: PICGI

## G.I. InnerCalm®

BOTANICAL FORMULA WITH GLYCINE AND GUTGARD®

DAILY SOOTHING SUPPORT FOR DIGESTIVE HEALTH\*

AVAILABLE IN 30-COUNT STICK PACKS

G.I. InnerCalm is a gut powder with broad benefits. It promotes gastrointestinal and nervous system health and helps manage the discomfort associated with occasional heartburn, bloating, and gas.\* Simple, soothing support for the gut and mind.\* And it tastes so good, you'll actually look forward to taking it!

A plant-focused formulation, G.I. InnerCalm combines botanicals and other proven nutrients at evidence-based levels. The delicious powdered drink contains glycine, GutGard® deglycyrrhizinated licorice (DGL), and PepZin GI™ (zinc L-carnosine), all of which have been shown to support healthy gut mucosa.\* Their activity is augmented by additional herbal ingredients, resulting in an environment that allows the body's innate wisdom to flourish.

G.I. InnerCalm contains glycine instead of glutamine. Why? Because glycine offers support for gut integrity – with the added benefit of calming both the gut and the nervous system.\*



### Benefits

- Helps manage occasional heartburn, bloating, and gas\*
- Supports digestive health and stomach lining integrity\*
- Antioxidant activity supports a healthy inflammatory response\*
- Promotes healthy gut motility and regularity\*
- Contributes to a healthy nervous system, mood, and sleep\*
- Supports a healthy stress response\*

### Features

- Standardized botanicals contain a guaranteed percentage of active constituents
- Contains proven ingredients at clinically researched levels for maximum benefit
- Glutamine-free to avoid neurological irritation experienced by some patients
- Carefully selected prebiotics will not aggravate dysbiosis
- Contains glycine to support digestion, protein synthesis, and connective tissue\*
- Formulation includes select botanicals and glycine to support mood and sleep\*

#### Supplement Facts

Serving Size: 1 Stick Pack (6 g)  
Servings Per Container: Approx. 30

##### AMOUNT PER SERVING

**Proprietary Herbal Blend:** 4.6 g†

L-glycine, Chamomile flower extract, Lemon balm leaf‡, Quercetin, GutGard® Licorice root extract, Aloe vera leaf extract‡, Ginger root extract, PepZin GI™ (Zinc L-Carnosine)

**Other Ingredients:** Natural flavor, Citric acid, Monk fruit, Microcrystalline cellulose

†Daily value not established.

‡Organic Ingredient

This product is made without dairy, gluten, corn, soy, artificial coloring or flavoring.



SUPPORTS  
HEALTHY MOOD



CLINICALLY  
EFFECTIVE



PROMOTES  
GI HEALTH



HEALTHY  
DIGESTION

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## GI Flora

*L. acidophilus, L. casei, L. rhamnosus, B. longum*

**Item #72461**

**90 vegetarian capsules**

This combination of four beneficial probiotic bacteria consists of *Lactobacillus acidophilus*, *L. rhamnosus*, *L. casei*, and *Bifidobacterium longum*. Lyophilized (freeze-dried). Replaces Item #72460. **Now dairy-free.**

### Suggested Use

As a dietary supplement, 1 to 3 capsules two or three times daily, or as directed by a healthcare practitioner.

Serving Size: 3 capsules  
Servings Per Container: 30

#### Amount per serving:

<i>Lactobacillus casei</i> . . . . .	4.8 Billion CFUs**
<i>Lactobacillus rhamnosus</i> . . . . .	4.8 Billion CFUs**
<i>Lactobacillus acidophilus</i> . . . . .	1.2 Billion CFUs**
<i>Bifidobacterium longum</i> . . . . .	1.2 Billion CFUs**

\*\*Viable cell count at the time of manufacture.

Other ingredients: Hydroxypropyl methylcellulose, FOS, rice flour, stearic acid

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# HCl-Plus™

Product # 1230 (90T) | HCl/Digestive Support



**HCl-Plus™** provides digestive support via supplemental betaine hydrochloride, pepsin and other known synergists. It may be considered when the need for supplemental hydrochloric acid is indicated.

**Recommendation:** One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

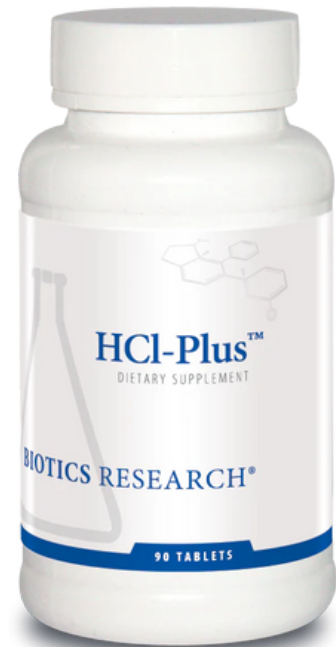
Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
Betaine (as betaine hydrochloride)	115 mg	*
Glutamic Acid (as L-Glutamic acid hydrochloride)	50 mg	*
Ammonium Chloride	35 mg	*
Pepsin (1:10,000)	10 mg	*

\* Daily Value not established

**Other ingredients:** Vegetable culture†, cellulose, stearic acid (vegetable source), modified cellulose gum, and silica.

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated and/or organically bound phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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# Hydro-Zyme™

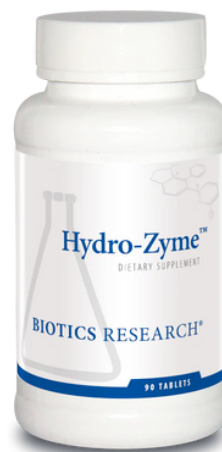


Product # 1262 (90T) # 1263 (250T) | HCl/Digestive Support

**Hydro-Zyme™** provides digestive support via supplemental betaine hydrochloride, pepsin, and pancreatin, along with other known synergists. Gastric juice contains hydrochloric acid and pepsinogens, precursors of the family of proteolytic enzymes called pepsins. Betaine hydrochloride represents a dietary source of hydrochloric acid, a strong mineral acid which functions to maintain healthy gastric pH. Pancreatin is derived from porcine pancreas, highly enriched in pancreatic enzymes, in a ratio akin to human pancreas. **Hydro-Zyme™** may be considered when the need for supplemental hydrochloric acid and/or pancreatin are indicated.

**Recommendation:** One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Tablet</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	118%
Betaine (as betaine hydrochloride)	150 mg	*
Glutamic Acid (as L-Glutamic acid hydrochloride)	50 mg	*
Ammonium Chloride	35 mg	*
Pancreatin 4X (porcine)	10 mg	*
Pepsin (1:10,000)	10 mg	*
<b>* Daily Value not established</b>		



Source of Betaine HCl, Glutamic Acid, Ammonium Chloride, Pepsin and vitamin B-6. Product is the same as HCL-Plus except each tablet also contains 10 mg of pancreatin. Use with chronic indigestion, chronic need for HCl or pancreatic support, bowel dysfunction (diarrhea or constipation), gas, bloating, bad breath, body odor, loss of taste for meat, anemia, pregnancy and low mineral values as seen on a mineral analysis. Begin with 2 tablets in the middle of each meal and increase by 1 tablet every three days until the symptoms are controlled and then begin to reduce. See the note under HCL-Plus indicating support for patients who require continued HCl support.

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# ImmunoBiotic Pro

## Immunobiotic Regulator\*

ImmunoBiotic Pro starts with *Lactobacillus rhamnosus* originally derived from a Russian fermented dairy source. As international probiotic expert Dr. Gregor Reid\*\*, Professor of Microbiology and Immunology at The University of Western Ontario states: "If a person skilled in the art wanted to select a bacterium type that conferred many beneficial effects for humans, he/she would not need to look much further than *Lactobacillus rhamnosus*.\* Found naturally in many different foods, including fermented dairy products, this species can be present in the healthy intestine and vagina.\*\*"

### Supplement Facts

Serving Size	3 Capsules	
Servings Per Container	66	
<b>Amount Per Serving</b>	<b>% Daily Value</b>	
<i>Lactobacillus rhamnosus</i> lysate powder	75 mg	†
† Daily Value not established.		

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

**Suggested Use:** As a dietary supplement, 1 to 3 capsules one or two times daily, or as directed by a healthcare practitioner.



Item #75670

200 vegetarian capsules

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# Inositol (from rice)



Product # 1452 (200T) | Metabolic Support

**Inositol** provides a supplemental source of inositol from rice. Among its other actions, inositol is involved in neuronal signaling and osmotic regulation in the brain.+ Since all the major neurotransmitter systems, dopamine, norepinephrine, serotonin, and acetylcholine, use inositol as part of their messaging line, it may be beneficial in supporting neurotransmitter function.+

**Recommendation:** Two (2) tablets one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

Supplement Facts		
Serving Size: 2 Tablets		
Servings Per Container: 100		
	Amount Per Serving	% Daily Value
Inositol (from rice)	650 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Cellulose, stearic acid (vegetable source) and magnesium stearate (vegetable source).



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# Intenzyme Forte™



Product # 1207 (50T) # 1201 (100T) # 1202 (500T)  
Digestive/Inflammatory Response Support

**Intenzyme Forte™** is a broad-spectrum proteolytic enzyme formulation containing pancreatin, bromelain, papain, lipase, amylase, trypsin and alpha chymotrypsin. It may be utilized to support numerous protein metabolism pathways.+ Proteolytic enzymes are capable of exerting influence over a wide variety of physiological and biochemical processes. The benefits of **Intenzyme Forte™** include its effect on muscle soreness and discomfort due to overexertion, the support of hormone processing, as well as providing support for healthy digestive, immune and circulatory functions.+

**Recommendation:** One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
Serving Size: 1 Tablet		
	Amount Per Serving	% Daily Value
Pancreatin 4X (porcine)	100 mg	*
Bromelain (from pineapple)	50 mg	*
Papain (from papaya)	50 mg	*
Lipase (porcine)	10 mg	*
Amylase (porcine)	10 mg	*
Trypsin & Alpha Chymotrypsin (porcine)	100 mg	*
Superoxide Dismutase (from vegetable culture†)	10 mcg	*
Catalase (from vegetable culture†)	10 mcg	*

\* Daily Value not established

**Other ingredients:** Stearic acid (vegetable source), cellulose, magnesium stearate (vegetable source) and food glaze.

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Source of animal and plant proteolytic enzymes. Product is high in trypsin/chymotrypsin. Use with systemic inflammation, tissue damage, arthritis, food sensitivity, increased fibrinogen, poor circulation due to inflammation or atherosclerosis (use with Porphyra-Zyme), phlebitis, and free radical conditions. With acute injury, use 10 tablets immediately and then 5 tablets, 4 times a day on an empty stomach for 3 days, and then reduce to 4 tablets, 3 times a day on an empty stomach until the inflammation and swelling abates. With chronic inflammation, arthritis, etc., use 3–4 tablets, 3 times a day on an empty stomach. Intenzyme Forte will help to thin the blood; therefore, it should be used with caution with patients who are on prescribed blood thinners.

