PNEUMONIA

1. Pre-Disposing Factors and Clinical Indicators: As indicated below, the need for antibiotics and hospitalization are often required with this problem. Pneumonia can be fatal if not treated correctly. Common serum changes include increased ALP, decreased total cholesterol, increased eosinophils, deceased WBC, decreased neutrophils with increased lymphocytes (viral pneumonia), decreased albumin, increased AST/SGOT, increased CRP, and increased neutrophils with decreased lymphocytes (bacterial pneumonia)

a. Bacterial and/or viral infection.
b. Alcoholism, excess use of tobacco.
c. Environmental allergy/sensitivity.
d. Debilitating illness.
e. Post gastrointestinal surgery.
f. COPD and/or lung constriction due to scoliosis.

2. Dietary Suggestions:

a. Drink at least 8 full glasses of pure water daily (no well water or city water).
b. Eliminate refined carbohydrates, dairy products (except butter), gluten and caffeine.
c. Increase raw foods and quality proteins.
d. Eliminate hydrogenated fats and oils. Increase raw and fresh oils.
e. Avoid tobacco, tobacco smoke, automobile exhaust and industrial pollution.

3. Primary Supplemental Support in order of need: Rule out the need for antibiotics and/or hospitalization.

a. **Pneuma-Zyme** - 3 tid..
b. **Cytozyme-THY** – 5 tid.
c. **OOrganic-15** – 5 tid.
d. If mucous is present and the alpha 1 antitrypsin is not decreased, add **Intenzyme Forte** at 5 qid on an empty stomach. If the alpha 1 antitrypsin is reduced use **Bromelain Plus CLA** in lieu of **Intenzyme Forte**. In either case also use **Iodizyme-HP** – 1 daily and **Selenomethionine** - 1 daily.
e. **ADP** - 5 tid for one week, and then 3 tid for 3 weeks. After 14 days on the **ADP** add **BioDoph-7 Plus** – 1 bid..
f. **IAG** – 2 tsp tid..

4. Other Considerations:

a. **Dismuzyme Plus Granules** - 2 tsp bid.
b. **21st Century Homeopathic #2/Lymphatic Drainage** - 1 capful bid.
c. **Bio-Immunozyme Forte** – 1 tid.
d. With viral pneumonia add **Ultra Vir-X** – 2 tid.