PARASITES
(Intestinal)

1. Pre-Disposing Factors: Irrespective of the blood eosinophil level or the IgE level (they will frequently be normal with an amoebic infestation), or the presence of subjective signs and symptoms, always complete a CDSA with parasitology to determine the type of parasite and the severity of the infestation. In addition to the information gathered from a stool analysis, serum changes to include increased AST/SGOT, decreased vitamin B-12, increased eosinophils, monocytes and/or basophils, increased LDH, decreased HgB and/or HcT, increased WBC and increased neutrophils with decreased lymphocytes may be present. Subjective indications can include allergy/sensitivity, skin disorders, dry or scaly skin, dark circles under the eyes, lack of muscle tone, burning or itching anus, chronic gas or bloating, weight gain or loss, chronic depression, ADD/ADHD, bites nails, picks nose, deep unproductive nocturnal cough and dull eyes with dark circles under the eyes.

a. Improperly washed raw foods.
b. Improperly cooked fish, poultry or meat.
c. Frequent contact with a household pet, bird, farm animal or family member that is a carrier for the parasite.
d. Improperly purified water.
e. Hypochlorhydria.

Note: Other family members and pets should be checked if a parasite problem is discovered and thought to be chronic.

2. Dietary Suggestions:

a. Use only pure water for drinking and cooking (no well or city water).
b. Insure raw foods are properly washed.
c. Insure cooked foods are properly prepared.
d. Limit mucous producing foods such as dairy products and gluten..
e. Increase foods high in sulfur (based on the work of Roy Hankey, M.D., Ph.D.)

3. Primary Supplemental Support: Employ the following program for 6 weeks and then complete a serial evaluation of the patient (stool analysis). If the serial evaluation indicates the parasites/ova are still present, consider pharmacologic or anti-malaria support.

a. **ADP** - 5 tid just before meals for two weeks, then 3 tid for four weeks. After 14 days, introduce **BioDoph-7 Plus** - 1 bid.
b. **Bromelain Plus CLA** - 6 bid on an empty stomach.
c. **HCL Plus** – 2-4 tablets in the middle of each meal.
d. **MSM Plus** – 1 tid.
f. **Dysbiocide** – 2 bid and **Parasite Comp** – 1 tsp bid.
g. **21st Century Homeopathic For Parasites** – 1 capful bid.