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# Iodizyme-HP™

Product # 1737 (120T) | High Potency Iodine



**Iodizyme-HP™** is a high potency iodine supplement, supplying both iodine and iodide. As a result of decreased iodine status due to the typical Western diet, optimal thyroxine is not always produced, thus potentially affecting normal thyroid function.+ The use of oral iodine/iodide can aid in circumventing this issue. Although approximately 80% of the dietary intake of iodine is sequestered by the thyroid gland, other tissues concentrate iodine as well. These tissues include the salivary glands, the gastric mucosa, the choroid plexus, the mammary glands and the ovaries. Published information suggests iodine/iodide helps to maintain healthy hydroxyl estrogen ratios as well. **NOTE: This product is available only to practitioners who are authorized to order blood work.**

**Recommendation:** One half (½) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Warning:** High dose iodine products should only be used under the direct supervision of a healthcare professional that is licensed to diagnose and treat. Not recommended for pregnant or lactating women.

<b>Supplement Facts</b>		
<b>Serving Size: ½ Tablet</b>		
<b>Servings Per Container: 240</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Total Iodine/Iodide	6.25 mg	4,167%
Iodine	2.5 mg	
Iodide (as potassium salt)	3.75 mg	
<b>* Daily Value not established</b>		

**Other ingredients:** Cellulose, stearic acid (vegetable source), magnesium stearate (vegetable source), silica and food glaze.



Consider 1–2 teaspoons, 3 times a day for chronic problems and up to 6 teaspoons, 3 times a day in the acute phase. For children, consider 1/2 teaspoon, 1–3 times a day. With reduced secretory IgA, use with Cytozyme-THY, Immuno-GG, and BioDoph-7 Plus.

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# KappArest™



Product # 7855 (180C) | Inflammatory Response Support

**KappArest™** is a proprietary formula supplying a broad array of antioxidants and phytonutrient components. It is designed to support a healthy inflammatory response, primarily through the modulation of NF-kappaB, a molecule inside each cell.<sup>+</sup> Included in this formula is **Phytolens®**, a Biotics Research patented extract from lentil, which has demonstrated broad antioxidant properties, and displays potent free radical scavenging ability, resulting in marked benefits on the body's natural inflammatory process.<sup>+</sup>

**Recommendation:** Three (3) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.



<b>Supplement Facts</b>	
Serving Size: 3 Capsules	
Servings Per Container: 60	
	Amount Per Serving
Proprietary Blend	1,150 mg
Curcuma Longa (emulsified root extract <sup>†</sup> and rhizome powder)*	
Boswellia ( <i>Boswellia serrata</i> ) (resin oil) (extract)*	
Propolis*	
Green Tea ( <i>Camellia sinensis</i> ) (leaf) (extract)*	
Ginger ( <i>Zingiber officinale</i> ) (rhizome) (extract)*	
Rosemary ( <i>Rosemarinus officinalis</i> ) (aerial part) (extract)*	
Celery ( <i>Apium graveolens</i> ) (seed) (extract)*	
Alpha-Lipoic Acid*	
Trans-Resveratrol*	
Phytolens® ( <i>Lens esculenta</i> ) (extract) (husk) <sup>††</sup> *	
Bioperine® ( <i>Piper nigrum</i> ) (extract) (fruit) <sup>†††</sup> *	

\* Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water), cellulose, silica and magnesium stearate (vegetable source).

<sup>†</sup> Emulsified Curcuma longa root extract is prepared using a non-chemical process which creates an excellent dual-phase, polar/non-polar emulsion for transport through the lipid membrane.

<sup>††</sup> **Phytolens®** is a registered trademark of Biotics Research Corporation. U.S. Patent # 5,762,936

<sup>†††</sup> **Bioperine®** is a registered trademark of Sabinsa Corporation.

Designed by Dr. Alex Vasquez. Three capsules contain a 1,150 mg proprietary blend of curcuminoids, boswellia, propolis, green tea extract, ginger, rosemary, celery seed extract, resveratrol, alpha lipoic acid, cane juice extract (Wulzen Factor), phytolens and piper nigrum. Product inhibits production of NF-Kappa-B, a molecule inside each cell that becomes activated to stimulate the production of inflammatory chemicals that promote pain, inflammation and a variety of other problems such as heart disease, lupus, arthritis and other free radical problems. 3-4 capsules twice a day. Not recommended during pregnancy. Product should be used with Bio-D Mulsion Forte and Optimal EFAs or EFA-Sirt Supreme.

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# L-Tyrosine

Product # 5250 (100C) | Essential Amino Acid



**L-Tyrosine** is considered a “conditionally essential” amino acid, due to the fact that there are circumstances where the body cannot produce enough to meet physiological needs. Tyrosine is important for the production of the catecholamines, including epinephrine, norepinephrine, and dopamine. Because tyrosine is involved in the production of the stress hormones epinephrine and norepinephrine, in times of stress the body may not be able to make enough tyrosine from phenylalanine to meet dietary needs. It is also a participant in the function of organs responsible for making and regulating hormones, including the adrenal, thyroid, and pituitary glands. Additionally, it is involved in the structure of almost every protein in the body.

**Recommendation:** One (1) capsule three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
L-Tyrosine	500 mg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water).

**CERTIFIED PURE**

L-Tyrosine is a non-hydrolyzed, free-form amino acid,



**500 mg per capsule. Use with anxiety, depression, alcoholism, drug withdrawal, thyroid, adrenal, or pituitary hypofunction. 1–2 capsules, 3 times a day with meals.**

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# Lactozyme®



Product # 1281 (180T) | Probiotic/GI Support

**Lactozyme®** is a supplemental source of the probiotics *Lactobacillus acidophilus* (DDS-1) and *Bifidobacterium bifidum* organisms. Each tablet supplies 50 million organisms each of *Lactobacillus acidophilus* (DDS-1) and *Bifidobacterium bifidum* organisms when packaged. Although antibiotics kill bacteria, they do not discriminate between the friendly and unfriendly organisms, so following antibiotic therapy the balance between good and bad bacteria in the intestines can be upset. Probiotics aid in restoring this balance.

**Recommendation:** One (1) tablet with each meal as a dietary supplement or as otherwise directed by a healthcare professional.

**REFRIGERATE AFTER OPENING**

<b>Supplement Facts</b>	
Serving Size: 1 Tablet	
	Amount Per Serving
Proprietary Blend	148 mg
Vegetable culture concentrate†	*
<i>Lactobacillus acidophilus</i> (DDS-1)	*
<i>Bifidobacterium bifidum</i> (Bb-06)	*
<b>* Daily Value not established</b>	

**Other ingredients:** Cellulose, stearic acid (vegetable source) and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

Each **Lactozyme®** tablet contains 50 million each of *Lactobacillus acidophilus* (DDS-1) and *Bifidobacterium* (Bb-06) when packaged.

Contains an ultra-trace amount (<0.007 ppm) of milk constituents which are used in the fermentation of probiotic ingredients.



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# Li-Zyme<sup>™</sup> Forte

(Phytochemically-Bound Lithium<sup>™</sup>)



Product # 1724 (100T) | Whole Food Lithium Source

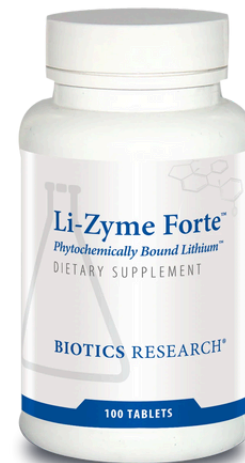
**Li-Zyme Forte<sup>™</sup>** supplies the trace mineral lithium as a whole food, phytochemically-bound vegetable culture source. It may be used where a higher concentration of lithium is indicated. Typical dietary intakes of lithium range from 200 to 600 mcg per day, however certain population groups consume levels that are significantly higher. While not considered an essential trace mineral, animal studies have documented detrimental effects of lithium deficiency. Each tablet supplies 150 mcg of plant sourced lithium.

**Recommendation:** One (1) tablet one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>	
Serving Size: 1 Tablet	
	Amount Per Serving
Lithium (from vegetable culture <sup>†</sup> )	150 mcg*
* Daily Value not established	

**Other ingredients:** Stearic acid (vegetable source), food glaze, modified cellulose gum, magnesium stearate (vegetable source) and cellulose.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically-Bound Lithium<sup>™</sup>** and other phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



Use with depression, alcoholism, fibromyalgia, thyroid hyperfunction, and severe mental stress. Product is the same as LI-Zyme except each tablet contains 150 micrograms of naturally occurring lithium from vegetable culture. 2–3 tablets, 3 times a day with meals. In severe cases, this product should be dosed at two tablets per waking hour for the first two weeks of treatment. Two tablets per waking hour is the dose that should be used with thyroid hyperfunction.

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# Li-Zyme™ (Phytochemically-Bound Lithium™)



Product # 1706 (100T) | Whole Food Lithium Source

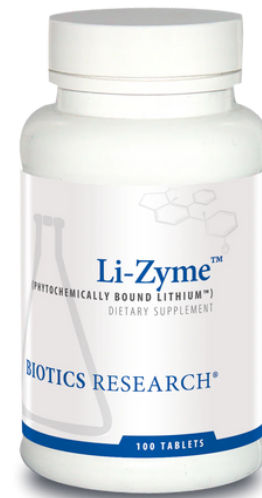
**Li-Zyme™** supplies lithium as a whole food, phytochemically-bound vegetable culture. Typical dietary intakes of lithium range from 200 to 600 mcg per day; however certain population groups consume levels that are significantly higher. While not considered an essential trace mineral, animal studies have documented detrimental effects of lithium deficiency. **Li-Zyme™** supplies 1/3 the amount of lithium (50 mcg) as does the product **Li-Zyme Forte™**.

**Recommendation:** One (1) tablet one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>	
Serving Size: 1 Tablet	
	Amount Per Serving
Lithium (from vegetable culture†)	50 mcg*
* Daily Value not established	

**Other ingredients:** Cellulose, stearic acid (vegetable source), food glaze and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically-Bound Lithium™** and other phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



50 micrograms per tablet of naturally occurring lithium from vegetable culture. Use with depression, adrenal dysfunction, thyroid hyperfunction, alcoholism, fibromyalgia, and severe mental stress. 3 tablets, 3 times a day with meals. If the problem is severe and higher levels of lithium are required, use LI-Zyme Forte containing 150 micrograms of naturally occurring lithium per tablet.

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# Lipoic Acid Plus

Product # 5199 (90C) | Alpha-Lipoic Acid (ALA)



**Lipoic Acid Plus** supplies alpha-lipoic acid (ALA), a potent antioxidant and a critical cofactor for many enzyme complexes, along with vitamin C. As a powerful biological antioxidant, lipoic acid's capability to quench free radicals is equivalent to that of coenzyme Q10 (CoQ10), and vitamins C and E. In the body it functions as both a coenzyme, and a necessary component for normal mitochondrial function. ALA is unique in that it has activity in both fat and water-soluble tissues. ALA has demonstrated advantageous effects in supporting the cardiovascular system, biological energy production and glucose regulation.\*

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

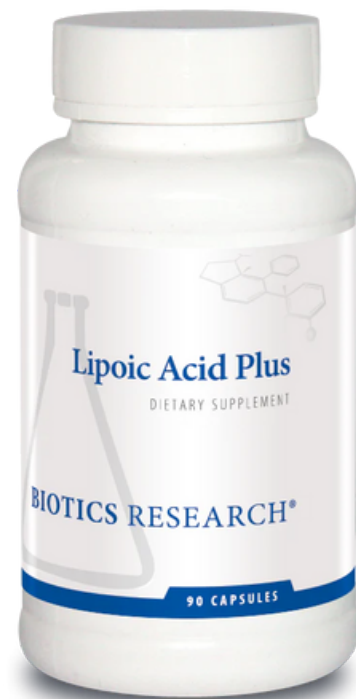
## Supplement Facts

Serving Size: 1 Capsule

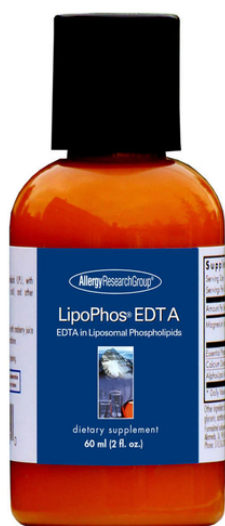
	Amount Per Serving	% Daily Value
Vitamin C (as calcium and magnesium ascorbate)	50 mg	56%
Alpha Lipoic Acid	100 mg	*

\* Daily Value not established

**Other ingredients:** Cellulose, capsule shell (gelatin and water) and magnesium stearate (vegetable source).



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## LipoPhos® EDTA

EDTA in Liposomal Phospholipids

**Item #75120**

60 mL (2 fl. oz.)

