

CHILDHOOD (FEBRILE) DISEASES (Measles, Mumps, Chicken Pox, Etc.)

1. Pre-Disposing Factors and Clinical Indicators: Common serum indicators include increased ALT/SGPT and AST/SGOT, increased LDH, decreased calcium, decreased WBC, decreased albumin and increased gamma globulin.

- a. Viral infection.
- b. Psychological stress resulting in lowered resistance.
- c. Malnutrition resulting in lowered resistance.

2. Dietary Suggestions:

- a. Increase fluid intake (avoid citrus juice). Use only pure water (no well or city water).
- b. Avoid refined carbohydrates, processed foods and caffeine.
- c. Avoid mucous producing foods such as dairy, gluten and gelatin.
- d. Increase raw foods, vegetable juice and quality proteins.

3. Primary Supplemental Support in order of need: Consult with a doctor qualified to diagnose and monitor the child (extremely high temperatures can occur). In many cases bed rest and quarantine are required. With mumps, bed rest is most important as the incidence of orchitis and/or pancreatitis increases with excessive activity. Use the following supplemental support alone or with prescribed medication:

- a. **Bio-Immunozyne Forte** - 1 tid and **Children's ENT Pro**- Up to 2 tid
- b. **Cytozyme THY** - 3 tid.
- c. **Bio-Trophic Plus** - 4 tid.
- d. **IAG** - 2 teaspoons daily.
- e. **DermaKare** topically with oatmeal baths to reduce itching.
- f. **21st Century Homeopathic for Lymphatic Drainage** - 1 capful daily and **21st Century Homeopathic for Virus** - 1 capful daily.
- g. **Cytozyme Parotid-TS** (mumps)- 1 bid
- h. **Bio-Ae-Mulsion** - 2 drops daily.

4. Other Considerations:

- a. **Bio-Immunozyne Forte** - 1 tablet daily for 60 days after the problem is completely resolved along with 1 **Children's ENT Pro** lozenge per day for 60 days.
- b. If a high fever is present add: **C/Cal/Mag Powder** - 1 tsp every other hour.
- c. If a cough is present use **Tiny Tots Cough Syrup** - As directed by the manufacturer