**Available to healthcare practitioners only.**

LipoPhos® EDTA contains Liposomal Phospholipids (LPL), with sodium EDTA (ethylenediaminetetraacetic acid), and other ingredients.\* Note: LipoPhos® EDTA is now offered in a squeeze bottle. Only the bottle has changed; the formula is exactly the same.

### Suggested Use

As a dietary supplement, 1 to 3 oz. weekly with cranberry juice or lemonade, or as directed by a physician.

Serving Size: 1 fl. oz. (2 Tbls)

Servings Per Container: 2

#### Amount Per Serving:

Magnesium (as Magnesium Citrate) . . . . . 40 mg

Essential Phospholipids (sunflower) . . . . . 2.5 g

Calcium Disodium EDTA . . . . . 1 g

Alpha-Lipoic Acid . . . . . 50 mg

Other ingredients: Deionized water, lecithin (sunflower), safflower oil, ethanol, potassium sorbate, xanthan gum, vitamin E.

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# Liposomal Vitamin C Capsules

Our pure, non-GMO Vitamin C delivered in a liposomal form — ensuring maximum absorption for powerful immune and antioxidant support.



## BENEFITS



Potent antioxidant



Augments immunity



Skin health



Supports collagen repair



Connective tissue support



Adrenal health support



Non-GMO



Dairy free



Gluten free

## INDICATION

- Frequent colds and coughs
- Low immune response
- Skin diseases and skin health
- Adrenal fatigue and subclinical
- Adrenal stress
- Antioxidants need
- Low vitamin C intake
- Diseases linked to low vitamin C

## SUGGESTED USE

Take 2 capsules per day with or without food, or use as directed by your Healthcare Professional.

## LIPOSOMAL VITAMIN C SUPPLEMENT FACTS

Serving Size: 2 capsules  
Servings Per Container: 30

AMOUNT PER SERVING	% DAILY VALUE*	
Vitamin C (as Quali®-C Ascorbic Acid)	1,000 mg	1,111%


\* The % Daily Values are based on a 2000 calorie diet.  
† Daily Value Not Established

**Other Ingredients:** Proprietary lipid blend (Non-GMO Sunflower Oil and Sustainable Palm Oil), Vegetarian capsule (Cellulose) No gluten, dairy, soy, or GMO-containing ingredients.



# Magnesium Citrate

Pure, Well-Absorbed Magnesium\*

 Hypoallergenic

**Item #70240**

90 vegetarian capsules

**Item #76660**

180 vegetarian capsules

Magnesium in the citrate form. Magnesium is a cofactor for some 300 enzymes in the body, and acts in concert with calcium.\*

## Suggested Use

As a dietary supplement, 1 capsule one to three times daily between meals, or as directed by a healthcare practitioner. High doses of magnesium may have a laxative effect.

Contraindicated with use of aluminum-containing drugs.


Serving Size: 1 capsule	
Servings Per Container: 90 (Item #70240), 180 (Item #76660)	
<b>Amount per serving:</b>	
Magnesium (as Magnesium Citrate). . . . .	170 mg
Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.	

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# Magnesium Malate Forte

Magnesium, Malate, and B2

 Hypoallergenic

**Item #70740**

120 vegetarian tablets

A combination of malic acid with magnesium and vitamin B2 (riboflavin). All three of these nutrients are important for energy generation.\* Magnesium malate is involved in the Krebs cycle, and in the activation of many enzyme systems that are important for protein

and carbohydrate metabolism.\*

## Suggested Use

As a dietary supplement, 1 or 2 tablets two or three times daily with meals, or as directed by a healthcare practitioner.

Serving Size: 2 tablets

Servings Per Container: 60

### Amount per serving:

Riboflavin (Vitamin B2) . . . . . 10 mg

Magnesium (60% as Magnesium Citrate and 40% as Magnesium Hydroxide) . . . . . 124 mg

Malic acid . . . . . 500 mg

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, silicon dioxide, magnesium stearate, gum acacia.

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## MCS®-2

Product # 6308 (90C) | Metabolic Clearing Support



**MCS®-2** (Metabolic Clearing Support) is a unique formulation combining vitamins, minerals, amino acids, botanical components, and other nutritive synergists to support healthy Phase I and Phase II liver detoxification pathways. Vitamins A, C and E, serve as cofactors for Phase II enzymes. Vitamin A is also essential for the normal functioning of the immune system, and acts as an important antioxidant, via its ability to scavenge reactive oxygen species.\* Carotenoids exhibit an extraordinary capacity to quench singlet oxygen molecules. Additionally, various trace minerals also play an important role in both detoxification and metabolic support.\* Herbal components are also known to possess hepatoprotective actions, and thus serve an important role in liver support during metabolic clearing and detoxification.\* **MCS®-2** supplies a unique blend of herbs to support these processes, including milk thistle, lycium berries, cleavers, culvers, burdock, and red clover.

### Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids)	284 mcg RAE	32%	Molybdenum (as molybdenum glycinate)	75 mcg	167%
Vitamin C (as ascorbic acid)	30 mg	33%	Parotid Tissue (raw) (bovine)	10 mg	*
Vitamin E (as d-alpha tocopheryl acetate)	13 mg	87%	L-Methionine	100 mg	*
Thiamin (B1) (as thiamin mononitrate)	1 mg	83%	L-Cysteine HCl	60 mg	*
Riboflavin (B2)	1 mg	77%	Taurine	50 mg	*
Niacin (as niacinamide)	8 mg	50%	L-Glutathione (reduced)	20 mg	*
Vitamin B6 (as pyridoxal-5-phosphate, pyridoxine HCl)	1 mg	59%	Alpha-Lipoic Acid	20 mg	*
Folate (as calcium folinate)	100 mcg DFE	25%	Proprietary Blend	180 mg	
Vitamin B12 (as methylcobalamin)	20 mcg	833%	Milk Thistle ( <i>Silybum marianum</i> ) (root & aerial part) (extract)		*
Pantothenic Acid (as calcium pantothenate)	5 mg	100%	Lycium Berry ( <i>Lycium chinensis</i> ) (extract)		*
Choline (as choline bitartrate)	20 mg	4%	Cleavers ( <i>Galium aparine</i> ) (aerial part)		*
Zinc (as zinc gluconate)	4 mg	36%	Dandelion ( <i>Taraxacum officinale</i> ) (root) (extract)		*
Selenium (from vegetable culture <sup>†</sup> )	20 mcg	36%	Burdock ( <i>Arctium lappa</i> ) (root) (extract)		*
Copper (as copper gluconate)	0.1 mg	11%	Red Clover ( <i>Trifolium pratense</i> ) (flower)		*

\* Daily Value not established

**Other Ingredients:** Capsule shell (gelatin and water).

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing **Phytochemically-Bound Selenium™** and other phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Recommendation:** One (1) capsule two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.



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# Melatonin-B6/Mg



Product # 7750 (60T) | Circadian Rhythm

Melatonin supports a normal circadian rhythm for healthy sleep patterns and provides support for GI health via its antioxidant effect.+ Vitamin B6 (as P-5-P) and magnesium support protein synthesis, GABA production, dopa to dopamine conversion, and structural and dynamic functions including modulation of enzyme activities.+

**Recommendation:** One-half (½) tablet before bedtime as a dietary supplement or as otherwise directed by a healthcare professional. For adult use only.

**Caution:** Not recommended for pregnant women.

**Warning:** Do not use before or during operation of a motor vehicle or heavy equipment.

<b>Supplement Facts</b>		
<b>Serving Size: One-half (½) Tablet</b>		
<b>Servings Per Container: 120</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	250%
Magnesium (as magnesium glycinate)	25 mg	7%
Melatonin	1.5 mg	*
<b>* Daily Value not established</b>		

**Ingredients:** Stearic acid (vegetable source), modified cellulose gum, magnesium stearate (vegetable source), and food glaze.



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# Methylfolate Plus Tablets

Methylfolate Plus provides folate in the form of calcium methylfolate, a highly absorbable and activated form of folate that doesn't need enzymatic conversion to 5-methylfolate in the body. The salt form utilized in Methylfolate Plus is notably more stable compared to other folate forms.



SKU #1178  
(120 Tablets)

## BENEFITS



Dairy free



GMO free



Gluten free

## INDICATION

- Pregnancy
- Folate deficiency

## SUGGESTED USE

One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 tablet  
Servings Per Container: 120

	Amount Per Serving	% Daily Value
Folate (as calcium methylfolate)	800 mcg DFE	200%
Vitamin B12 (as methylcobalamin)	50 mcg	2,083%

**Other ingredients:** Vegetable culture<sup>†</sup>, methylcellulose, stearic acid (vegetable source), magnesium stearate (vegetable source) and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing methyl compounds and/or naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1178 Rev. 03/23

# Mg-Orotate 500™

Product # 1742 (90C) | Cardiovascular Support



Magnesium is available in many different forms, each with its own unique clinical application. In the case of magnesium orotate the clinical benefit is seen with systems that have a high energy (ATP) demand such as the cardiovascular system. The benefit of magnesium orotate is as much the byproduct of orotic acid as it is magnesium. Orotic acid is thought of as a “magnesium fixing agent” due to its influence over magnesium binding sites. **Mg-Orotate 500™** supplies 500 mg of fully reacted magnesium orotate, delivering 62.5 mg of elemental magnesium and 437.5 mg of orotic acid per 2 capsule serving.

**Recommendation:** Two (2) capsules (preferably at bedtime) each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

**Serving Size: 2 Capsules**

**Servings Per Container: 45**

	Amount Per Serving	% Daily Value
Magnesium (as magnesium orotate)	62.6 mg	15%

**Other ingredients:** Capsule shell (gelatin and water), cellulose and magnesium stearate (vegetable source).

Each capsule of **Mg-Orotate 500™** contains 500 mg of fully reacted magnesium orotate.



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# Mg-Zyme Capsules

Mg-Zyme serves as a source of additional magnesium, provided in the form of mixed mineral chelates. Ensuring sufficient magnesium intake is vital, given its essential role in numerous ATP-dependent reactions. Magnesium is crucial for musculoskeletal health, proper cardiac and immune function, as well as the maintenance of healthy blood sugar metabolism



SKU #1707  
(100 Capsules)

## BENEFITS

-  Provides inflammatory support
-  Optimizes neuronal activity
-  Supports cardiac excitability
-  Maintains vascular tone
-  Helps maintain blood pressure
-  Enhances peripheral blood flow
-  Supports muscular contraction
-  Boosts energy production
-  Provides mood support
-  Optimizes blood glucose levels
-  Supports cellular growth and reproduction
-  Gluten free
-  Dairy free
-  GMO free

\*Available for Retail in- clinic

## INDICATION

- Macromineral support
- Neuromusculoskeletal support
- Cardiovascular stress
- Kidney and gallstones
- Fibromyalgia
- Osteomalacia

## SUGGESTED USE

One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Magnesium (as magnesium aspartate, magnesium glycinate and magnesium gluconate)	100 mg	24%

**Other ingredients:** Capsule shell (gelatin and water), organic vegetable culture†, magnesium stearate (vegetable source) and stearic acid (vegetable source).

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

This product is gluten, dairy and GMO free.

SKU 78270

# Mitochondrial Cofactors

**CELLULAR ENERGY FORMULA\***

## Mitochondria Support Supplement\*

Developed by Darin Ingels, ND, and Allergy Research Group®. Kreb's cycle metabolite support, including acetyl-L-carnitine, PANMOL® NADH, and CoQ10, as well as vitamin B6 and magnesium.\*

<b>S u p p l e m e n t F a c t s</b>		
Serving Size	3 Capsules	
Servings Per Container	30	
<b>Amount Per Serving</b>	<b>% Daily Value</b>	
Vitamin B6 (as Pyridoxal-5-Phosphate)	25 mg	1470%
Magnesium (as Magnesium Bisglycinate)	100 mg	23%
Acetyl-L-Carnitine	300 mg	†
Coenzyme Q10 (Ubiquinone)	100 mg	†
NADH (PANMOL® NADH) (Reduced B-Nicotinamide Adenine Dinucleotide)	5 mg	†
† Daily Value not established.		

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, calcium palmitate, stearic acid.

**PANMOL®** Kreb's cycle metabolite support, including acetyl-L-carnitine, Panmol®  
**NADH** NADH, and CoQ10, as well as vitamin B6 and magnesium.\*



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# Mn-Zyme™ (10 mg)

Product # 1714 (100T) | Manganese



**Mn-Zyme™** supplies a source of supplemental manganese, an essential trace mineral. Manganese is a cofactor for the synthesis of glycosaminoglycans (chondroitin sulfate), and as such is an important component in musculoskeletal health.+ Additionally, it is involved in the synthesis of fatty acids and cholesterol, and is necessary for protein and carbohydrate metabolism.+

**Recommendation:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Manganese (as manganese gluconate and citrate)	10 mg	435%

**Other ingredients:** Vegetable culture†, cellulose, stearic acid (vegetable source), food glaze and modified cellulose gum.

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



**MN-ZYME – Each tablet contains 10 mg of organically combined manganese. Use with ligament injury, disc injury, cyclic fever, virus, goiter, general immune support, carbohydrate sensitivity, sympathetic dominance, and as a synergist to B vitamins. 1 tablet, 2–3 times a day with meals.**

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# MygranX™

Product # 7015 (60C) | Neurological Support



**MygranX™** has been formulated for the relief of occasional simple nervous tension.<sup>†</sup> Nutrients such as vitamin B2 and CoQ10 are known to support vascular function and tissue oxygen utilization.<sup>†</sup> These effects are only enhanced when combined with botanicals such as feverfew and butterbur. The safety and convenience of these ingredients allows dose to be varied to meet the specific needs of each patient.

**Recommendation:** Two (2) capsules each day a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women. Patients with blood-clotting disorders should consult with their healthcare professional prior to taking this product.

<b>Supplement Facts</b>		
<b>Serving size: 2 Capsules</b>		
<b>Servings per container: 30</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Riboflavin	400 mg	30,769%
Coenzyme Q10 (naturally derived, emulsified)	50 mg	*
Proprietary Blend	177 mg	
Feverfew ( <i>Tanacetum parthenium</i> ) (herb) (extract)*, Butterbur ( <i>Petasites hybridus</i> ) (root)(extract)*, Phytolens®† ( <i>Lens esculenta</i> ) (husk) (extract)*		
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water), vegetable culture, cellulose, gum arabic and magnesium stearate (vegetable source).

†Phytolens® is a registered trademark of Biotics Research Corporation.



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# NAC Enhanced Antioxidant Formula

**Item #75960**  
90 tablets



Provides amino acids, nucleic acid, and lipoic acid, which together provide antioxidant activity and support glutathione production.\* Developed by Martin Pall, PhD, and Allergy Research Group®.

## Suggested Use

As a dietary supplement, 1 tablet two times daily, or as directed by a healthcare practitioner.

Serving Size: 1 tablet  
Servings Per Container: 90

### Amount Per Serving:

N-Acetyl-L-Cysteine . . . . .	200 mg
Trimethylglycine . . . . .	300 mg
Ribonucleic Acid. . . . .	120 mg
Alpha-Lipoic Acid. . . . .	100 mg
Other ingredients: Calcium carbonate, microcrystalline cellulose, magnesium stearate, silicon dioxide, stearic acid, croscarmellose sodium, ethyl vanillin.	

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# NAC Capsules

N-acetyl-L-cysteine, provides a stable and highly absorbable form of L-cysteine. Renowned for its superior absorption, NAC serves as a potent antioxidant, safeguarding cells from oxidative stress.



## BENEFITS



Prevents oxidative stress



Provides immunological support



Delivers potent antioxidant activity



Supports the central nervous system



Aids in detoxification



Offers anti-inflammatory effects



Inhibits abnormal blood vessel formation (anti-angiogenic)



Helps prevent cellular dysfunction



Modulates metabolism



Gluten free



Dairy free



GMO free

## INDICATION

- Antioxidant
- Immune support
- Heavy metal chelation
- Chemical detoxification
- Oxidative stress
- Influenza
- Mucus viscosity
- Free radical pathology
- Bronchial congestion
- Glutathione insufficiency in immune and hepatic dysfunction
- Protection against the adverse effects of chemopreventive and chemotherapeutic agents

## SUGGESTED USE

One (1) capsule two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**\*Available for Retail in- clinic**

### Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving
N-Acetyl-L-Cysteine	500 mg*

\* Daily Value not established

**Other ingredients:** Capsule shell (gelatin and water).

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) capsule two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 5205 Rev. 02/23

# Neuro-5-HTP Plus™

Product # 6349 (90C) | Neurological Support



**Neuro-5-HTP Plus™** supplies 5-HTP (L-5-hydroxy tryptophan) with L-theanine and B-vitamin synergists, along with SOD and catalase. 5-HTP (derived from L-tryptophan) is converted to serotonin, a key neurotransmitter. L-Theanine (from green tea), a derivative of L-glutamic acid, may possess mood-modulating activity as a result of increase production of alpha-brain wave activity.\*

**Recommendation:** One (1) capsule two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxal 5-phosphate)	10 mg	588%
L-5-Hydroxytryptophan	50 mg	*
L-Theanine	50 mg	*
Superoxide Dismutase (from vegetable culture†)	50 mcg	*
Catalase (from vegetable culture†)	50 mcg	*

\* Daily Value not established


**Other Ingredients:** Capsule shell (gelatin and water).

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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## Nrf2 Renew™ Nutrient Nrf2 Inducers\*

 Hypoallergenic

**Item #76870**  
120 vegetarian capsules



**Green coffee** is simply raw (unroasted) coffee beans. Other active components include chlorogenic acid, quinides, lignans, and trigonelline, all of which have been shown in animal studies to support healthy glucose metabolism.\*

*Ingredient found in Nrf2 Renew™*



A unique combination of key Nrf2 antioxidant nutrients, including sulforaphane, pomegranate, green coffee, olive leaf, green tea, milk thistle, and ginkgo.\* Nrf2 is the recently discovered master regulator of the antioxidant response element (ARE) in the body.\*

### Suggested Use

As a dietary supplement, 2 capsules daily, or as directed by a healthcare professional.

Serving Size: 2 capsules  
Servings Per Container: 60

#### Amount Per Serving:

Green Tea (Leaf) Extract (standardized to 95% Polyphenols/ 75% Catechins/<0.5% Caffeine/40% EGCG). . . . .	200 mg
Milk Thistle (Seed) Extract (standardized to 30% Silybines/ 80% Silymarin) . . . . .	200 mg
Pomegranate (Seed) Extract (standardized to 40% Ellagic Acid). . . . .	200 mg
Green Coffee (Bean) PE (standardize to 45% Chlorogenic Acids/1-5% Caffeine). . . . .	200 mg
Ginkgo (Leaf) Extract (standardized to 24% Flavone Glycosides/6% Total Ginkgolides) . . . . .	120 mg
Olive (Leaf) Extract (standardized to 20% Oleuropein) . . . . .	100 mg
Sulforaphane . . . . .	50 mg
Other ingredients: Hydroxypropyl methylcellulose, L-leucine, silicon dioxide.	

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# Nuclezyme-Forte Capsules

Nuclezyme-Forte provides an additional source of RNA and DNA, complemented by synergistic vitamin and mineral components. This formulation is designed to be regarded as a fortified multiple formula, especially beneficial for seniors or in situations where supplementary RNA and DNA are deemed necessary.



SKU #1291  
(90 Capsules)

## BENEFITS



Elderly support



Neurological support



Antioxidant properties



Dairy free



Gluten free

## INDICATION

- Geriatric multivitamin
- Senility
- Memory loss
- Emancipation• Brain trauma
- Lowered immunity
- Reduced circulation
- Source of B vitamins

## SUGGESTED USE

One (1) capsule three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin A (as natural mixed carotenoids)	710 mcg RAE	79%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg	133%
Thiamin (B1) (as thiamin mononitrate)	10 mg	833%
Riboflavin (B2)	10 mg	769%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1,471%
Vitamin B12 (as methylcobalamin)	100 mcg	4,167%
Biotin	300 mcg	1,000%
Panthenic Acid (as calcium pantothenate)	50 mg	1,000%
Zinc (as zinc gluconate)	5 mg	45%
RNA (ribonucleic acid from yeast)	120 mg	*
DNA (deoxyribonucleic acid from fish)	10 mg	*
PABA (para-aminobenzoic acid)	10 mg	*
L-Glutamine	100 mg	*
Superoxide Dismutase (from vegetable culture †)	15 mcg	*
Catalase (from vegetable culture †)	15 mcg	*

\* Daily Value not established

# Organik-15™

Product # 1303 (180T) | Methyl Donors & Acceptors



**Organik-15™** is an all natural, biologically active vegetable culture concentrate containing naturally associated and/or organically bound methyl-related compounds and phytochemicals including polyphenolic compounds, dehydrated at low temperature to preserve associated enzyme factors.

**Recommendation:** One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Organik-15™ (as vegetable culture†)	300 mg	*
* Daily Value not established		

**Other ingredients:** Cellulose, stearic acid (vegetable source), food glaze, betaine anhydrous, and magnesium stearate (vegetable source).

† **Organik-15™** is a biologically active, *lens esculenta* vegetable culture containing naturally associated and/or organically bound methyl related compounds (like trimethylglycine) and phytochemicals including polyphenolic compounds, dehydrated at low temperature to preserve associated enzyme factors.



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# Optimal EFAs®-BC



Product # 1418 (120S) | Balanced EFAs with Black Currant Seed Oil

**Optimal EFAs®-BC** supplies a unique balance of omega-3, -6, and -9 fatty acids by using the highest quality fish, flaxseed, and black currant seed oil. Each capsule provides optimal ratios of alpha-linolenic acid (ALA), eicosapentaenoic acid (EPA), docosahexaenoic acid (DHA), gamma-linolenic acid (GLA) and oleic fatty acids.

**Optimal EFAs®-BC** contains EPA and DHA sourced from a strategically-placed facility in the far South Pacific Ocean off the coast of Chile, guaranteeing the freshest fish oil available with full traceability and unparalleled purity.

**Recommendation:** Two (2) softgel capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant women.

Supplement Facts		
Serving Size: 2 Softgel Capsules		
Servings Per Container: 60		
	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Cholesterol	5 mg	2%
Proprietary Blend	2 g	
Flax Seed Oil		*
Black Currant Seed Oil		*
Fish Oil		*

† Percent Daily Values based on a 2,000 calorie diet.  
\* Daily Value not established

**Ingredients:** Capsule shell (gelatin, glycerin and water), natural mixed tocopherols, and rosemary extract.

Contains ingredients derived from anchovy.

Each Each serving of Optimal EFAs®-BC provides:	
ALA (Alpha-Linolenic acid)	530 mg
EPA (Eicosapentaenoic acid)	205 mg
DHA (Docosahexaenoic acid)	154 mg
GLA (Gamma-Linolenic acid)	152 mg
Oleic acid	200 mg



Designed by Dr. Alex Vasquez. Two capsules supply 280 mg of ALA, 159 mg of EPA, 105 mg of DHA, 112 mg of GLA, and 204 mg of oleic acid. The fatty acids are derived from a unique blend of fish, flaxseed, and borage oil. Use with inflammation, endocrine dysfunction, free radical problems, lipid/glycemic problems, and highly refined diets. This is an excellent long-term fatty acid supplement. 2-4 capsules, 3 times a day.

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## Osteo-B II™

Product # 1502 (180T) | Bone Health Support



**Osteo-B II™**, like **Osteo-B Plus®**, is a comprehensive bone support formula.\* It supplies key nutritional synergists, including calcium and magnesium in a 1:1 ratio. **Osteo-B II™** is similar to **Osteo-B Plus®**; however, **Osteo-B II™** is a smaller tablet that does not contain copper, utilizes phosphorylated forms of B vitamins, and as noted above supplies calcium and magnesium in a 1:1 ratio.

### Supplement Facts

Serving Size: 6 Tablets  
Servings Per Container: 30

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	120 mg	133%	Magnesium (as magnesium malate and magnesium glycinate)	300 mg	71%
Vitamin D3 (as cholecalciferol)	10 mcg	50%	Zinc (as zinc gluconate)	15 mg	136%
Vitamin K (K1 as phytonadione)	320 mcg	267%	Manganese (as manganese gluconate)	5 mg	217%
Thiamin (B1) (as cocarboxylase chloride)	3 mg	250%	Purified Chondroitin Sulfates (bovine)	200 mg	*
Riboflavin (B2) (as riboflavin-5-phosphate)	3.4 mg	262%	Boron (as calcium borogluconate)	3 mg	*
Niacin (as niacinamide)	20 mg	125%	Sugarcane ( <i>Saccharum officinarum</i> ) (shoot) (extract)	30 mg	*
Vitamin B6 (as pyridoxal-5-phosphate)	6 mg	353%	Superoxide Dismutase (raw organic vegetable culture <sup>†</sup> )	30 mcg	*
Folate (as calcium folinate)	400 mcg DFE	100%	Catalase (raw organic vegetable culture <sup>†</sup> )	30 mcg	*
Vitamin B12 (as methylcobalamin)	12 mcg	500%			
Biotin	300 mcg	1,000%			
Pantothenic Acid (as calcium pantothenate)	20 mg	400%			
Calcium (as calcium citrate)	300 mg	23%			

**Other ingredients:** Stearic acid (vegetable source), cellulose, modified cellulose gum, magnesium stearate (vegetable source) and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**Recommendation:** Six (6) tablets each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Those taking blood thinners should avoid supplementation with vitamin K unless specifically recommended and monitored by their physician. Pregnant and nursing mothers should avoid supplemental intakes higher than the RDI (90 mcg) unless specifically recommended and monitored by their physician.



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# Phosphatidyl Choline

For Brain, Liver, and Cell Membranes\*

**Item #72240**

100 softgels

Phosphatidylcholine, a primary component of lecithin, is converted in the brain into the neurotransmitter acetylcholine.\*

## Suggested Use

As a dietary supplement, 1 to 4 softgels two or three times daily with meals, or as directed by a healthcare practitioner.

Serving Size: 4 softgels

Servings Per Container: 25

### Amount Per Serving:

Phosphatidylcholine (soy) . . . . . 1.54 g

Other ingredients: Gelatin, vegetable glycerin, purified water, other phospholipids, ethyl alcohol (2.7%).

Contains: 44 mg (2.7%) alcohol content per softgel.

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# Phosphatidylcholine Capsules

Phosphatidylcholine serves as a valuable supplementary source of this crucial phospholipid. Found abundantly in cell membranes, phosphatidylcholine plays a pivotal role in maintaining normal cellular membrane function and supporting the process of cellular repair.



SKU #1410  
(100 capsule)

## BENEFITS



Supports detoxification



Promotes liver support



Optimizes cellular functioning



Supports healthy brain function



Enhances memory



Aids muscle control



Gluten free



Dairy free

## INDICATION

- Detoxification support
- Neurological support
- Alzheimer's, parkinson's, aging and senility
- Synaptic dysfunction
- Neuromuscular disorders
- Elevated blood fats
- Gallbladder issues (gall stones)
- Migraine headaches
- Fatty liver
- Decreased libido
- Impaired fat metabolism (elevated blood fats including cholesterol)
- Age-related cognitive and memory decline
- Impaired blood flow and circulation
- Intestinal inflammation
- Gland/organ dysfunction (liver, kidney, pancreas, heart)
- Excessive alcohol consumption

## SUGGESTED USE

One (1) softgel capsule one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**\*Available for Retail in- clinic**

### Supplement Facts

Serving Size: 1 Softgel Capsule

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1.2 g	2%†
Saturated Fat	0.17 g	1%†
Polyunsaturated Fat	0.54 g	*
Monounsaturated Fat	0.11 g	*
Cholesterol	0 mg	0%
Sodium	0 g	0%
Protein	0 g	0%†
Choline (as phosphatidylcholine)	55 mg	10%
Phosphatidylcholine (from soy lecithin)	420 mg	*

† Percent Daily Values based on a 2,000 calorie diet  
\* Daily Value not established

**Other Ingredients:** Softgel capsule shell (gelatin, glycerin and water).

**Other phospholipids:** Phosphatidylserine, phosphatidylethanolamine and phosphatidylinositol.

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) softgel capsule one (1) to three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

#### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1410 Rev. 06/19









# Phosphatidylserine Capsules

Phosphatidylserine serves as a valuable supplementary source of this crucial phospholipid, a structural component of biological membranes. Playing a role in signal transduction activity, Phosphatidylserine may contribute to supporting healthy cognition.



SKU #1430  
(90 capsule)

## BENEFITS

-  Promotes cellular structural integrity
-  Provides immune support
-  Supports healthy brain functioning
-  Aids nervous system health
-  Supports vision
-  Gluten free
-  Dairy free
-  GMO free

## INDICATION

- Detoxification support
- Neurological support
- Cognitive conditions such as concentration, short-term memory loss
- Mood disorders
- Senility
- Myelin sheath repair
- Enhanced brain glucose metabolism
- Increased release of dopamine
- Adrenal cortical hyperfunction (increased cortisol levels)
- To increase cell membrane integrity

## SUGGESTED USE

One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

Supplement Facts		
Serving Size: 1 Softgel Capsule		
	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	<1%†
Phosphatidylserine (soy lecithin)	100 mg	*

\* Daily Value not established  
† Percent Daily Value based on a 2,000 calorie diet

**Ingredients:** Phospholipid complex †† (from soy lecithin) and capsule shell (gelatin, glycerin, polyglycolol syrup and water).

†† Phospholipid complex is standardized to supply 100 mg of phosphatidylserine and also typically provides 25 mg phosphatidylcholine and 2.5 mg phosphatidylethanolamine.

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) softgel capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1430 Rev. 09/18

# Porphyra-Zyme Tablets

Porphyra-Zyme™ — A Concentrated Porphyrin Product unlike traditional chlorophyll products, Porphyra-Zyme™ is a concentrated porphyrin supplement. By increasing the porphyrin content, the heavy metal binding capability is also increased, providing clinicians with a natural, effective “chelating” tool.



SKU #3202  
(90 Tablets)

## BENEFITS



Chelates heavy metals



Supports detoxification



Gluten free



Dairy free

## INDICATION

- Detoxification support-heavy metal (lead, cadmium, mercury, aluminum) chelation
- Removal of atherosclerotic plaque
- Therapy for mineral replenishment

## SUGGESTED USE

One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	120 mg	133%
Proprietary Blend	210 mg	
Spinach Concentrate (Spinacea oleracea) (leaf & stem)		*
Mulberry (Morus alba) (leaf) (extract)		*
Organic Beet Concentrate (Beta vulgaris) (leaf)		*
Vegetable Culture Concentrate (from non-soy legumes)		*

\* Daily Value not established

**Other ingredients:** Stearic acid (vegetable source), magnesium stearate (vegetable source), modified cellulose gum and food glaze.

**Porphyra-Zyme™** supplies botanical extracts and concentrates providing naturally occurring Chlorophyllin, Galactoglycerides, Chlorophyll (a and b), Phospholipids, Carotenoids, Sulfolipids, Plastoquinones (a, b, and c), Menadiene, Cytochrome B6 and F, Plastocyanine, Ferridoxin and trace minerals.

**This product is gluten and dairy free.**

**RECOMMENDATION:** One (1) tablet three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN**


Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

Product # 3202 Rev. 04/23



## Pregnenolone Micronized Lipid Matrix

 Hypoallergenic

**Item #74810, 50 mg**  
**Item #74820, 100 mg**  
**Item #72680, 150 mg**  
**60 scored tablets**

Micronized and sustained-release pregnenolone. It is formulated in a lipid matrix to bypass the liver so that the pregnenolone is presented directly to the systemic circulation, and it is micronized to a particle size of less than 50 microns for optimal absorption. Soy free—the source material (wild yam) is non-irradiated and non-ethylene-oxide-treated.

### Suggested Use

As a dietary supplement, for women ½ to 1 tablet per day; for men 1 tablet one or two times per day; or as directed by a healthcare professional.

**CAUTION:** This product is a hormone, influencing the production of other hormones. Regular hormone testing is recommended. Cancer patients should consult their healthcare practitioner before use.

Serving Size: 1 scored tablet  
Servings Per Container: 60

#### Amount Per Serving:

Pregnenolone (Item #74810) . . . . .	50 mg
Pregnenolone (Item #74820) . . . . .	100 mg
Pregnenolone (Item #72680) . . . . .	150 mg
Other ingredients: Micosolle®, microcrystalline cellulose, vegetable oil, vegetable wax, Cab-o-sil®, magnesium stearate, vitamin E.	

**WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 YEARS. DO NOT USE IF PREGNANT OR NURSING.** Consult a physician or licensed qualified health care professional before using this product if you have, or have a family history of, prostate cancer, prostate enlargement, heart disease, low “good” cholesterol (HDL), or if you are using any other dietary supplement, prescription drug, or over-the-counter drug. Do not exceed recommended serving. Exceeding recommended serving may cause serious adverse health effects. Possible side effects include acne, hair loss, hair growth on the face (in women), aggressiveness, irritability, and increased levels of estrogen. Discontinue use and call a physician or licensed qualified health care professional immediately if you experience rapid heartbeat, dizziness, blurred vision, or other similar symptoms. **KEEP OUT OF REACH OF CHILDREN.** Pregnenolone may affect levels of other hormones, such as progesterone, estrogen, testosterone, and/or DHEA. Do not take this product if you have a history of seizures. Do not take this product if you have breast cancer, prostate cancer, or other hormone-sensitive diseases. To report any adverse events call 1.800.332.1088.

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# Proflora 4R

## Broad-Spectrum Liquid Capsules

Proflora 4R combines three probiotic microorganisms with three botanicals to give you one potent solution for comprehensive restoration in your gut. In just one capsule a day, Proflora 4R helps keep the gut microbiome balanced so it can do its best work – support digestion, absorb nutrients, maintain regularity, support immune response, and more. Proflora 4R contains three of the most wellresearched, spore-forming probiotics available. All three soil-derived *Bacillus* species are included at evidence-based levels.



**SKU #PROF  
(30 Capsules)**

### BENEFITS

 Supports digestion and digestive comfort	 Helps manage occasional bloating, gas, and indigestion	 Promotes nutrient absorption	 Promotes regularity and normal bowel movements
 Maintains a healthy gut barrier	 May be taken with antimicrobials and/or antibiotics	 Supports microbial diversity and balance in the gi tract	 Promotes a healthy inflammatory response and immune health
 Supports cardiovascular health	 Children-friendly support for microbial diversity and gastrointestinal health	 Competitive exclusion of unfavorable microbes	 <b>SIBO</b> Sibo safe
 Dairy free	 Gluten free		

**\*Available for Retail in- clinic**

### INDICATION

- Small intestinal bacterial overgrowth
- Deficient gut microbiome
- Low microbiome diversity
- Indigestion
- Bloating, heartburn and gas
- Constipation or diarrhea
- Increased intestinal permeability
- Cardiovascular disease
- Children's digestive health
- Brain fog
- Fatigue
- Sugar cravings

### SUGGESTED USE

Take one capsule per day with meals or as directed by your healthcare professional.

### Supplement Facts

Serving Size: 1 capsule	
Servings Per Container: 30	
Amount Per Serving	
Proprietary Herbal Blend	202 mg†
Quercetin, Marshmallow root <sup>†</sup> , Aloe Vera <sup>†</sup> leaf gel	
Proprietary Probiotic Blend	40 mg (4 billion CFU) <sup>†</sup>
4 Billion Spore Cells	
LactoSpore <sup>®</sup> ( <i>Bacillus coagulans</i> - MTCC 5856)	
MuniSpore <sup>™</sup> ( <i>Bacillus clausii</i> - CS108)	
<i>Bacillus subtilis</i> DE111 <sup>®</sup>	

†Daily value not established.

Other Ingredients: Microcrystalline cellulose, Vegetable capsule  
Organic Ingredient.

This product is made without dairy, gluten, soy, corn, animal products, artificial coloring or flavoring.

Distributed By: Biocidin Botanicals<sup>™</sup> | Biocidin.com  
P.O. Box 2499, Aptos, CA 95001 | 800-775-4140



## Pycnogenol® 100 New Product

Original French Pine Bark Extract

**Item #77270**

30 vegetarian capsules

Pycnogenol® is the original French maritime pine bark extract, providing a unique combination of procyanidins, bioflavonoids, and phenolic acids. More than 400 published studies and review articles demonstrate its safety and efficacy.\*

### Suggested Use

As a dietary supplement, take 1 capsule, one to two times daily, or as directed by your healthcare professional. May be taken with or without food.

Serving Size: 1 capsule  
Servings Per Container: 30

#### Amount Per Serving:

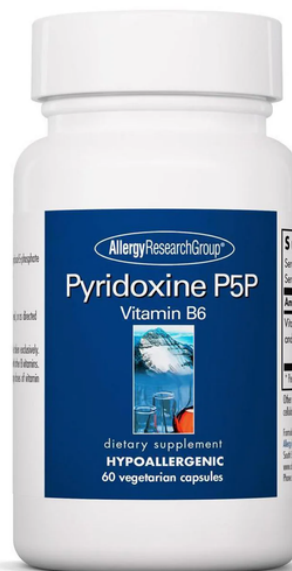
French Maritime Pine (*Pinus Pinaster*) Extract (Bark)\*\* . . . . . 100 mg  
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, silicon dioxide, L-leucine.

\*\*GMO-Free, Non-irradiated, Kosher and Halal certified




Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product may be protected by one or more US patents and other international patents.

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# Pyridoxine P5P

Vitamin B6

 Hypoallergenic

**Item #70390**

**60 vegetarian capsules**

Provides both pyridoxine hydrochloride and pyridoxal-5-phosphate (P-5-P), the coenzyme or “activated” form of B6. As P5P, vitamin B6 is involved in the metabolism of amino acids, lipids and nucleic acids.

## Suggested Use

As a dietary supplement, 1 capsule daily with a meal, or as directed by a healthcare practitioner.

**CAUTION:** Large doses of vitamin B6 should not be taken exclusively. Whenever possible, B6 intake should be balanced with other B vitamins. There are some reports of adverse reactions to large doses of vitamin B6 above 300 mg daily.

Serving Size: 1 capsule

Servings Per Container: 60

### Amount per serving:


Vitamin B6 (91% as Pyridoxine Hydrochloride and 9% as Pyridoxal-5-Phosphate) . . . . . 275 mg

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

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# QuatreActiv® Folate

## 4th Generation 5-MTHF

 Hypoallergenic

**Item #76530**

90 vegetarian capsules



QuatreActiv® Folate contains Quatrefolic®, the glucosamine salt of 5-methyltetrahydrofolate (5-MTHF). This new patented form of 5-MTHF has demonstrated greater bioavailability than the 5-MTHF calcium salt form.\* It also shows enhanced solubility and stability.\*

### Suggested Use

As a dietary supplement, 1 capsule one or two times daily, or as directed by a healthcare practitioner.

Serving Size: 1 capsule  
Servings Per Container: 90

#### Amount per serving:

5-Methyltetrahydrofolate (from 925 µg [6S]-5-Methyltetrahydrofolic acid, glucosamine salt) . . . . . 500 µg  
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.

QuatreActiv® Folate contains Quatrefolic®.

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# SAMethylate Plus®



Product # 8010 (60C) | Anti-Aging, Anxiety & Mood, Brain, Sleep Support

**SAMethylate Plus®** SAME (S-adenosyl-L-methionine) is found in every living human cell, and is the principal methyl group donor in a great many reactions in the body with the ability to cross the blood-brain barrier where it impacts the synthesis and activation of various brain chemicals, including neurotransmitters.†

**SAMethylate Plus®** supplies a stable source of SAME with important synergists and building blocks, including B6, folate, B12, L-methionine, choline bitartrate, trimethylglycine, SOD and catalase.

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

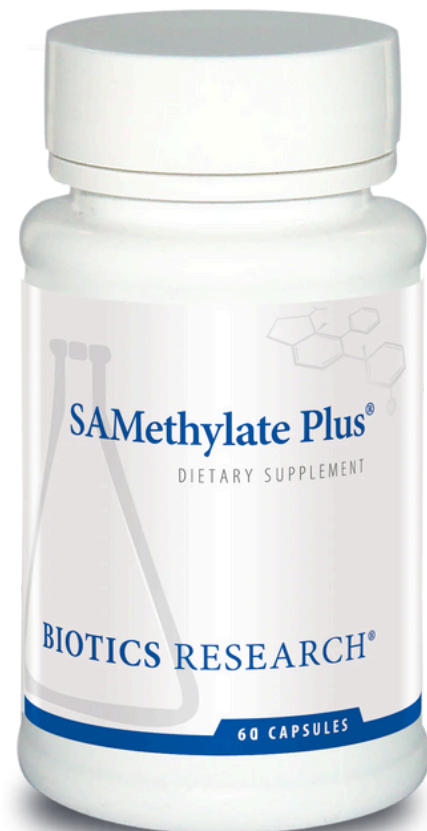
**Caution:** Pregnant or lactating women should consult with their physician prior to use. Avoid in patients taking monoamine oxidase inhibitors and herbs or supplements with serotonergic properties, or those with Parkinson's disease.

**KEEP LID TIGHTLY CLOSED AFTER OPENING**

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Vitamin B6 (as pyridoxal-5-phosphate)	5 mg	294%
Folate (as 5-MTHF)	100 mcg DFE	25%
Vitamin B12 (as methylcobalamin)	20 mcg	833%
Choline (as choline bitartrate)	25 mg	5%
SAME (S-Adenosyl-L-Methionine disulfate p-toluenesulfonate)	200 mg	*
L-Methionine	50 mg	*
Trimethylglycine	25 mg	*
Superoxide Dismutase (from vegetable culture†)	12.5 mcg	*
Catalase (from vegetable culture†)	12.5 mcg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Acid resistant vegetarian capsule shell (cellulose and water), silica and magnesium stearate (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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# Se-Zyme Forte™



Product # 1727 (100T) | Whole Food Selenium Source

**Se-Zyme Forte™** supplies selenium as a whole food, phytochemically-bound vegetable culture. Selenium is an essential trace element possessing antioxidant properties, and is key to the production of glutathione peroxidases. Consider whenever supplemental selenium is indicated.

**Recommendation:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Selenium (from vegetable culture†)	100 mcg	182%

**Other ingredients:** Cellulose, food glaze and stearic acid (vegetable source).

† Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing **Phytochemically-Bound Selenium™** and other phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors



Each tablet contains 100 micrograms of naturally occurring selenium from culture. Use with free radical conditions, to increase the production of glutathione peroxidase, as a synergist to vitamin E, reduced T-3, cardiac stress, and lymphedema. SE-Zyme should also be considered when the use of MCS, MCS-2, or Livotrit-Plus causes an increase in the liver enzymes (transaminases). 1–2 tablets, 3 times a day with meals.

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# Selenomethionine



Product # 1275 (90C) | High Potency Selenium

**Selenomethionine**, an organic form of selenium, is a readily absorbable form of this essential trace mineral. Selenium functions as an integral part of glutathione peroxidase, an important antioxidant enzyme, and is required for normal thyroid function.

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Selenium (as selenomethionine)	200 mcg	364%

**Other ingredients:** Cellulose, capsule shell (gelatin and water), magnesium stearate (vegetable source) and stearic acid (vegetable source).



Each capsule contains 200 micrograms of selenomethionine, an organic form of selenium. Consider for most viral problems to include HIV, EBV, CMV, etc., cataracts, coronary artery disease, certain types of free-radical problems, patients on TPN, Crohn's disease, digestive inflammation, heart disease, and increased liver enzymes. 1–2 capsules per day. It should be noted that selenium toxicity is possible when ingesting over 1000 micrograms per day.

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# Sodium Butyrate Capsules

Butyrate is a short chain fatty acid that is a potent detoxifier of ammonia and neurotoxins. It encourages the formation of friendly bacteria in the gut. Sodium Butyrate is the perfect combination for those who exercise frequently, work in a hot environments, or have low blood sodium levels.



SKU #BUS60  
(60 Capsules)

## BENEFITS



## INDICATION

- Irritable bowel disorders
- Irritable bowel syndrome
- Small intestinal bacterial overgrowth
- Inflammation
- Brain disorders
- Blood glucose imbalance
- Bloating & gas
- Bowel movement disorders
- Detoxification
- Colon health
- Gut lining repair

## SUGGESTED USE

1-2 capsules with food, unless otherwise suggested by your Healthcare Professional.

## SODIUM BUTYRATE SUPPLEMENT FACTS

Serving Size: 2 capsules

Servings Per Container: 30 (60 ct.); 50 (100 ct.)

AMOUNT PER SERVING	% DAILY VALUE*	
Calories	9.3	
Total Fat	1.3 g	2%
Sodium	313.3 mg	13%
Butyric Acid	1.2 g	†

\* The % Daily Values are based on a 2000 calorie diet.


† Daily Value Not Established

**Ingredients:** Butyric acid, sodium hydroxide, medium chain triglycerides (MCT), hydroxypropyl methylcellulose and purified water.



# Solution of Magnesium

Pure, Well-Absorbed Magnesium\*

 Hypoallergenic

**Item #70320**  
236 mL (8 fl. oz.)

A highly absorbable form of magnesium, formulated to be well-tolerated by the gastrointestinal tract.\*

## Suggested Use

Dilute prior to ingestion. As a dietary supplement, ½ teaspoon diluted in 8 oz. of your favorite beverage, two or three times daily, or as directed by a healthcare practitioner.

Serving Size: 1/2 teaspoon (2.5 mL)  
Servings Per Container: 94

**Amount per serving:**

Magnesium (as Magnesium Chloride) . . . . . 66.5 mg  
Other ingredients: Deionized water, lactic acid.

**Magnesium** is part of hundreds of enzyme reactions in the body, and is essential for metabolism of carbohydrates, proteins, and fats; the transmission of nerve impulses; muscle contractions; detoxification; and energy production.\* Magnesium is crucial for healthy bones and teeth, and enables calcium to bind to tooth enamel.\*


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## Super Vitamin B Complex

Best Seller

Non Yeast or Corn Derived

 Hypoallergenic

**Item #70340**

**120 vegetarian capsules**

Super Vitamin B Complex is an advanced and complete B-vitamin supplement. It provides substantial amounts of all 11 B-vitamins, including the co-enzyme forms of vitamins B2 and B6 for enhanced bioavailability, and extra pantothenic acid.\*

Instead of using vitamins derived from allergen-containing plant sources such as yeast or corn, the B vitamins in this formula are synthesized from hydrocarbons, which originate from living sources with very low allergy potential.\*

### Suggested Use

As a dietary supplement, 1 or 2 capsules two times daily with meals, or as directed by a healthcare practitioner.

Serving Size: 2 capsules	
Servings Per Container: 60	
<b>Amount per serving:</b>	
Thiamin (as Thiamin Hydrochloride) . . . . .	50 mg
Riboflavin (as Riboflavin 5-Phosphate) . . . . .	50 mg
Niacin (as Niacinamide) . . . . .	150 mg
Vitamin B6 (97% as Pyridoxine Hydrochloride and 3% as Pyridoxal-5-Phosphate) . . . . .	103 mg
Folic Acid . . . . .	400 µg
Vitamin B12 (as Cyanocobalamin) . . . . .	200 µg
Biotin . . . . .	200 µg
Pantothenic Acid (as Calcium Pantothenate) . . . . .	250 mg
Choline Bitartrate . . . . .	250 mg
Inositol . . . . .	100 mg
PABA (Para-Aminobenzoic Acid) . . . . .	100 mg
Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.	

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# Taurine



Product # 5208 (100C) | Free-Form Amino Acid

**Taurine** is an important amino acid required for normal retinal and brain development.<sup>+</sup> Taurine possesses antioxidant activity, and also plays numerous roles in the body.<sup>+</sup> For example, it is involved in the production of bile acids in the liver, is a necessary component for fat absorption, and also demonstrates a central role as a neurotransmitter.<sup>+</sup>

**Recommendation:** One (1) capsule three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

Supplement Facts		
Serving Size: 1 Capsule		
	Amount Per Serving	% Daily Value
Taurine	500 mg	*
* Daily Value not established		

Other ingredients: Capsule shell (gelatin and water).

**CERTIFIED PURE**

Taurine is a non-hydrolyzed free-form amino acid.




500 mg per capsule. Use with cardiac dysfunction, to help with the conversion of fats to bile acid (gallbladder dysfunction), elevated blood fats, anxiety, edema, hyperactivity, atherosclerosis, and cataracts. 2 capsules, 3 times a day with meals.

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# Taurine 500 mg Free Form Amino Acid

 Hypoallergenic

**Item #70620**

100 vegetarian capsules

Taurine is a semi-essential amino acid that plays a specialized role as an ion and pH buffer in the body, and is also an antioxidant.\* Free form amino acid, high purity, well-tolerated.

## Suggested Use

As a dietary supplement, 1 or 2 capsules one or two times daily between meals, or as directed by a healthcare practitioner.

Serving Size: 2 capsules	
Servings Per Container: 50	
<b>Amount Per Serving:</b>	
Taurine . . . . .	1000 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.	

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# Thiamin 50™

Product # 1125 (90C) | High Potency Vitamin B1



**Thiamin 50™** is a key nutrient in energy production and essential to cell function.<sup>†</sup> Suboptimal intake, which is often seen even with high or excess calorie consumption, occurs more often than expected. Less than adequate thiamin can affect the nervous system and other tissues. In cases where significant repletion of thiamin is needed **Thiamin 50™** is a high potency option.

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

<b>Supplement Facts</b>		
<b>Serving Size: 1 Capsule</b>		
	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Thiamin (B1) (as thiamin mononitrate)	50 mg	4,167%
Superoxide Dismutase (from vegetable culture <sup>†</sup> )	30 mcg	*
Catalase (from vegetable culture <sup>†</sup> )	30 mcg	*
<b>* Daily Value not established</b>		

**Other ingredients:** Capsule shell (gelatin and water).

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.




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# TMG

## Trimethylglycine

 Hypoallergenic

**Item #73230**

**100 vegetarian capsules**

Trimethylglycine (TMG) assists homocysteine to be metabolized into methionine, resulting in the production of DMG (dimethylglycine).\* The two major functions of TMG in humans are as an osmolyte to protect cells under stress and as a methyl-group donor.\*

### Suggested Use

As a dietary supplement, 1 capsule one to three times daily before meals, or as directed by a healthcare practitioner.

Serving Size: 1 capsule

Servings Per Container: 100

#### Amount Per Serving:


Trimethylglycine . . . . . 750 mg

Other ingredients: Hydroxypropyl methylcellulose, rice concentrate, silicon dioxide.

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# Tocomin SupraBio® Tocotrienols 200 mg

Pure Palm Tocotrienols with Enhanced Absorption\*

 Hypoallergenic

**Item #76750**

60 softgels

**Item #76751**

120 softgels


Tocomin SupraBio® (also known as ExcelVite EVNol SupraBio™) is a pure palm mixed tocotrienol complex, with a natural ratio of alpha, beta, gamma, and delta-tocotrienols. It is extracted and concentrated from fresh, virgin red palm oil. A patented self-emulsifying composition enhances absorption compared to regular tocotrienol extracts.\*

Produced using a patented, integrated process of extraction and molecular distillation (low temperature and extremely high vacuum), in a GMP-certified, ISO-certified, and FDA-inspected facility. 100% non-GMO, non-soy, Kosher certified, and Halal certified. No organic solvents are used in the extraction or processing of the tocotrienols. Sourced from Malaysia, with active involvement in the Roundtable of Sustainable Palm Oil (RSPO).

## Suggested Use

As a dietary supplement, 1 softgel two times daily, or as directed by a healthcare practitioner.



Serving Size: 1 softgel	
Servings Per Container:	
60 (Item #76750), 120 (Item #76751)	
<b>Amount per serving:</b>	
Tocomin SupraBio 20% (non GMO).....	1234 mg
Vitamin E (as d-Alpha-Tocopherol).....	80 IU
Natural d-Mixed Tocotrienols.....	200 mg
Typically providing:	
d-Gamma-Tocotrienol.....	93 mg
d-Alpha-Tocotrienol.....	63 mg
d-Delta-Tocotrienol.....	34 mg
d-Beta-Tocotrienol.....	10 mg
Plant Squalene.....	34 mg
Phytosterol Complex.....	17 mg
Other ingredients: Gelatin, palm oil, decaglycerol monolaurate, glycerin, purified water.	

EVNol SupraBio™ is a trademark of ExcelVite Inc and protected by US Patent Nos. 6,596,306 and 7,211,274.

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# TUDCA Capsules

TUDCA is a bile acid naturally formed in the body that supports the digestion and utilization of fats and oils and demonstrates neuroprotective benefits. TUDCA supports digestive ability by supporting healthy fat metabolism and breakdown as well as proper nutrient absorption. It is also supportive to cellular and mitochondrial health.



SKU #TU60  
(60 Capsules)

## BENEFITS



Gall bladder health



Prevents oxidative damage



Detoxification support



Provides digestion support



Boosts energy levels



Vegan



GMO free



Gluten free

## INDICATION

- Improves fat digestion & absorption
- Fatty liver, biliary cirrhosis, hepatitis
- Cellular stress, DNA protection
- Anti-inflammatory
- Promotes microbiome diversity
- Toxin clearance
- Immune system regulation
- Neuroprotective benefits
- Liver support
- Increases bile flow
- Cellular detoxification
- Gallstones
- Mitochondrial support
- Insulin resistance

## SUGGESTED USE

1-2 capsules with food, unless otherwise directed by your healthcare professional.

# TUDCA

## SUPPLEMENT FACTS

Serving Size: 2 capsules  
Servings Per Container: 30

AMOUNT PER SERVING	% DAILY VALUE
Tauroursodeoxycholic Acid	500 mg †

\* The % Daily Values are based on a 2000 calorie diet.  
† Daily Value Not Established

**Ingredients:** Hypromellose (Vegetable Capsule), Rice Flour.

# V.H.P.™



Product # 5105 (90C) | Stress & Relaxation Formula

V.H.P.™ supplies a combination of valerian, hops and passionflower, herbs that provide a natural calming effect.\* Consider this product as supplemental support for occasional sleeplessness due to nervousness or irritability.\*

**Recommendation:** One (1) capsule each day as a dietary supplement or as otherwise directed by a healthcare professional.

**Caution:** Not recommended for pregnant or lactating women.

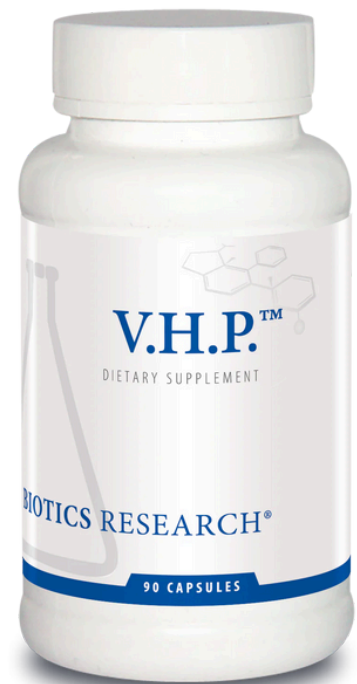
## Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Valerian ( <i>Valeriana officinalis</i> ) (root) (extract)	200 mg	*
Hops ( <i>Humulus lupulus</i> ) (flower)	100 mg	*
Passionflower ( <i>Passiflora incarnata</i> ) (aerial part)	100 mg	*

\* Daily Value not established

**Ingredients:** Capsule shell (gelatin and water) and magnesium stearate (vegetable source).



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# VasculoSirt










## Capsules

VasculoSirt is an innovative nutritional supplement carefully formulated with scientific evidence to slow down vascular aging, promote vascular and heart health, and offer support for maintaining healthy levels of blood pressure, cholesterol, as well as glucose and insulin metabolism.



SKU #2924  
(150 Capsules)

### BENEFITS

-  Promote vascular health
-  Supports cardiovascular health
-  Optimise blood pressure
-  Optimise blood glucose
-  Healthy ageing support
-  Anti-inflammatory properties
-  Decrease oxidative stress
-  Gluten free
-  Dairy free

### INDICATION

- Supports healthy vascular and heart function
- Beneficial for aging arteries and maintaining circulation
- Helps regulate blood pressure and lipid levels
- Supports healthy glucose and insulin metabolism

### SUGGESTED USE

Five (5) capsules two (2) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

Supplement Facts		
Serving Size: 5 Capsules		
Servings per Container: 30		
	Amount Per Serving	% Daily Value
Vitamin A (as mixed carotenoids)	1095 mcg RAE	122%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D (as D3 cholecalciferol)	50 mcg	250%
Vitamin K (as menaquinone-7 (extract of <i>Bacillus subtilis natto</i> ) and as phytanadione)	50 mcg	42%
Thiamin (B1) (as thiamin mononitrate)	5 mg	417%
Riboflavin (B2)	5 mg	385%
Niacin	25 mg	156%
Vitamin B6 (as pyridoxine HCl)	50 mg	2941%
Folate (as calcium folinate)	400 mcg DFE	100%
Vitamin B12 (as methylcobalamin)	50 mcg	2083%
Biotin	2500 mcg DFE	8333%
Pantothenic Acid (as calcium pantothenate)	12.5 mg	250%
Magnesium (as magnesium glycinate*)	125 mg	30%
Zinc (as zinc picolinate)	15 mg	136%
Selenium (as selenomethionine)	50 mcg	91%
Copper (as copper citrate)	0.5 mg	56%
Coenzyme Q10 (emulsified)	50 mg	*
Trans-Resveratrol	50 mg	*
R-Alpha Lipoic Acid (from stabilized sodium salt)	50 mg	*
Green Tea Extract (50% EGCG) (leaf)	500 mg	*
Acetyl-L-Carnitine hydrochloride	500 mg	*
Olive Extract ( <i>Olea europaea</i> ) (fruit)	50 mg	*
Quercetin ( <i>Quercetin</i> ) (fruit)	50 mg	*
Ginkgo Extract ( <i>Ginkgo biloba</i> ) (leaf)	5 mg	*
Phytolens®** ( <i>Lens esculenta</i> extract)	5 mg	*
Lutein (from Aztec Marigold flower)	5 mg	*
Lycopene (from Tomato)	1.5 mg	*
* Daily Value not established		
Other Ingredients: Capsule shell (gelatin and water), magnesium stearate (vegetable source) and gum arabic.		
This product is gluten and dairy free.		

This information is for education purposes only. Patients should consult with a qualified healthcare provider before making decisions about therapies and/or health conditions. Food supplements should not be used as a substitute for a balanced and varied diet.

# Vitamin D3 Complete Softgels Daily Balance with A and K2

Vitamin D3 Complete Softgels is formulated to respect the crucial importance of balancing vitamin D with vitamin A.\* It also contains the other oil-soluble vitamins, K2 (menaquinone-7) and DeltaGOLD® tocotrienols (part of the vitamin E family). Vitamin D3 Complete Softgels is formulated for safe, long-term daily supplementation for most individuals.\*

This formula is based on the understanding that repletion and maintenance of vitamin D levels is best accomplished with modest, regular doses of vitamin D, balanced by vitamin A. Physiological amounts of vitamin D, as opposed to pharmacological doses, may better support vitamin D's interaction with the many kinds of tissues in the human body that have vitamin D receptors.\*

Supplement Facts		
Serving Size	1 softgel	
Servings Per Container	60 or 120	
Amount Per Serving	% Daily Value*	
Vitamin A (as 3000 IU of Retinyl Palmitate)	900 mcg RAE	100%
Vitamin D3 (as 2000 IU of Cholecalciferol)	50 mcg	250%
Vitamin K2 (as Menaquinone-7)	100 mcg	†
Tocotrienols (as DeltaGOLD® Tocotrienols)	5 mg	†
† Daily Value not established		
* Percent Daily Value are based on a 2,000 calorie diet		

Other ingredients: Vegetarian Capsule (modified food starch, carrageenan, sorbitol, glycerin, purified water) and safflower oil.

**Suggested Use:** As a dietary supplement, 1 softgel one or two times daily, with a meal, or as directed by a healthcare professional.

**Caution:** Proper blood monitoring recommended for higher doses.

DeltaGOLD® is a registered U.S. trademark of American River Nutrition, LLC and protected by US Patent 8,586,109.



Item #76580 • 60 veggie softgels  
Item #76581 • 120 veggie softgels

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# Zen Sleep

with P5P and 5-HTP

Zen Sleep starts with the foundation ingredients of our original product 200 mg of Zen, GABA (gamma-aminobutyric acid), and L-theanine (glutamic acid gamma-ethylamide), an amino acid derivative found naturally in green tea (*Camellia sinensis*). Added to them are P5P (pyridoxal-5-phosphate), which is the coenzyme form of vitamin B6, and 5-HTP (L-5-hydroxytryptophan), the precursor to serotonin and melatonin. This combination helps promote a relaxed state, and provides the necessary factors for the body to produce melatonin, supporting normal, healthy sleep.\*

GABA and L-theanine can help balance the parasympathetic nervous system.\* 5-HTP and P5P can directly and indirectly support this calming action.\*

Supplement Facts	
Serving Size	2 Capsules
Servings Per Container	30
Amount Per Serving	% Daily Value**
Vitamin B6 (as Pyridoxal-5-Phosphate)	10 mg 588%
GABA (Gamma-Aminobutyric Acid)	550 mg †
Suntheanine® L-theanine	200 mg †
L-5-Hydroxytryptophan	100 mg †

† Daily value not established.  
 \*\*Percent Daily Value are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, rice hull concentrate, gum arabic, sunflower oil.

**Suggested Use:** As a dietary supplement, 2 capsules 30 minutes before bedtime, or as directed by a healthcare practitioner.

**Warning:** Not indicated for pregnant or nursing women. If taking antidepressants or other psychotropic medications, use only under the supervision of a qualified healthcare practitioner. Although we are not aware of any interactions, because these also affect brain function there is theoretical potential for negative or positive interactions, either of which would need to be monitored.

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Item #77360  
60 vegetarian capsules










# Zen Adapt Vegetarian Capsules

Zen Adapt synergistically enhances the parasympathetic nervous system's balancing effects of GABA and Suntheanine® L-Theanine by incorporating Sensoril®, a pure water extract of ashwagandha, a renowned Ayurvedic herb recognized for its stress-modulating properties.\*



SKU #77340  
(60 Vegetarian Capsules)

## BENEFITS

-  Protects soft tissue from calcification
-  Supports nervous system functions
-  Promotes bone health
-  Enhances vision health
-  Provides superior antioxidant support
-  Regulates growth & reproduction
-  Aids seasonal adaptation
-  Boosts mucosal immunity
-  Benefits immune, cardiovascular, nervous, respiratory, and neuroendocrine systems

## INDICATION

- Stressmanagement
- Adaptogen

## SUGGESTED USE

As a dietary supplement, 2 capsules one or two times daily between meals, or as directed by a healthcare practitioner.



Supplement Facts	
Serving Size	2 Capsules
Servings Per Container	30
Amount Per Serving	% Daily Value
GABA (Gamma-Aminobutyric Acid)	
550 mg	†
Suntheanine® L-theanine	200 mg
Sensoril® Ashwagandha (Withania somnifera) Root and Leaf Extract	125 mg
† Daily value not established.	

Other ingredients: hydroxypropyl methylcellulose, microcrystalline cellulose, xylitol, croscarmellose, gum arabic, sunflower oil.


**Suntheanine®**

Suntheanine® is a registered trademark of Suntheanine, Inc. Sensoril® is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,530,476, and is a registered trademark of Sensoril, Inc.™



## Zinc Citrate

Pure, Well-Absorbed Zinc\*

 Hypoallergenic

**Item #70280 (25 mg)**

60 vegetarian capsules

**Item #70290 (50 mg)**

60 vegetarian capsules

This form of zinc is well-tolerated and well-absorbed.\* Zinc is a trace mineral that is involved in more than 30 enzyme reactions in the body, and is an essential metal

cofactor for one kind of superoxide dismutase (SOD), a major class of antioxidant enzymes.\*

### Suggested Use

As a dietary supplement, 1 capsule one to three times daily, or as directed by a healthcare practitioner.

Contraindicated with use of aluminum-containing drugs.

Serving Size: 1 capsule

Servings Per Container: 60

#### Amount per serving:

Zinc (as Zinc Citrate) (Item #70280) . . . . . 25 mg

Zinc (as Zinc Citrate) (Item #70290) . . . . . 50 mg

Other ingredients: Hydroxypropyl methylcellulose, L-leucine.

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# Zn-Zyme Forte Tablets

Zn-Zyme Forte delivers 25 mg of elemental zinc per tablet, providing a crucial mineral for overall health and optimal cellular function. Functioning as a cofactor for over seventy enzymes, zinc plays a vital role in numerous cellular processes.



SKU #1725  
(100 Tablets)

## BENEFITS

-  Helps prevent diabetic cardiomyopathy
-  Scavenges harmful hydroxyl radicals
-  Protects against oxidative stress
-  Shields from metal toxicity
-  Regulates metal levels in the body
-  Supports nutrient/gene interactions
-  Boosts cellular performance
-  Strengthens cell membranes
-  Enhances bone strength
-  Gluten free
-  Dairy free
-  GMO free

## INDICATION

- Immunity Support
- Mineral support
- Acne
- Diabetic cardiomyopathy
- Stomach healing
- Cold, fever & flu

## SUGGESTED USE

One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

### Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Zinc (as zinc gluconate and zinc citrate)	25 mg	227%

**Other ingredients:** Vegetable culture †, stearic acid (vegetable source), cellulose and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

**This product is gluten, dairy and GMO free.**

**RECOMMENDATION:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

#### KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.  
Sealed with an imprinted safety seal for your protection.

Product # 1725 Rev. 12/18

# Zn-Zyme™ (Zinc)

Product # 1713 (100T) | Zinc



**Zn-Zyme™** supplies 15 mg of elemental zinc per tablet. Zinc is a mineral essential to both normal health and to optimal cellular function. As a cofactor for an excess of 70 enzymes, zinc plays an important role in many cellular processes.<sup>†</sup> Zinc is also a component of specific DNA binding proteins, known as zinc finger proteins. Zinc fingers are vital for nutrient/gene interactions.<sup>†</sup>

**Recommendation:** One (1) tablet each day as a dietary supplement or as otherwise directed by a healthcare professional.

## Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Zinc (as zinc gluconate and zinc citrate)	15 mg	136%

**Other ingredients:** Cellulose, vegetable culture<sup>†</sup>, stearic acid (vegetable source), magnesium stearate (vegetable source) modified cellulose gum, and food glaze.

<sup>†</sup> Specially grown, biologically active vegetable culture (from organic peas, lentils, and/or chickpeas) containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.



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